

| Variable | Item | Values | Scale | Missings | Comment |
|--------------------|--|--|-------------|----------|----------------------------|
| Location | Location of recruitment | HOSP1-3, GP | Character | 0 | |
| Patient_id | Patient pseudonym | | Character | 0 | |
| survival | Indicates whether patient is alive at FU timepoints | Yes_fu3, yes_fu6, No_fu3, no_fu6 | Categorical | 128 | Created for easy filtering |
| rehosp | Rehospitalization after FU3 | 0 = No, 1 = yes | Binary | 288 | Created for easy filtering |
| pg | Change in care-level after FU3 | 0 = No, 1 = yes | Binary | 339 | Created for easy filtering |
| CRF DATA | | | | | |
| Age | Age at time of participation | Age in years | numeric | 6 | |
| Gender | Gender | 1 = female 2 = male 3 = other | categorical | 0 | |
| Marital | Marital status | 0 = single 1 = married/with partner 2 = widowed or separated | Categorical | 3 | |
| Living | Living Arrangements | 0 = alone, 1 = with partner or family 2 = other | Categorical | 2 | |
| Living_other | If <i>living</i> = 2 | | Text | | |
| Education | Educational status according to German Education system | Low = less than 10 years Middle = 10-12 High = ,ore than 12 | Categorical | 4 | |
| Health | WHOQOL-Bref ¹ Item 2, "How satisfied are you with your health?" | 1 = very dissatisfied 2 = dissatisfied 3 = neither 4 = satisfied 5 = very satisfied | Ordinal | 38 | |
| Medication_aid | Who prepares your medication? | 0 = patient 1= partner 2= family member 3= social services 4= pharmacist 5= other | Categorical | 165 | |
| Aid_None | Aid – none | 1 = true, 0 = false | Categorical | 0 | |
| Aid_glasses | Glasses | 1 = true, 0 = false | Categorical | 0 | |
| Aid_hearing | Hearing aids | 1 = true, 0 = false | Categorical | 0 | |
| Aid_speechcomputer | Speech computer | 1 = true, 0 = false | Categorical | 232 | |
| Aid_walkingstick | Walking stick | 1 = true, 0 = false | Categorical | 1 | |
| Aid_crutches | Crutches | 1 = true, 0 = false | Categorical | 232 | |
| Aid_armbraces | Armbraces | 1 = true, 0 = false | Categorical | 232 | |
| Aid_rollator | Rollator | 1 = true, 0 = false | Categorical | 0 | |
| Aid_wheelchair | Wheelchair | 1 = true, 0 = false | Categorical | 0 | |
| Aid_other | Other | text | Character | 0 | |

| Variable | Item | Values | Scale | Missings | Comment |
|--------------------|---|---|-------------|------------------|-----------|
| Doctorvisits | On average, how often do you visit a doctor per quarter? | Numerical | Numerical | 215 | Not in GP |
| Therapy_xx | Participation in therapies? | 1 = true, 0 = false | Categorical | 155 | Not GP |
| carelevel | Level of care according to the german healthcare system | 0-5 | Categorical | 16 | |
| Nursing_assistance | Do you get help from a nursing service? | 0 = no 1 = yes 2 = no, but from family members/other caregivers | Categorical | 18 | |
| Electr_xx | Presence of electronic devices | 1 = true, 0 = false | Categorical | Differs per item | |
| Electr_freq | Frequency of electronic use | 0 = never, 1 = monthly, 2 = weekly, 3 = daily | Ordinal | 241 | Not HOSP2 |
| Electr_use_XX | Reasons for use of electronic devices | 1 = true, 0 = false | Categorical | Differs per item | |
| Syndrom_XX | Presence of respective syndrome | 1 = true, 0 = false | Categorical | 0 | |
| SyndromNum | Number of present syndromes | 0-9 | numerical | 0 | |
| syndrom | Most limiting syndrome | 1-9 1 =mobility, 2 =falls, 3= cognition, 4 = depressive 5 = lonely 6 = pain 7 = incontinence 8 = sleep 9 = dysphagia | categorical | 56 | |
| VAS_limitation | How limited are you in your daily life based on the selected syndrome (<i>syndrome</i>) | 0-100, 0 = no limitation, 100 = fully limited | numerical | 49 | |
| VAS_illnessage | Would you attribute the selected syndrome (<i>syndrome</i>) rather to age or illness? | 0-100, 0 = illness, age has nothing to do with it 100 = age, illness has nothing to do with it | numerical | 61 | |
| VAS_improve | Do you assume that the selected syndrome (<i>syndrome</i>) will improve? | 0-100, 0 = I assume the problem cannot improve, 100 = I am 100% sure the problem will improve | numerical | 54 | |

