



Situation:

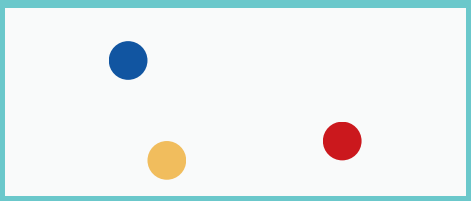
What's important about the situation without other people?



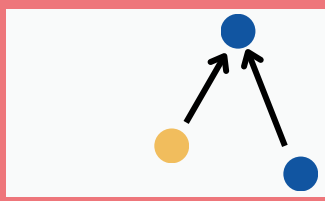
What does the situation feel like? (stressful, lonely, happy)

What do you want to happen?

Who else is there (no names)?



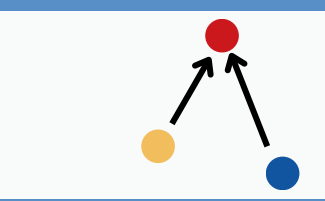
How do you interact e.g., talking, moving, avoiding? How do others interact?



How do you interact with them, and how do they interact with you?

Why did you or they want to do these things? Write as many reasons as you can think of.

After these interactions - what happens to you? What happens to them? What happens for the rest of the day? Do the effects stay for a long time?



Feelings (stressed, lonely, happy)

Did you or they get what they want?

What things could change this situation?

Fold along this line for the first part of the session

Who else would you prefer to be there?

What things could change how people interact?

What things could change how you feel then or later?