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CODEBOOK

Ego

NODE TYPES

 Person

EDGE TYPES

 known

ASSETS

IMAGE

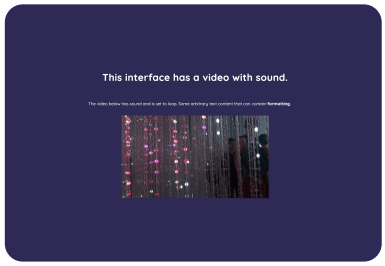
Blue Illustration Medical Service Flyer.png

Network_image1.jpg

Info_image1.jpg

sociogram_edges_image.png
Thank_you_image.jpg

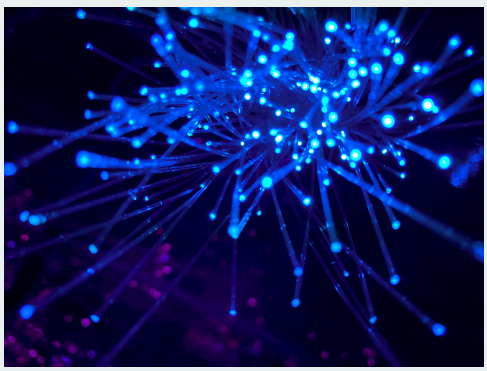
1 Welcome screen



PAGE HEADING

Welcome to the study

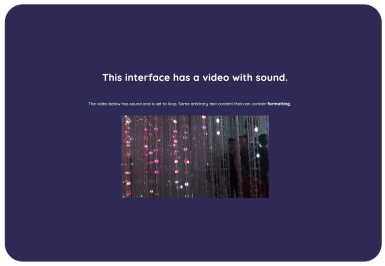
ITEMS

NAME	Network_image1.jpg
BLOCK SIZE	SMALL
TYPE	Image
PREVIEW	

BLOCK SIZE	SMALL
TYPE	Text
CONTENT	This study aims to understand how justice-involved peoples' social networks influence their choices about seeking help for mental health or substance use. You have been invited to take part because you have experienced prison or community justice services in the last six months.

INTERVIEWER SCRIPT

2 Participant information



PAGE HEADING

What you need to know about this study

ITEMS

NAME	Info_image1.jpg
BLOCK SIZE	SMALL
TYPE	Image
PREVIEW	

BLOCK SIZE	SMALL
TYPE	Text
CONTENT	You should have had the chance to read all about the study. Here are the key things you need to know, but you can ask for more details and see the Participant Information Sheet and Privacy Notice. **Do I have to take part?** No - its totally voluntary. If you change your mind after we've started today, we can delete all your information and we will not collect any more data from you. If you change your mind later (when the researchers are working on analysis) the information will still be used. This is because it is very difficult to take data out again once analysis starts. **What will happen if I take part?** The interview today will last around 60-90 minutes. We will ask you questions about your views and experiences linked to mental health and substance use, and questions about people in your social network. **Is it confidential.** No-one will be told that you took part or what you say. You can tell other people, but think carefully about this as some people may not like that you have taken part in an interview. Remember that if a worker refers you, they might guess you have taken part but they won't know what you say. If you want the researcher to confirm you took part they will do this but not tell the worker what you said in the interview. The only times your confidentiality may be broken is where the researchers have a concern about serious harm happening to you or others, or if we have a duty under UK law. This may mean another person needs to be told. Wherever possible this will be done with your knowledge and agreement. **Are there risks in taking part?** Sometimes talking about mental health, drugs, and alcohol can be difficult. Is there anything we can do to make the interview more comfortable for you? We can take a break and then re-start. We will provide details of organisations that might be able to provide support after taking part. If you are not already using a service, we will ask you for a trusted person that we could contact if we have concerns about any risks to you or other people. **Are there benefits in taking part?** You will be offered a £20 voucher.

If your worker agrees that taking part could help in your order, the researcher can confirm that you took part.

You might find it interesting or that it is positive to take part in research that could help others in the future.

Keeping your information safe

We will follow UK General Data Protection Regulation (UK GDPR) in handling your data.

We will type up the interview, and use the information collected in this software to do the research. You will be kept anonymous in the research by changing your name and details that could be linked to you. We will keep this secure for the study and afterwards,

Will the research be published?

The research will be published in different ways - including art work, blogs and short briefings to groups. We can share these with you if you agree to us keeping your contact details for this.

Please think about if you are happy for us to anonymously quote you. Your words may be recognised by people who know you. If you do not want your quotes to be used, you can still take part in the research.

Who is organising and funding the research?

The research is organised by researchers at the University of Stirling. The Economic and Social Research Council is funding this research but have no other role.

The project has been approved by The University of Stirling, The Salvation Army, and Community Justice Scotland.

Your rights

You have the right to ask to see a copy of information we hold about you and to ask us to correct or delete information that we no longer need.

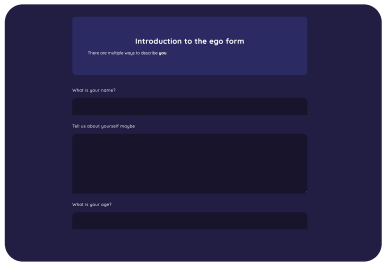
You have the right to pull out at any time without giving reasons and without any consequences.

You have the right to object to us processing relevant personal data.

Contact details for making a complaint are on the Participant Information Sheet

INTERVIEWER SCRIPT

3 Consent



INTRODUCTION PANEL

Consent

Do you consent to take part?