| Variable | Item | Values | Scale | Missings | Comment |
|---------------------------|--|---|-------------|------------------|--------------------------------|
| VAS_worsen | Do you assume that the selected syndrome (<i>syndrome</i>) will worsen? | 0-100, 0 = I assume the problem will not worsen, 100 = I am 100% sure the problem will worsen | numerical | 50 | |
| QUESTIONNAIRE DATA | | | | | |
| Pam_XX | Patient Activation Measure (PAM) ^{2,3} , Items 1-13 | 1= do not agree at all, 2 = do not agree 3 = agree 4 = fully agree | categorical | Differs per item | |
| PAM | Sum score of PAM items | 13-52 | Numerical | 67 | omitted in case of missings |
| Asas_XX | Appraisal for Self-Care Agency Scale (ASAS) ^{4,5} , items 1-15 | 1= do not agree at all, 2 = do not agree 3 = neither 4 = agree 5 = fully agree | Categorical | Differs per item | Items 4, 11, 14 and 15 recoded |
| ASAS | Sum Score of ASAS items | 15-75 | numerical | 58 | omitted in case of missings |
| Bai_xx | Beck Anxiety Index (BAI) ⁶ , items 1-5 | 0, not at all 1, a little 2, middle, tolerable 3, strongly, barely tolerable | Categorical | Differs per item | Not in GP |
| BAI | Sum Score of BAI | | numerical | 174 | omitted in case of missings |
| Voa_XX | Views on Ageing (VOA) ^{7,8} 1-5 | 1 = fully agree 2 = agree 3 = do not agree 4 = do not agree at all | Categorical | Differs per item | Not in GP |
| VOA | Sum Score of VOA 1-5 | | numerical | 194 | omitted in case of missings |
| Voa_6 | Irrespective of your actual age, how old do you <i>feel</i> ? ^{7,8} | | Numerical | 257 | |
| Voa_7 | How old do you think you may become? ^{7,8} | | Numerical | 409 | |
| Voa_8 | Starting from which age would you consider someone "old"? ^{7,8} | | Numerical | 350 | |
| Voa_9 | Do you feel "old"? | 0 = no, 1 = yes | Categorical | 194 | |
| Ucla_xx | 3-item UCLA loneliness scale ⁹ , items 1-3 | 1 = do not agree 2 = barely agree 3 = rather agree 4 = fully agree | Categorical | Differs per item | |
| UCLA | Sum Score of UCLA Items | | Numerical | 44 | Omitted in case of missings |

