

Appendix 3: Information Sheet for participant interviews

The Children's Outdoor Play Project

What is this research about?

The research is about children's outdoor play both in and out of school. We are interested in how parents and school staff view outdoor play both in and out of school and when and where children play. We are particularly interested in what affects decisions about play activities and why schools differ from one another in the activities on offer during break time. During the interview, the researcher will ask open questions about how children play in and out of school. The goal is not to evaluate families or schools in any way, we simply want to hear about what happens and why.

Why have I been asked to participate?

You have been asked to participate because you are either a parent to a child aged 5-11 years, a teacher, headteacher or a member of school staff that supervises playtime in a primary school in the UK.

How long will the interview last?

The interview will last between 30-60 minutes on one occasion at a time that is convenient for you.

Where will the interview take place?

The interview will take place at a location that is convenient for you. This could be in a quiet space within the school, your home or somewhere within your local community (village hall, community centre). Given the current COVID-19 pandemic, you will also have the opportunity to take part online. If you choose to take place face to face, government guidelines at the time will be adhered to, more information will be provided prior to the interview. The researcher will discuss this with you and make arrangements ahead of time.

Who will be running the interviews?

The interviews will be led by Dr Rachel Nesbit, a Postdoctoral Research Fellow at the University of Reading. Rachel works under the supervision of Professor Helen Dodd (contact details below).

What if I decide I don't want to participate anymore?

You are free to withdraw from the interview at any point, without giving a reason.

Will I get compensated for my time?

Yes, you will receive a £20 voucher for your time. To receive your voucher, you will need to provide an email address. We will send a link to your email address to a voucher from [GiftPay](#). This site allows you to choose which merchant or retailer you want to shop with.

What will happen to the information I provide?

We appreciate the importance of keeping your information safe. All the information we collect and that you share with us will be anonymous. We will use a unique code known only to the project

team to identify the audio file and interview transcripts. That way, all your answers are anonymous. Electronic data, including your personal information (contact details etc.) will be stored on secure servers and password protected. Only the researchers working on this project will have access to this data. We may use individual quotes in publications or presentations and you may be able to identify yourself in these. Nevertheless, because any information that would allow you to be identified will be removed, it will not be possible for anyone else to identify that the quote came from you. De-identified interview transcripts will be deposited to the UK Data Service at the end of the project, no personal or identifiable information will be included.

Who is doing the research?

The project is managed by Professor Helen Dodd from the University of Reading. Also working on the project are Professor Kate Harvey and Dr Rachel Nesbit, also from the University of Reading. The research is funded by UK Research and Innovation. All researchers working on the project have enhanced DBS checks. You can contact Helen on: h.f.dodd@reading.ac.uk or 0118 378 6221.

This study has been reviewed by the University Research Ethics Committee and has been given a favourable ethical opinion for conduct.

After the interview

Although it is not anticipated that the interview will cause any distress, in the unlikely event that you feel affected by talking about any of the topics, the link below outlines some helplines and support groups that can offer expert advice for mental health and wellbeing <https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/>.

If you have read this information and are happy to take part in an interview, please complete the consent form.