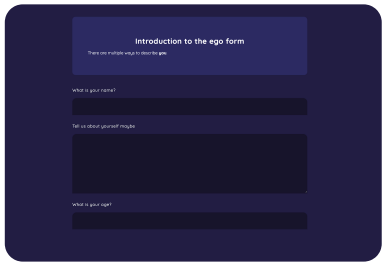
FORM

VARIABLE	COMPONENT	PROMPT
consent_2	ToggleButtonGroup	I understand that taking part is voluntary and that I am free to pull out without giving a reason, and without any penalty/consequences. I understand that any data collected before I pull out will be kept and used in the data analysis.
consent_3	ToggleButtonGroup	I understand that taking part is confidential. The researchers will not tell anyone else that I have taken part.
consent_4	ToggleButtonGroup	I understand that my responses will be made 'pseudo'-anonymous by changing my name and any other identifying information, including the information about people in my network. I give permission for the research team to have access to my pseudo-anonymous responses.
consent_5	ToggleButtonGroup	I consent to being audio recorded for data collection.

VARIABLE	COMPONENT	PROMPT
consent_6	ToggleButtonGroup	I am aware that I will not be named in any research outputs, but I could be identified by people I know through the words I use or descriptions of events in my life.
consent_7	ToggleButtonGroup	I give permission to be quoted directly in any research publications (under a different name and with identifying details changed).
consent_8	ToggleButtonGroup	I agree for research data to be given to researchers, including those working outside the EU, to be used in other research. I understand that any data that leaves the research group will be pseudo-anonymous so that I cannot be identified
consent_9	ToggleButtonGroup	I agree for my personal data to be kept in a secure database so I can be contacted about the results and future studies.
consent_10	ToggleButtonGroup	I understand that no one else will be informed of my participation in this study. Only where there is risk of serious harm to me or others, would the researchers consider telling others about this concern. Wherever possible this would be done with my involvement.
consent_1	ToggleButtonGroup	I understand the information, have had the chance to ask questions and I agree to take part

INTERVIEWER SCRIPT

4 About you



INTRODUCTION PANEL

A bit about you....

A bit about you...

FORM

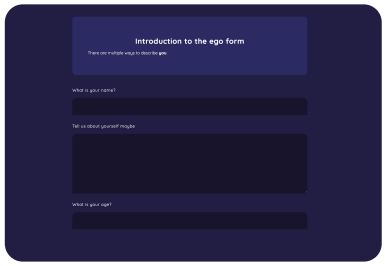
VARIABLE	COMPONENT	PROMPT
123 age	Number	How old are you?
gender	CheckboxGroup	What is your gender?
ethnicity	ToggleButtonGroup	What is your ethnicity?
postcode	Text	What is your postcode?

INTERVIEWER SCRIPT

I am now going to ask for some information about you.

Justification: We ask about age, gender, ethnicity and postcode so we can make sure we speak to people with different experiences. It also means that we can look at differences between people, for example comparing older and younger people, or differences between men and woman.

5 About you: Mental health and substance use



INTRODUCTION PANEL

About you: Mental health and substance use

This section is about experiences of mental health, drugs and alcohol, and any services you have used.

FORM

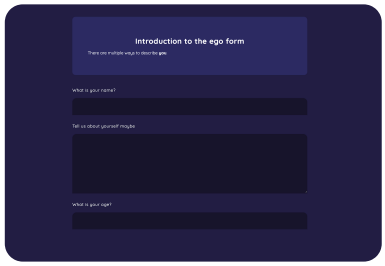
VARIABLE	COMPONENT	PROMPT
currenthealth	Boolean	Do you currently have struggles with your mental health or substance use?
everhealth	Boolean	Have you ever had struggles with your mental health or substance use?
everdiagnosis	Boolean	Have you ever been diagnosed with a mental health condition or a problem with substance use?
diagnosislist	TextArea	If you have/previously had a diagnosis - can you say what it was? If you have had more than one, you can list them all

INTERVIEWER SCRIPT

This section will ask you about any struggles you have had with mental health and substance use. I will ask yes or no questions and won't ask you to go into any details. People can sometimes feel uncomfortable with questions like this, especially with someone you just met. I am not going to think differently of you or judge you depending on your answers,

Variable explanation: People have different experiences of mental health and substance use. We want to speak to a range of people, so we can look for differences between people who have different experiences.

6 About you: seeking help



INTRODUCTION PANEL

Seeking help for mental health and substance use

The next few questions are about your experiences of getting help for your mental health or substance use

FORM

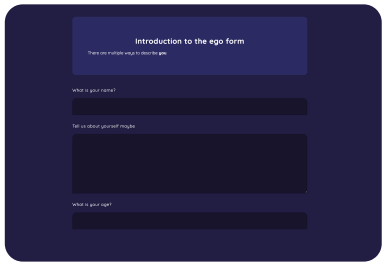
VARIABLE	COMPONENT	PROMPT
currenthelp	Boolean	Are you currently getting help for your mental health or substance use
currentseeking	Boolean	Are you currently seeking help for your mental health or substance use?
pasthelp	Boolean	Have you had help for your mental health or substance use in the past?
serviceaccessed	CheckboxGroup	What types of help have you had?
failedseeking	CheckboxGroup	Have you ever sought help for mental health or substance use but not accessed it? Either because it what you needed wasn't available, you changed your mind or for another reason.

INTERVIEWER SCRIPT

This section will ask you about your experiences with asking for help. I will ask yes or no questions and won't ask you to go into any details. People can sometimes feel uncomfortable with questions like this, especially with someone you just met. I am not going to think differently of you or judge you depending on your answers,

Variable explanation: People have different experiences of services. We want to speak to a range of people, so we can look for differences between people who have different experiences.

7 About you: Justice involvement



INTRODUCTION PANEL

About you: justice involvement

I am now going to ask some questions about your contact with the justice system.

FORM

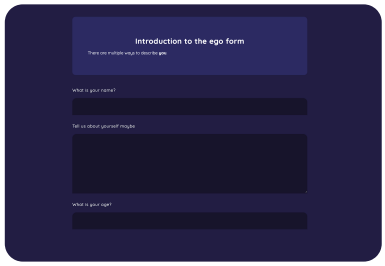
VARIABLE	COMPONENT	PROMPT
currjustice	CheckboxGroup	What is your current involvement?
quantitycjd	Number	Roughly how many times have you had a community disposal?
quantityprison	Number	If you have been in prison, roughly how many times?
quantitypc	Number	Roughly how many times have you been held in police custody/been to court without getting a sentence?
offencetype	CheckboxGroup	How would you describe your most recent offence?