| Variable | Item | Values | Scale | Missings | Comment |
|---------------------------|--|---|-------------|------------------|---|
| Swe_XX | Generalized self-efficacy scale (SWE) ¹⁰ , items 1-10 | 1 = not true 2 = barely true 3 = rather true 4 = fully true | Categorical | Differs per item | |
| SWE | Sum score of SWE Items | | Numerical | 194 | Omitted in case of missings |
| Whoqol_XX | WHOQOL-Bref ¹ Items 1-26 | | Categorical | Differs per item | _s indicating scaled variables, Items 3, 4, and 26 recorded |
| WHO_phys & WHO_phys_s | Physical health scale of WHOQOL-Bref ¹ , | Contains items whoqol_3, whoqol_4, whoqol_10, whoqol_15, whoqol_16, whoqol_17, whoqol_18 | Numerical | 56 | _s indicating scaled variables Omitted in case of missings |
| WHO_psych & WHO_psych_s | Psychological/ Mental scale of WHOQOL-Bref ¹ | Contains items whoqol_5, whoqol_6, whoqol_7, whoqol_11, whoqol_19, whoqol_26 | Numerical | 41 | _s indicating scaled variables Omitted in case of missings |
| WHO_social & WHO_social_s | Social Scale of WHOQOL-Bref ¹ | Contains items whoqol_20, whoqol_21, whoqol_22 | Numerical | 108 | _s indicating scaled variables Omitted in case of missings |
| WHO_envir & WHO_envir_s | Environment scale of WHOQOL-Bref ¹ | Contains items whoqol_8, whoqol_9, whoqol_12, whoqol_13, whoqol_14, whoqol_23, whoqol_24, whoqol_25 | Numerical | 52 | _s indicating scaled variables Omitted in case of missings |
| WHO & WHO_s | Items 1 (Quality of Life) and 2 (Self-Rated Health) of WHOQOL-Bref ¹ | Contains items whoqol_1 and whoqol_2 | numerical | 25 | _s indicating scaled variables Omitted in case of missings |
| Bmq_b1 and b2 | Item 1 and 2 of Beliefs in Medication Questionnaire (BMQ) ¹¹ - beliefs | 1 = fully agree 2 = rather agree 3 = neither 4 = rather not agree 5 = fully disagree | Categorical | 180, 182 | Not GP |
| Bmq_c1 and c2 | Item 3 and 4 of Beliefs in Medication Questionnaire (BMQ) ¹¹ - concerns | 1 = fully agree 2 = rather agree 3 = neither 4 = rather not agree 5 = fully disagree | Categorical | 180,179 | Not GP |
| Bmq_adh1 & adh_2 | Adherence to medication | 1= always 2 = often | Categorical | 180, 181 | Not GP |

| Variable | Item | Values | Scale | Missings | Comment |
|----------------------|--|--|-------------|------------------|---|
| | 1: how often do you forget to take your medication? 2: how often do you pause your medication or adjust the dosage? | 3 = sometimes 4 = rarely 5 = never | | | |
| GERIATRIC ASSESSMENT | | | | | |
| MMSE | Mini Mental Status Test Sum Score ¹² | | Numerical | 159 | Not GP, Routine Data, Note: for HOSP3 patients, the MOCA score was transformed into the MMSE equivalent ¹³ |
| MOCA | Montreal Cognitive Assessment ¹⁴ Sum Score | | Numerical | 21 | Only HOSP3, routine Data |
| Minicog | Mini Cognitive Assessment ¹⁵ Score | | Numerical | 3 | Only GP, routine Data |
| GDS | Geriatric Depression Scale ^{16,17} score | | Numerical | 1 | Routine data |
| Gds_xx | GDS items | 0 = no, 1 = yes | Categorical | Differs per item | Routine Data |
| Lachs_XX | Geriatric Screening according to Lachs ¹⁸ containing 10 areas of impairment | 0 = not impaired, 1 = impaired | Categorical | Differs per item | Routine data |
| LACHS | Sum score of Lachs items | | Numerical | 159 | Routine data, not GP |
| BarthelA_XX | Items of Barthel Index ¹⁹ at admission | | Categorical | Differs per item | Routine data, not GP |
| BARTHEL_A | Barthel sum score at admission | | Numerical | 156 | Routine data, not GP |
| BarthelE_XX | Items of Barthel Index ¹⁹ at discharge | | Categorical | Differs per item | Routine data, not GP |
| BARTHEL_E | Barthel sum score at discharge | | Numerical | 175 | Routine data, not GP |
| Tinetti_A | Was the tinetti test performed at admission | 0 = no, not possible, 1 = yes <small>Note: researchers are advised to include patients with 0 in their analyses, as they represent the worst possible mobility (immobility)</small> | Categorical | Differs per item | Routine data, not GP |
| TinettiA_aid | Was a walking aid used | 0 = no, 1 = yes | Categorical | | Routine data, not GP |
| TinettiA1_X | Tinetti Test ²⁰ Part 1 Items | | Categorical | Differs per item | Routine data, not GP |
| TinettiA1_sum | Sum score for Tinetti Test part 1 | | Numerical | | Routine data, not GP |
| TinettiA2_X | Tinetti Test ²⁰ part 2 items | | Categorical | Differs per item | Routine data, not GP |
| TinettiA2_sum | Sum score for Tinetti Test 2 | | Numerical | | Routine data, not GP |
| TINETTI_A | Overall Score for Tinetti test at admission | | Numerical | 156 | Routine data, not GP |

