

## Co-developing Trauma-aware Approaches in Forced Migrant Youth Sport: Key Stakeholder Interview Guide

### Background information

- Tell me more about your current role and how you came to work with young people from refugee backgrounds?
- Which programmes do you offer, who takes part, what are the intended aims and intended outcomes?

### Exploring programme design/delivery

- Can you tell me more about the needs and experiences of the young people that you have worked with?
- How do you respond to these needs and experiences within sessions?
  - o What are some of the key things that have worked well/not so well in the sessions?
- Ask about specific dimensions of trauma informed practice. Can you tell me more about how you:
  - o Develop positive relationships, foster belonging
  - o Create safe space
  - o Centre choice, structure and routine
  - o Promote youth voice
  - o Promote strengths and self-beliefs
- Can you walk me through a typical session?
  - o What are some of the key moments? What can you see? Hear? Feel?

### Exploring trauma-informed approaches

- As humans we love putting a name to a practice, if you had a to give it a name to the work you do – what would it be?
- What do you understand by the term ‘trauma-aware’/trauma informed approaches
  - o How may this differ between how the young people may understand this term?
- What are some of the most important things to keep in mind when using this approach?
- How does trauma affect the young people’s participation in sport?
  - o Prompts e.g. Behaviour, relationships, conflicts, ability to engage in activities
    - Can you share with me a time when a young person appeared to be experiencing trauma-symptoms during a session? What were some of the signs?
    - How did you respond to this? Did this lead to you changing any practices?
- How do you embed trauma-aware approaches in programme design and practice?
  - o Prompts: E.g. methodology/theory of change, training for coaches/practitioners, youth advisory board etc
  - o What are some of the key factors that made the programme successful and key challenges?

### Closing

- If you were to bring on board a new assistant coach, what are some key bits of advice would you give to them?
  - o Pitfalls to avoid?
- Do you have anything else to add that we haven’t covered yet?