INTERVIEWER SCRIPT

I am now going to ask some questions about your experience with the justice system. I am not going to ask for any details or judge you based on your answers.

Variable justification: We want to speak to people who have different types of contact with the justice system, or who have committed different types of crimes. This is because they can affect your relationships with other people and your community. There might be differences between people who have had different experiences.

8 Scale: MH attitudes



INTRODUCTION PANEL

Mental health help-seeking

I am going to ask about your feelings towards seeking help for mental health concerns

"Mental health concerns" could be personal difficulties (e.g., loss of a loved one) up to mental illness (e.g., anxiety, schizophrenia).

FORM

VARIABLE	COMPONENT	PROMPT
mhprofattitudes	LikertScale	**If you had a mental health concern, how helpful would it be to seek help from a mental health professional?** "Mental health professionals" include people like psychologists, psychiatrists, nurses and counsellors.
mhpeerattitudes	LikertScale	**If you had a mental health concern, how helpful would it be to seek help from a peer support service?** "Peer support services" include things like recovery groups or peer support workers.
mhffattitudes	LikertScale	**If you had a mental health concern, how helpful would it be to seek help from friend or family member?**

INTERVIEWER SCRIPT

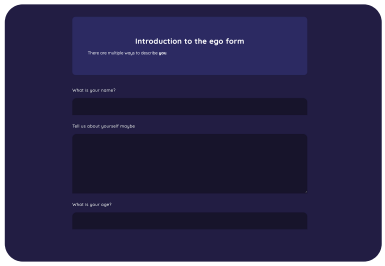
I am going to ask about your feelings towards seeking help for mental health concerns from different places.

“Mental health concerns” could be personal difficulties (e.g., loss of a loved one) up to mental illness (e.g., anxiety, schizophrenia).

For each one you can say how helpful each one would be. For example if you think a mental health professional would be very unhelpful we would slide the scale to the left, and if you think they would be very helpful we can slide it to the right. Or we can stop it somewhere in the middle.

Justification: What we think and feel might influence whether we would ask for help in future. People might think differently of seeking help from different places.

9 Scale: SU attitudes



INTRODUCTION PANEL

Attitudes to substance use

This section will ask your views about seeking help for substance use concerns.

"Drug or alcohol concerns" include issues ranging from personal difficulties (e.g., drinking too much sometimes) to diagnosed difficulties.

FORM

VARIABLE	COMPONENT	PROMPT
suprofattitudes	LikertScale	**If you had a concern about your use of alcohol or drugs, how helpful would it be to seek help from a substance use professional?** "Substance use professionals" include people like psychologists, psychiatrists, nurse, drug and alcohol workers and counsellors.
supeerattitudes	LikertScale	**If you had a concern about your use of alcohol or drugs, how helpful would it be to seek help from a peer support service?** "Peer support services" include things like recovery groups or peer support workers.
suffattitudes	LikertScale	**If you had a concern about your use of alcohol or drugs, how helpful would it be to seek help from friend or family member?**

INTERVIEWER SCRIPT

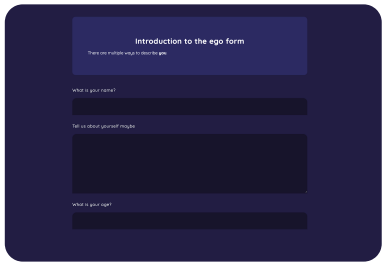
This section will ask your views about seeking help for substance use concerns. When we say substance use we are talking about drugs and alcohol.

“Drug or alcohol concerns” include issues ranging from personal difficulties (e.g., drinking too much sometimes) to diagnosed difficulties.

For each one you can say how helpful each one would be. For example if you think a professional would be very unhelpful we would slide the scale to the left, and if you think they would be very helpful we can slide it to the right. Or we can stop it somewhere in the middle.

Justification: What we think and feel might influence whether we would ask for help in future. People might think differently of seeking help from different places.

10 Scale: MH stigma



INTRODUCTION PANEL

Perceived devaluation and discrimination scale: Mental health

Here we are moving to thinking about what OTHER people think about people with mental health struggles

FORM

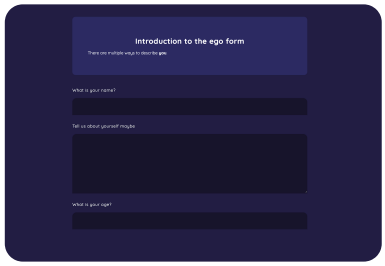
VARIABLE	COMPONENT	PROMPT
mhpdd1	LikertScale	Most people would accept someone with mental health struggles as a close friend
mhpdd2	LikertScale	Most people believe that a person with mental health struggles is dangerous
mhpdd3	LikertScale	Most people believe that someone with mental health struggles is just as trustworthy as the average citizen
mhpdd4	LikertScale	Most people accept someone who has fully recovered from mental health struggles as a teacher
mhpdd5	LikertScale	Most employers will not hire someone with mental health struggles
mhpdd6	LikertScale	Most people think less of someone with mental health struggles
mhpdd7	LikertScale	Most people would be willing to marry someone with mental health struggles
mhpdd8	LikertScale	Most employers will hire someone with mental health struggles if they are qualified for the job
mhpdd9	LikertScale	Most people believe that having mental health struggles is a sign of personal failure
mhpdd10	LikertScale	Most people will not hire someone with mental health struggles to take care of their children, even if they have been well for some time
mhpdd11	LikertScale	Most people in my community would treat someone with mental health struggles just as they would treat anyone
mhpdd12	LikertScale	Most young people would be reluctant to date someone with mental health struggles

INTERVIEWER SCRIPT

I am now going to ask you questions about what you think OTHER people think about people with mental health struggles. Some of the questions are quite complicated so we can take our time together on them.