| Variable | Item | Values | Scale | Missings | Comment |
|---------------|---|--|-------------|------------------|----------------------|
| Tinetti_E | Was the tinetti test performed at discharge | 0 = no, not possible, 1 = yes <small>Note: researchers are advised to include patients with 0 in their analyses, as they represent the worst possible mobility (immobility)</small> | Categorical | | Routine data, not GP |
| TinettiE_aid | Was a walking aid used | 0 = no, 1 = yes | Categorical | | Routine data, not GP |
| TinettiE1_X | Tinetti Test ²⁰ Part 1 Items | | Categorical | Differs per item | Routine data, not GP |
| TinettiE1_sum | Sum score for Tinetti Test part 1 | | Numerical | | Routine data, not GP |
| TinettiE2_X | Tinetti Test ²⁰ part 2 items | | Categorical | Differs per item | Routine data, not GP |
| TinettiE2_sum | Sum score for Tinetti Test 2 | | Numerical | | Routine data, not GP |
| TINETTI_E | Overall Score for Tinetti test at admission | | Numerical | 208 | Routine data, not GP |
| tugA | Timed Up and Go (tug) ²¹ performed at admission? | 0 = no, 1 = yes <small>Note: researchers are advised to include patients with 0 in their analyses, as they represent the worst possible mobility (immobility)</small> | Categorical | | Routine data, not GP |
| tugA_np | If tug not possible: reason | 1 = patient cannot walk 2 = medical reasons 3 = patient declines 4 = patient can only walk with support from a person | Categorical | | Routine data, not GP |
| tugA_aid | Walking aid used | 1, Rollator 2, Walking Stick 3, Crutches 4, armbraces 5, wheelchair 6, electronic wheelchair 7, walking frame 9, other | Categorical | | Routine data, not GP |
| tugA_duration | Duration of tug at admission | In seconds | Numerical | 336 | Routine data, not GP |
| tugE | Timed Up and Go (tug) ²¹ performed at discharge? | 0 = no, 1 = yes <small>Note: researchers are advised to include patients with 0 in their analyses, as they represent the worst possible mobility (immobility)</small> | Categorical | | Routine data, not GP |
| tugE_np | If tug not possible: reason | 1 = patient cannot walk 2 = medical reasons 3 = patient declines 4 = patient can only walk with | Categorical | | Routine data, not GP |

| Variable | Item | Values | Scale | Missings | Comment |
|----------------|--|---|-------------|------------------|--|
| | | support from a person | | | |
| tugE_aid | Walking aid used | 1, Rollator 2, Walking Stick 3, Crutches 4, armbraces 5, wheelchair 6, electronic wheelchair 7, walking frame 9, other | Categorical | | Routine data, not GP |
| tugE_duration | Duration of tug at discharge | In seconds | Numerical | 262 | Routine data, not GP |
| HgA_handedness | Handedness | 1 = right 2= left | Categorical | | Routine data, not GP |
| hgA_jamar1_ri | Admission Hand grip strength measurement 1, right hand | Weight in KG | numerical | 391 | measured using Jamar Dynamometer (hydraulic) |
| hgA_jamar1_le | Admission Hand grip strength measurement 1, left hand | Weight in KG | numerical | 391 | measured using Jamar Dynamometer (hydraulic) |
| hgA_jamar2_ri | Admission Hand grip strength measurement 2, right hand | Weight in KG | numerical | 545 | measured using Jamar Dynamometer (hydraulic) |
| hgA_jamar2_le | Admission Hand grip strength measurement 2, left hand | Weight in KG | numerical | 546 | measured using Jamar Dynamometer (hydraulic) |
| HgE_handedness | Handedness | 1 = right 2= left | Categorical | | Routine data |
| hgE_jamar1_ri | Discharge Hand grip strength measurement 1, right hand | Weight in KG | numerical | 412 | measured using Jamar Dynamometer (hydraulic) |
| hgE_jamar1_le | Discharge Hand grip strength measurement 1, left hand | Weight in KG | numerical | 413 | measured using Jamar Dynamometer (hydraulic) |
| hgE_jamar2_ri | Discharge Hand grip strength measurement 2, right hand | Weight in KG | numerical | 551 | measured using Jamar Dynamometer (hydraulic) |
| hgE_jamar2_le | Discharge Hand grip strength measurement 2, left hand | Weight in KG | numerical | 551 | measured using Jamar Dynamometer (hydraulic) |
| Height | In cm | | Numerical | 157 | |
| Weight | In KG | | Numerical | 158 | |
| BMI | | | Numerical | 157 | |
| Nrs_XX | Nutritional Risk Screening ²² items 1 – 3 pre-screening | 1 = at risk 0 = no risk | Categorical | Differs per item | NRS performed at HOSP1 and HOSP3 |

