

## **Trauma-aware Approaches in Forced Migrant Youth Sport**

### **Participant Information Sheet: Practitioner Interviews**

#### **Investigators Details:**

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We would like to invite you to take part in our study. Before you decide we would like you to understand why the research is being done and what it would involve for you. One of our team will go through the information sheet with you and answer any questions you have. Talk to others about the study before making a decision if you wish.

#### **What is the purpose of the study?**

We are interested in understanding how trauma-aware approaches are understood and embedded into community sport programming with young people from refugee backgrounds. These insights will be used to build evidence around best practice of using sport to support the wellbeing, social inclusion and empowerment of young refugees.

#### **Who is doing this research and why?**

This research is being led by Dr Robyn Smith (Postdoctoral Research Fellow) and assisted by Dr Oliver Hooper (Senior Lecturer) in the School of Sport, Exercise and Health Sciences at Loughborough University. This research is funded by the Economic and Social Sciences Research Council and the Leisure Studies Association.

#### **Are there any inclusion or exclusion criteria?**

You have been invited to participate as you have experience in designing and delivering community sport programmes/ activities with young people from refugee backgrounds in the UK.

#### **What will I be asked to do?**

If you agree to take part, you will take part in an online interview. During the interview, you will be asked to discuss (1) how you understand and embed trauma-aware approaches; and (2) your experiences of designing, delivering and delivering sport programmes for young refugees.

#### **Once I take part, can I change my mind?**

After you have read this information and asked any questions you may have if you are happy to participate we will ask you to complete an Informed Consent Form. However if at

any time, before, during or after the sessions you wish to withdraw from the study please just contact the main investigator. You can withdraw at any time, for any reason and you will not be asked to explain your reasons for withdrawing.

However, once the results of the study have been published by September 1<sup>st</sup> 2025 it may not be possible to withdraw your individual data from the research.

### **Will I be asked to attend any sessions and where will these be?**

The interview will take place online over Microsoft Teams.

### **How long will it take?**

The interview will last approximately 30-45 minutes at a time/date this is convenient to you.

### **Are there any disadvantages or risks in participating?**

There are no foreseen risks associated with taking part in this study. There is a low risk that you may be uncomfortable in discussing your experiences of supporting young refugees. Discussions will be led by an experienced facilitator able to support discussions of a potentially sensitive nature.

### **Is there anything I need to do before the sessions or bring with me?**

No.

### **What are the possible benefits of participating?**

Through taking part in these discussions you will have the opportunity to reflect on how you understand and embed trauma-aware approaches in sport with young people from refugee backgrounds and may benefit from gaining additional knowledge and insights. Your experiences and expert views may help inform knowledge and the delivery of sport programming for this population.

### **Data Protection Privacy Notice**

Loughborough University will be using information/data from you in order to undertake this study and will act as the data controller for this study. This means that the University is responsible for looking after your information and using it properly.

### **What personal information will be collected from me and how will it be used?**

We will collect personal information including your name and contact details so we can arrange meetings and record consent.

### **What is the legal basis for processing my personal information?**

Personal data will be processed on the public task basis. For further details on the data protection legislation see: <https://ico.org.uk/for-the-public/>

### **How long will my personal information be retained?**

We will keep this information for up to three months after the project ends, until December 2025.

### **Will my personal information be shared with others?**

Your identifiable personal information will only be shared with the investigators involved in the study.

### **Will my taking part in this study be kept confidential?**

No identifiable personal information will be included in any of the project submissions or shared beyond the investigators. No individual will be identifiable in any report, presentation, or publication.

### **How will the anonymised data/results collected from me be used?**

Your anonymised data (information that does not identify you) will be used to

- Create educational resources to support sports practitioners and organisations in designing/delivering sports programmes
- Write a report, articles and deliver presentations

All information will be securely stored on the University IT systems (OneDrive).

### **How long will the anonymised data/results be retained?**

Anonymised data will be archived to the University's Research Repository and held indefinitely for future research.

### **I have some more questions; who should I contact?**

Please contact *Dr Robyn Smith* on [R.Smith10@lboro.ac.uk](mailto:R.Smith10@lboro.ac.uk)

### **What if I am not happy with how the research was conducted?**

If you are not happy with how the research was conducted, please contact the Secretary of the Ethics Review Sub-Committee, Research & Innovation Office, Hazlerigg Building, Loughborough University, Epinal Way, Loughborough, LE11 3TU. Tel: 01509 222423. Email: [researchpolicy@lboro.ac.uk](mailto:researchpolicy@lboro.ac.uk)

The University also has policies relating to Research Misconduct and Whistle Blowing which are available online at <https://www.lboro.ac.uk/internal/research-ethics-integrity/research-integrity/>.

If you require any further information regarding the General Data Protection Regulations, please see: <https://www.lboro.ac.uk/privacy/research-privacy/>.