Justification: What other people think can influence our behaviour. We want to get a sense of how that might be the case for you, and whether it is different people living in different places,

11 Scale: SU stigma



INTRODUCTION PANEL

Scale about substance use stigma

Now I will ask you to think about what others think about people who use drugs and alcohol

FORM

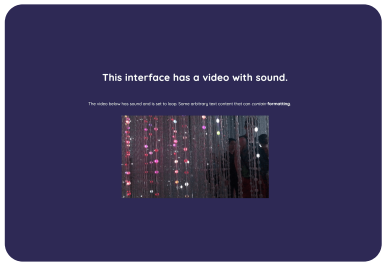
VARIABLE	COMPONENT	PROMPT
supdd1	LikertScale	Most people would accept someone with substance use problems as a close friend
supdd2	LikertScale	Most people believe that a someone with substance use problems is dangerous
supdd3	LikertScale	Most people believe that someone with substance use problems is just as trustworthy as the average citizen
supdd4	LikertScale	Most people would accept someone who has fully recovered from substance use problems as a teacher
supdd5	LikertScale	Most employers will not hire someone with substance use problems
supdd6	LikertScale	Most people think less of someone with substance use problems
supdd7	LikertScale	Most people would be willing to marry someone with substance use problems
supdd8	LikertScale	Most employers will hire someone with substance use problems if they are qualified for the job
supdd9	LikertScale	Most people believe that having substance use problems is a sign of personal failure
supdd10	LikertScale	Most people will not hire someone with substance use problems to take care of their children, even if they have been well for some time
supdd11	LikertScale	Most people in my community would treat someone with substance use problems just as they would treat anyone
supdd12	LikertScale	Most young people would be reluctant to date someone with substance use problems

INTERVIEWER SCRIPT

I am now going to ask you questions about what you think OTHER people think about people with drug or alcohol struggles. Some of the questions are quite complicated so we can take our time together on them.

Justification: What other people think can influence our behaviour. We want to get a sense of how that might be the case for you, and whether it is different people living in different places,

12 Linking page

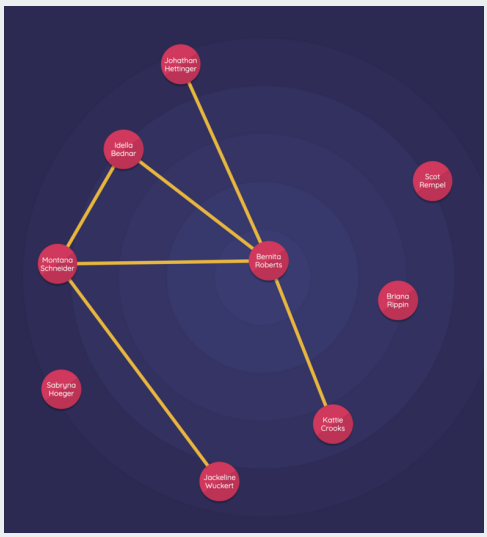


PAGE HEADING

Social networks

ITEMS

BLOCK SIZE	SMALL
TYPE	Text
CONTENT	Now we are going to start thinking more about your social network - starting with naming who is in your network

NAME	sociogram_edges_image.png
BLOCK SIZE	SMALL
TYPE	Image
PREVIEW	

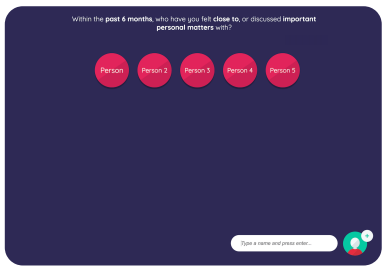
INTERVIEWER SCRIPT

I'm going to ask you to name people in your social network - people you talk to. This can be friends, family, workers, colleagues, people you hang out with, people others say you shouldn't spend time with, or even people you talk to often but don’t know their names.

You might have some people in your network you only interact with online, and we can include them. You can give people a nickname so we can’t identify them but make sure you chose something you will remember, as we will ask a bit more about them later. We won’t talk to any people you name or tell them you took part.

I will you some questions to help you think about the people in your network. You can name as many as five for each question, but don't have to name that many. And don’t worry if there is no-one for some of the questions.

13 Adding names part 1: Daily contacts



SUBJECT	Person
VARIABLES	Name

QUICK ADD

VARIABLE	Name
TYPE	text

PROMPTS

1. Name up to five people you talk to about day to day things – like sharing good news or if something has annoyed or worried you

BEHAVIOURS

MAXIMUM NODES ON STAGE	5

INTERVIEWER SCRIPT

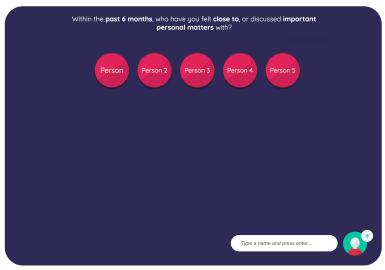
Name up to five people you talk to about day to day things – like sharing good news or if something has annoyed or worried you.

After each name you can say 'anyone else' if needed prompting to continue thinking.

Remember it doesn't matter if there is noone - but you could think about friends, family, acquaintances and workers. And remember it doesn't have to be people that are supportive or and can be people others don't 'approve of'.

Justification: This is to help us build a picture of your social network.

14 Adding names 2 (social interactions)



SUBJECT	Person
VARIABLES	Name

QUICK ADD

VARIABLE	Name
TYPE	text

PROMPTS

1. **Is there anyone you haven't mentioned who you socialise with?** This might include having a meal, hanging out, or doing something together.

INTERVIEWER SCRIPT

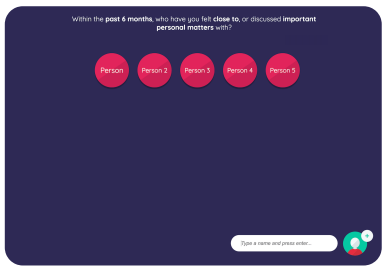
Is there anyone you haven't mentioned who you socialise with? This might include having a meal, hanging out, or doing something together. Including doing things that others don't think are a good idea.