| Variable | Item | Values | Scale | Missings | Comment |
|--|---|---|-------------|------------------|--------------------------------|
| Nrs_main_XX | Nutritional Risk Screening items 1 – 2 main-screening | 1 = at risk 0 = no risk | Categorical | Differs per item | |
| Nrs_score | Nutritional Risk Screening score | | Numerical | 424 | |
| Nrs_class | Nutritional Risk Screening classification | At risk No risk | Categorical | 424 | At risk of malnutrition yes/no |
| Mna_xx | Mini Nutritional ²³ Assessment Items a-f | | | Differs per item | Mna performed at HOSP2 |
| Mna_score | Mini Nutritional Assessment score | | | 449 | |
| Mna_sclass | Mini Nutritional assessment classification | | | 449 | At risk, normal, Malnutrition |
| Nmed_a | Number of medications at admission | | Numerical | 434 | HOSP2 only |
| Nmed_e | Number of medications at discharge | | Numerical | 263 | HOSP1,3, GP |
| Ndiag | Number of medications at discharge | | | 237 | |
| Admdiag | Main diagnosis at admission | 1 Diseases of the musculoskeletal system and connective tissue (ICD-10: M00–M99) 2 Diseases of the circulatory system (ICD-10: I00–I99) 3 Diseases of the nervous system (ICD-10: G00–G99) 4 Infectious and parasitic diseases (ICD-10: A00–B99) 5 Diseases of the genitourinary system (ICD-10: N00–N99) 6 Endocrine, nutritional and metabolic diseases (ICD-10: E00–E90) 7 Diseases of the digestive system (ICD-10: K00–K93) 8 Other | Text | 1 | from medical records |
| FOLLOW-UP DATA (FU3/6 at 3 months after discharge, FU6 at 6 months, analogous) | | | | | |

| Variable | Item | Values | Scale | Missings | Comment |
|--------------------------------------|--|---|-------------|-----------------|---|
| Note: FU6 was not performed at HOSP2 | | | | | |
| Fu3/6 | Was fu3/6 performed? | 0 = no, 1 = yes | Categorical | 317 | |
| Fu3/6_suFrival | Is patient alive at FU3/6? | 0 = no 1 = yes | Categorical | 130 | Note: survival information may be available irrespective of FU, e.g. from medical records |
| Fu3/6_partner | Whom was FU performed with? | Patient, caregiver/relative, other | Categorical | 250 | |
| Fu3/6_np | Reason FU3/6 was not possible | Mortality, no consent, nursing home, declined participation, no contact information, health, relatives do not give infos, not reached | Categorical | 10 | |
| Fu3/6_whoqol2 | WHOQOL-Bref Item 2, How satisfied re you with your health? | 1, very dissatisfied 2, dissatisfied 3, neither 4, satisfied 5, very satisfied | Categorical | 343 | |
| Fu3/6_health | How has your health changed since you were discharged? | Same, worse, better | Categorical | 320 | |
| Fu3/6_doctor | Have you been in contact with a doctor since you were discharged? | 0 = no, 1 = yes | Categorical | 470 | Not HOSP2 |
| Fu3/6_gp | Have you been in contact with your gp? | 0 = no, 1 = yes | Categorical | 450 | Not HOSP2 |
| Fu3/6_spec | Have you been in contact with a specialist? | 0 = no, 1 = yes | Categorical | 450 | Not HOSP2 |
| Fu3/6_hosp | Have you been to the hospital? | 0 = no, 1 = yes | Categorical | 389 | |
| fu3/6_specialist | Type of specialist | | Text | 573 | Not HOSP2 |
| Fu3/6_diagn | Have you gotten any new diagnoses since being discharged? | 0 = no 1 = yes | categorical | 322 / 496 | |
| Fu3/6_medic | Have there been any changes to your medication since being discharged? | 0 = no 1 = yes | categorical | 459 / 494 | Not HOSP2 |
| Fu3/6_therapie_xx | DO you partake in any therapies? | None, physiotherapy, rehabilitative sports, occupational therapy, logopaedics, other 0 = no, 1 = yes | Categorical | Differs by item | |