'Anyone else' if needed prompting to continue thinking.

Remember it doesn't matter if there is no-one - but you could think about friends, family, acquaintances and workers. Remember it doesn't need to be supportive people or people that others 'approve of'

Justification: This is to help us build a picture of your social network.

15 Adding names (material support/advice)



SUBJECT	Person
VARIABLES	Name

QUICK ADD

VARIABLE	Name
TYPE	text

PROMPTS

1. Is there anyone you haven't mentioned you could ask for help with practical things, like money, transport, or getting things you need? What about if something big happened? Like moving or an accident.

INTERVIEWER SCRIPT

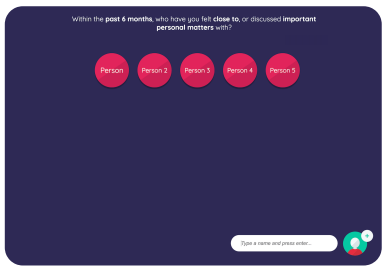
Is there anyone you haven't mentioned you could ask for help with practical things, like money, transport, or getting things you need? What about if something big happened? Like moving accommodation, losing a job, or an accident.

'Anyone else' if needed prompting to continue thinking.

Remember it doesn't matter if there is no-one - but you could think about friends, family, acquaintances and workers. Remember it doesn't need to be supportive people or people that others 'approve of'

Justification: This is to help us build a picture of your social network.

16 Adding names (emotional/personal support)



SUBJECT	Person
VARIABLES	Name

QUICK ADD

VARIABLE	Name
TYPE	text

PROMPTS

1. **Is there anyone you haven't mentioned you can talk to about personal things?** like relationship challenges, justice system problems, mental health or using drugs or alcohol?

INTERVIEWER SCRIPT

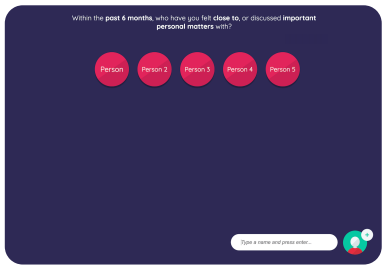
Is there anyone you haven't mentioned you can talk to about personal things, like challenges in your relationships, or problems linked to the justice system? What about talking about your mental health or using drugs or alcohol?

'Anyone else' if needed prompting to continue thinking.

Remember it doesn't matter if there is no-one - but you could think about friends, family, acquaintances and workers. Remember it doesn't need to be supportive people or people that others 'approve of'

Justification: This is to help us build a picture of your social network.

17 Adding names (any others)



SUBJECT	Person
VARIABLES	Name

QUICK ADD

VARIABLE	Name
TYPE	text

PROMPTS

1. 5. Are there any other people you haven't named?

INTERVIEWER SCRIPT

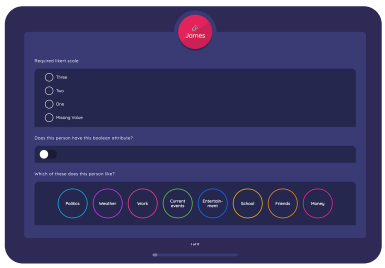
Are there any other people you haven't named?

'Anyone else' if needed prompting to continue thinking.

Remember it doesn't matter if there is no-one - but you could think about friends, family, acquaintances and workers. Remember it doesn't need to be supportive people or people that others 'approve of'

Justification: This is to help us build a picture of your social network.

18 About the people you know



SUBJECT	Person
VARIABLES	Age, contact_frequency, Ethnicity, Gender, relationship, Time_known

INTRODUCTION PANEL

About the people you know

In this section I will ask you a bit about the people you know

FORM

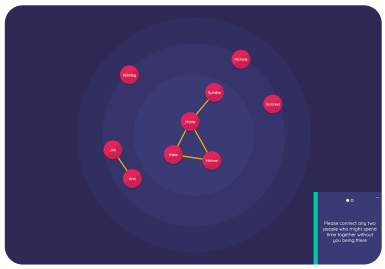
VARIABLE	COMPONENT	PROMPT
relationship	CheckboxGroup	What is this persons relationship to you? e.g. friend, worker?
123 Age	Number	How old you think this person is
Ethnicity	CheckboxGroup	How would you describe this persons ethnicity
Gender	CheckboxGroup	How would you describe this persons gender
Time_known	CheckboxGroup	How long have you known them
contact_frequency	RadioGroup	How often do you speak to them?

INTERVIEWER SCRIPT

Understanding these things about the people in your network will help us see patterns across your whole network instead o focusing on you on your own. We will be able to look at the patterns in other peoples networks and see where there are differences

19 Closeness

SUBJECT	Person
VARIABLES	closeness



PROMPTS

1. How close do you feel people? Put the people you feel closest to in the middle

LAYOUT VARIABLE	closeness

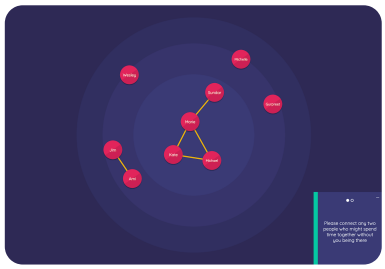
INTERVIEWER SCRIPT

This question is about how close you feel to each of the people in your network. The people you feel closest to should be in the middle, and people you feel less close to go further out. We can change peoples positions as we add people.

Justification: Depending how close you feel to people, they may have more or less influence on you. We can see your network but when we are analysing data we are looking for patterns across everyone.

20 Respect for opinion

SUBJECT	Person
VARIABLES	respect



PROMPTS

1. How much do you respect each person's opinion? Put the people you respect the most in the middle

LAYOUT VARIABLE	respect

INTERVIEWER SCRIPT

This question is about how much you respect the opinion of different people in your network. The people you respect the most go closest to the middle. Like before we can move people about as we go.