| Variable | Item | Values | Scale | Missings | Comment |
|----------------------|--|---|-------------|---------------------|--|
| Fu3/6_active | How often per week are you physically active? | | Numerical | 467 / 499 | Not HOSP2 |
| Fu3/6_nursingservice | Are you newly looked after by a nursing service? | No/yes/already before hospital stay / nursing home / relatives | Categorical | 451 / 493 | Not HOSP2 |
| fu3/6_carelevel | Has your level of care changed since being discharged? | 0 = no, 1 = yes | Categorical | 340 / 500 | |
| fu3/6_carelevel_new | If fu3/6_carelevel = yes, what is your new care level? | 1-5 | Numerical | 2 / 0 | |
| Fu3/6_mobility | Has your mobility changed since being discharged? | Better, worse, same | Categorical | 451 / 493 | Not HOSP2 |
| Fu3/6_fall | Have you fallen since being discharged? | 0 = no, 1 = yes | Categorical | 341 / 494 | |
| Fu3/6_pain | Are you in pain? | no, yes a little, yes, strongly | Categorical | 341 / 492 | |
| Fu3/6_whoqol3_pain | Item 3 of WHOQOL-Bref | 1 = not at all 2 = a little 3 = medium 4 = very 5 = extremely | Categorical | 349 / 492 | Not recoded as this item was not used for score calculations |
| Fu3/6_concent | Has your concentration changed since being discharged? | Better, same, worse | Categorical | 340 / 493 | |
| FU3/6_whoqol17_adl | Item 17 of WHOQOL-BRef | 1 = very dissatisfied 2 = dissatisfied 3 = neither 4 = satisfied 5 = very satisfied | Categorical | 363 / 502 | |
| fu3/6_whoqol1_qol | Item 1 of WHOQOL-Bref | 1 = very poor 2 = poor 3 = medium 4 = good 5 = very good | Categorical | 472 / 497 | |
| fu3/6_whoqol26_emot | Item 26 of WHOQOL-Bref | 1 = never 2 = not often 3 = sometimes 4 = often 5 = always | Categorical | 349 / 497 | Not recoded as this item was not used for score calculations |
| Fu3/6_syndrom_xx | Presence of respective geriatric syndrome | 0 = no, 1 =yes | Categorical | Differs by syndrome | |
| | | | | | |
| Fu3/6_syndrom | Which is the most limiting syndrome to you in your daily life? | 1-9 1 =mobility, 2 =falls, 3= cognition, 4 = depressive 5 = lonely | Categorical | 446 / 633 | |

| Variable | Item | Values | Scale | Missings | Comment |
|---|---|---|-------------|-----------------|---|
| | | 6 = pain 7 = incontinence 8 = sleep 9 = dysphagia | | | |
| Fu3/6_syndrom_change | How has the syndrome changed since being discharged? | 0 = same 1 = better 2 = worse | Categorical | 445 / 632 | |
| fu3/6_vas_limitation | How limited are you in your daily life based on the selected syndrome (<i>syndrome</i>) | 0-100, 0 = no limitation, 100 = fully limited | Numerical | 447 / 643 | |
| Fu3/6_asas_xx | Appraisal for Self-Care Agency Scale (ASAS) ^{4,5} , items 1-15 | 1= do not agree at all, 2 = do not agree 3 = neither 4 = agree 5 = fully agree | Categorical | Differs by item | Items 4, 11, 14 and 15 recoded |
| Fu3/6_ASAS | Sum Score of ASAS items | 15-75 | numerical | 424 / 632 | omitted in case of missings |
| Fu3/6_Whoqol_XX | WHOQOL-Bref ¹ Items 1-26 | | Categorical | Differs by item | _s indicating scaled variables, Items 3, 4, and 26 recoded |
| Fu3/6_WHO_phys & Fu3/6_WHO_phys_s | Physical health scale of WHOQOL-Bref ¹ , | Contains items whoqol_3, whoqol_4, whoqol_10, whoqol_15, whoqol_16, whoqol_17, whoqol_18 | Numerical | 432 / 631 | _s indicating scaled variables |
| Fu3/6_WHO_psych & Fu3/6_WHO_psych_s | Psychological/ Mental scale of WHOQOL-Bref ¹ | Contains items whoqol_5, whoqol_6, whoqol_7, whoqol_11, whoqol_19, whoqol_26 | Numerical | 427 / 630 | _s indicating scaled variables Omitted in case of missings |
| Fu3/6_WHO_social & Fu3/6_WHO_social_s | Social Scale of WHOQOL-Bref ¹ | Contains items whoqol_20, whoqol_21, whoqol_22 | Numerical | 440 / 639 | _s indicating scaled variables Omitted in case of missings |
| Fu3/6_WHO_environment & Fu3/6_WHO_environment_s | Environment scale of WHOQOL-Bref ¹ | Contains items whoqol_8, whoqol_9, whoqol_12, whoqol_13, whoqol_14, whoqol_23, whoqol_24, whoqol_25 | Numerical | 428 / 629 | _s indicating scaled variables Omitted in case of missings |