Justification: The people we respect more might have a greater influence on us than people we respect less. We can see your network here but researchers will be looking for patterns across everyone.

21 Perceived attitudes to helpseeking



SUBJECT	Person
VARIABLES	supportive_MH, supportive_su

PROMPTS

1. What do people think about asking for help for mental health challenges?

VARIABLE	supportive_MH

2. What do people think about asking for help with drug or alcohol use?

VARIABLE	supportive_su

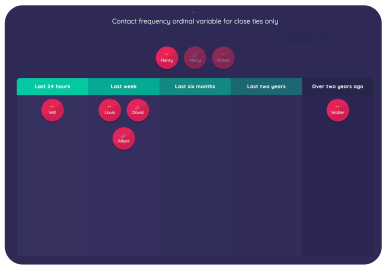
INTERVIEWER SCRIPT

For each person, we want you to think about what the would think of seeking help for mental health (and we will do the same for substance use in a minute). Your best guess is fine as it is your view we are most interested in.

Justification: We want to find out if the views of other people in someones network are important for seeking help

22 Network experience

SUBJECT	Person
VARIABLES	nw_justice, nw_mh, nw_su



PROMPTS

1. Who in your network has had mental health struggles?

VARIABLE	nw_mh

2. who in your network has had problems with drugs or alcohol?

VARIABLE	nw_su

3. who in your network has had contact with the justice system?

VARIABLE	nw_justice

INTERVIEWER SCRIPT

Here we are looking at differences and similarities in terms of experiences among people in your network. Your best guess is fine here, as we are interested in your views.

Justification: Networks with different experiences might have different outcomes.

23 Online contacts

SUBJECT	Person
VARIABLES	online



PROMPTS

1. Is there anyone in your network who you only know online?

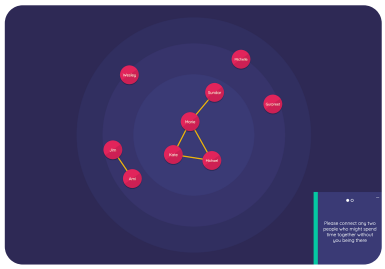
VARIABLE	online

INTERVIEWER SCRIPT

Here we are getting a sense of whether people access support from people online.

Justification: There may be difference in the amount of contacts people have online and in the outcomes.

24 Connections in your network



SUBJECT	Person
VARIABLES	alter_ties

PROMPTS

1. Now lets work out who in your network know each other

LAYOUT VARIABLE	alter_ties
CREATES EDGE	known
ALLOW HIGHLIGHTING	*FALSE*

INTERVIEWER SCRIPT

Here we want to work out who knows who in your network. I will help you draw lines between people who know each other. Don't worry about the circles behind for this one.

When thinking about whether people know each other, i mean that they might meet up or have contact without you there.

Justification: How connected up a network is (in terms of who knows who) might be important for the outcomes (seeking help).

Lets pause here and think about what we've seen.

(Reflective questions)

• Now we can see your network, what do you think looking at it like this? (interviewer can flick back and forth to the closeness/respect screens to prompt more reflections/

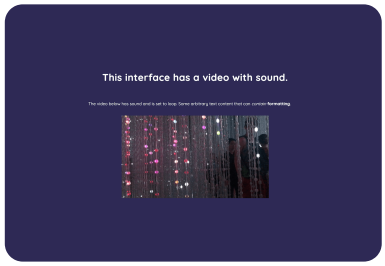
• Does it make sense? Is there anything that surprises you about it from talking today?

• Structural questions to prompt questions on components, alter-alter ties etc...

(e.g. you have two totally separate groups of contacts, how are they similar/different in their influence on you. A lot of people are unconnected, why do you think your network is structured this way, are there come groups who you have more respect for, or you feel closer to).

Justification: Accessing more of the qualitative information rather than just numbers.

25 Last questions



PAGE HEADING

Last questions

ITEMS

BLOCK SIZE	SMALL
TYPE	Text
CONTENT	Some last questions

INTERVIEWER SCRIPT

Finally - I am going to ask you some wider questions (contextual/cultural questions). We don't need the screen for this, but i will leave it on just now. We can always jump back to other screens if there is anything that you want to say about those questions.

• What it is like around here for people that might need help for mental health or substance use?

• What has your experience been like in [area name]?

• If you have sought help – what was this like?

• If you have accessed support what was this like – does this influence whether you would seek help again in the future?

• Does living where you do influence you/other people in your help-seeking? If so how?

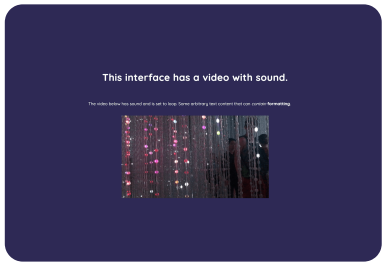
• How do you think it might be different in other areas?

Final open question

• Is there anything you would like to say about how your network influences whether you would ask for help with MH/SU?

Justification: Accessing wider community influences and giving the person the chance to say what they would like to.

26 Thank you



PAGE HEADING

Thank you

ITEMS

NAME	Thank_you_image.jpg
BLOCK SIZE	SMALL
TYPE	Image
PREVIEW	

BLOCK SIZE	SMALL
TYPE	Text
CONTENT	**Thank you for giving your time for research.** We hope it will help improve understandings about how peoples networks are important in accessing help for mental health and substance use. Your interviewer will offer you a voucher. They will also give you some information about support services.

INTERVIEWER SCRIPT

Thank you for giving your time for research. We hope that it will help improve understandings about the importance of peoples networks for accessing help for their mental health or substance use. We are asking everyone if they know anyone else who might take part, especially if they are someone who is not accessing supportive services just now.

The voucher is for a local supermarket. It's up to you how you spend it, but if you have a worker i'm sure they would be happy to help think about the things you need.