| Variable | Item | Values | Scale | Missings | Comment |
|-------------------------|---|--|-------------|-----------------|---|
| Fu3/6_WHO & Fu3/6_WHO_s | Items 1 (Quality of Life) and 2 (Self-Rated Health) of WHOQOL-Bref ¹ | Contains items whoqol_1 and whoqol_2 | numerical | 419 / 629 | _s indicating scaled variables Omitted in case of missings |
| Fu3/6_Voa_XX | Views on Ageing (VOA) ^{7,8} 1-5 | 1 = fully agree 2 = agree 3 = do not agree 4 = do not agree at all | Categorical | Differs by item | Not in GP |
| Fu3/6_VOA | Sum Score of VOA 1-5 | | numerical | 460 / 635 | omitted in case of missings |
| Fu3/6_Voa_6 | Irrespective of your actual age, how old do you <i>feel</i> ? ^{7,8} | | Numerical | 476 / 632 | |
| Fu3/6_Voa_7 | How old do you think you may become? ^{7,8} | | Numerical | 547 / 650 | |
| Fu3/6_Voa_8 | Starting from which age would you consider someone "old"? ^{7,8} | | Numerical | 550 / 647 | |
| Fu3/6_Voa_9 | Do you feel "old"? | 0 = no, 1 = yes | Categorical | 443 / 631 | |
| Fu3/6_Bmq_b1 and b2 | Item 1 and 2 of Beliefs in Medication Questionnaire (BMQ) ¹¹ - beliefs | 1 = fully agree 2 = rather agree 3 = neither 4 = rather not agree 5 = fully disagree | Categorical | Differs by item | Not GP |
| Fu3/6_Bmq_c1 and c2 | Item 3 and 4 of Beliefs in Medication Questionnaire (BMQ) ¹¹ - concerns | 1 = fully agree 2 = rather agree 3 = neither 4 = rather not agree 5 = fully disagree | Categorical | Differs by item | Not GP |
| Fu3/6_Bmq_adh1 & adh_2 | Adherence to medication 1: how often do you forget to take your medication? 2: how often do you pause your medication or adjust the dosage? | 1= always 2 = often 3 = sometimes 4 = rarely 5 = never | Categorical | Differs by item | Not GP |
| Fu3/6_Barthel_XX | Items of Barthel Index ¹⁹ at admission | | Categorical | Differs by item | |
| Fu3/6_barthel | Sum Score of Barthel Items | 0 - 100 | Numeric | 290 / 488 | |
| Fu3/6_GDS | Geriatric Depression Scale ^{16,17} score | | Numerical | 401 / 519 | |
| Fu3/6_Gds_xx | GDS items | 0 = no, 1 = yes | Categorical | Differs by item | |
| Fu3/6_moca_words | Verbal fluency according to MOCA ¹⁴ | 0 = less than 11 1 = 11 or more | Categorical | 431 | |
| Fu3/6_moca_recall | Delayed recall according to MOCA ¹⁴ | 0-5 | Numeric | 436 / 528 | |

References

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