If you are on an unpaid work order, we can let your worker know you took part so that they can record these hours. We will only tell them you took part, not what you said. You don't have to do this.

Finally, we have a list of support services. We are not suggesting you need them, but if anything comes up for you after today's interview, it is important to us you have some options of places to get support. Of course if you have a worker, you can also contact them.

Thank you again.

Ego

Name	Type	Used In
age	number	About you
consent_1	categorical VALUE: 0 — LABEL: yes - take part VALUE: 1 — LABEL: no thanks	Consent
consent_10	categorical VALUE: 0 — LABEL: yes VALUE: 1 — LABEL: no	Consent
consent_11	categorical VALUE: 0 — LABEL: yes VALUE: 1 — LABEL: no	
consent_2	categorical VALUE: 0 — LABEL: yes VALUE: 1 — LABEL: no	Consent
consent_3	categorical VALUE: 0 — LABEL: yes VALUE: 1 — LABEL: no	Consent
consent_4	categorical VALUE: 0 — LABEL: yes VALUE: 1 — LABEL: no	Consent

Name	Type	Used In
consent_5	categorical VALUE / LABEL 0 yes 1 no	Consent
consent_6	categorical VALUE / LABEL 0 yes 1 no	Consent
consent_7	categorical VALUE / LABEL 0 yes 1 no	Consent
consent_8	categorical VALUE / LABEL 0 yes 1 no	Consent
consent_9	categorical VALUE / LABEL 0 yes 1 no	Consent
currenthealth	boolean VALUE / LABEL *TRUE* Yes *FALSE* No	About you: Mental health and substance use

Name	Type	Used In
currenthelp	boolean VALUE: *TRUE* LABEL: Yes VALUE: *FALSE* LABEL: No	About you: seeking help
currentseeking	boolean VALUE: *TRUE* LABEL: Yes VALUE: *FALSE* LABEL: No	About you: seeking help
currjustice	categorical VALUE: 0 LABEL: I have a community justice disposal (e.g. community payback order, structured deferred sentence) VALUE: 1 LABEL: I am receiving throughcare VALUE: 2 LABEL: I am on parole / licence VALUE: 3 LABEL: Other VALUE: 4 LABEL: None	About you: Justice involvement
diagnosislist	text	About you: Mental health and substance use

Name	Type	Used In
ethnicity	categorical	About you

VALUE	LABEL
0	White Scottish
1	White other
2	African, Caribbean or Black
3	Asian, Asian Scottish or Asian British
4	Mixed or multiple ethnic groups
5	Other

Name	Type	Used In
everdiagnosis	boolean	About you: Mental health and substance use

VALUE	LABEL
TRUE	Yes
FALSE	No

Name	Type	Used In
everhealth	boolean	About you: Mental health and substance use

VALUE	LABEL
TRUE	Yes
FALSE	No

Name	Type	Used In
failedseeking	categorical	About you: seeking help

VALUE	LABEL
0	Yes
1	No

Name	Type	Used In
gender	categorical	About you
mhffattitudes	ordinal	Scale: MH attitudes
mhpdd1	ordinal	Scale: MH stigma
mhpdd10	ordinal	Scale: MH stigma

gender

VALUE	LABEL
0	male
1	female
2	transgender
3	non-binary
4	other

mhffattitudes

VALUE	LABEL
0	very unhelpful
1	unhelpful
2	neutral
3	helpful
4	very helpful

mhpdd1

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

mhpdd10

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
mhpdd11	ordinal	Scale: MH stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
mhpdd12	ordinal	Scale: MH stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
mhpdd2	ordinal	Scale: MH stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
mhpdd3	ordinal	Scale: MH stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
mhpdd4	ordinal	Scale: MH stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
mhpdd5	ordinal	Scale: MH stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
mhpdd6	ordinal	Scale: MH stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
mhpdd7	ordinal	Scale: MH stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
mhpdd8	ordinal	Scale: MH stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
mhpdd9	ordinal	Scale: MH stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
mhpeerattitudes	ordinal	Scale: MH attitudes

VALUE	LABEL
0	very unhelpful
1	unhelpful
2	neutral
3	helpful
4	very helpful

Name	Type	Used In
mhprofattitudes	ordinal	Scale: MH attitudes

VALUE	LABEL
0	very unhelpful
1	unhelpful
2	neutral
3	helpful
4	very helpful

Name	Type	Used In
offencetype	categorical VALUE / LABEL 0 — Violent 1 — Sexual 3 — Dishonesty (e.g. theft, fraud) 4 — Vandalism (including use of fire) 5 — Drug related 6 — Motor vehicle related 7 — Other	About you: Justice involvement
pasthelp	boolean VALUE / LABEL *TRUE* — Yes *FALSE* — No	About you: seeking help
postcode	text	About you
quantitycjd	number	About you: Justice involvement
quantitypc	number	About you: Justice involvement
quantityprison	number	About you: Justice involvement

Name	Type	Used In
serviceaccessed	categorical	About you: seeking help

VALUE	LABEL
0	Statutory (NHS/Council)
1	Voluntary
2	Peer support
3	None

Name	Type	Used In
suffattitudes	ordinal	Scale: SU attitudes

VALUE	LABEL
0	very unhelpful
1	unhelpful
2	neutral
3	helpful
4	very helpful

Name	Type	Used In
supdd1	ordinal	Scale: SU stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
supdd10	ordinal	Scale: SU stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
supdd11	ordinal VALUE / LABEL 0 Strongly disagree 1 Disagree 2 Agree 3 Strongly agree	Scale: SU stigma
supdd12	ordinal VALUE / LABEL 0 Strongly disagree 1 Disagree 2 Agree 3 Strongly agree	Scale: SU stigma
supdd2	ordinal VALUE / LABEL 0 Strongly disagree 1 Disagree 2 Agree 3 Strongly agree	Scale: SU stigma
supdd3	ordinal VALUE / LABEL 0 Strongly disagree 1 Disagree 2 Agree 3 Strongly agree	Scale: SU stigma

Name	Type	Used In
supdd4	ordinal	Scale: SU stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
supdd5	ordinal	Scale: SU stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
supdd6	ordinal	Scale: SU stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
supdd7	ordinal	Scale: SU stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
supdd8	ordinal	Scale: SU stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
supdd9	ordinal	Scale: SU stigma

VALUE	LABEL
0	Strongly disagree
1	Disagree
2	Agree
3	Strongly agree

Name	Type	Used In
supeerattitudes	ordinal	Scale: SU attitudes

VALUE	LABEL
0	very unhelpful
1	unhelpful
2	neutral
3	helpful
4	very helpful

Name	Type	Used In
suprofattitudes	ordinal	Scale: SU attitudes

VALUE	LABEL
0	very unhelpful
1	unhelpful
2	neutral
3	helpful
4	very helpful

Person

Name	Type	Used In
Age	number	About the people you know
alter_ties	layout	Connections in your network
closeness	layout	Closeness
contact_frequency	ordinal VALUE: daily, LABEL: daily VALUE: weekly, LABEL: weekly VALUE: monthly, LABEL: monthly VALUE: less_often, LABEL: less often	About the people you know
Ethnicity	categorical VALUE: white_scottish, LABEL: White_Scottish VALUE: white_other, LABEL: White_Other VALUE: black, LABEL: Black VALUE: asian, LABEL: Asian VALUE: other, LABEL: Other	About the people you know
Gender	categorical VALUE: male, LABEL: Male VALUE: female, LABEL: Female VALUE: non-binary, LABEL: Non-binary VALUE: transgender, LABEL: Transgender VALUE: other, LABEL: Other	About the people you know

Name	Type	Used In
Name	text	Adding names part 1: Daily contacts Adding names 2 (social interactions) Adding names (material support/advice) Adding names (emotional/personal support) Adding names (any others)
nw_justice	ordinal VALUE / LABEL 0 — current prison/community justice/courts 1 — past prison/community justice/courts 2 — never been in contact 3 — don't know	Network experience
nw_mh	ordinal VALUE / LABEL 0 — current struggles 1 — past struggles 2 — none 3 — don't know	Network experience
nw_su	ordinal VALUE / LABEL 0 — current drug/alcohol problems 1 — past drug/alcohol problems 2 — none 3 — don't know	Network experience

Name	Type	Used In
online	categorical VALUE: irl — LABEL: in real life VALUE: online — LABEL: online only	Online contacts
relationship	categorical VALUE: partner — LABEL: partner/spouse VALUE: family — LABEL: Family member VALUE: friend — LABEL: Friend VALUE: worker — LABEL: Service provider (e.g. a social worker) VALUE: acquaintance — LABEL: Casual contact / acquaintance VALUE: colleague — LABEL: colleague VALUE: other — LABEL: other	About the people you know
respect	layout	Respect for opinion
supportive_MH	categorical VALUE: 0 — LABEL: Good idea to ask for help VALUE: 1 — LABEL: Bad idea to ask for help VALUE: 2 — LABEL: Neither VALUE: 3 — LABEL: Don't know	Perceived attitudes to helpseeking

Name	Type	Used In
supportive_su	categorical	Perceived attitudes to helpseeking
Time_known	categorical	About the people you know

VALUE	LABEL
0	Good idea to ask for help
1	Bad idea to ask for help
2	Neither
3	Don't know

VALUE	LABEL
0-6m	Less than 6 months
6-12m	6 months to a year
1-5yr	1-5 years
5-10yr	5-10 years
10-yrs	10+ years



known

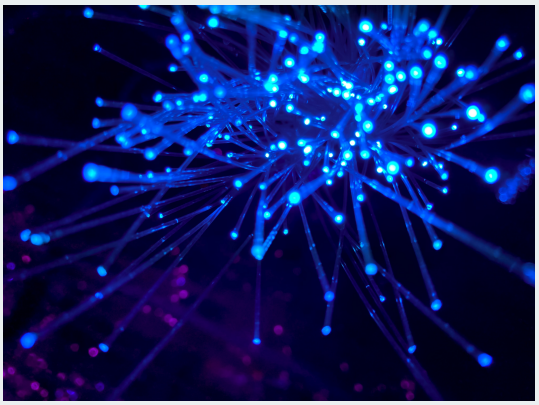
Name	Type	Used In

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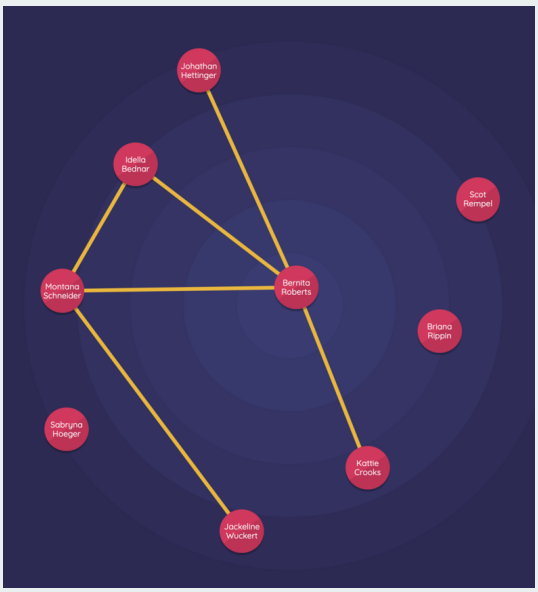
Resource Library

Image

NAME	Blue Illustration Medical Service Flyer.png
TYPE	Image
PREVIEW	

NAME	Network_image1.jpg
TYPE	Image
PREVIEW	

NAME	Info_image1.jpg
TYPE	Image
PREVIEW	

NAME	sociogram_edges_image.png
TYPE	Image
PREVIEW	

NAME	Thank_you_image.jpg
TYPE	Image
PREVIEW	