

“Covid intimacies: Resilience and viral safety among LGBT and heterosexual people using dating apps in the COVID-19 era”

[ES/W002426/1]

SURVEY SCRIPT

Index

Modules

A. Introduction	3
A. Screening.....	2
B. Consent Form	4
C. About you	5
D. Health and wellbeing.....	8
E. Dating app use	10
i. Dating app use before COVID-19	10
ii. Dating app use during COVID-19	11
iii. Dating app use after COVID-19	17
A. Loneliness	21
B. Adjustment and other questionnaires	23
C. Household	25
D. Employment and finances	27

A. Screening

	Age	Notes
	Population: ALL	
Q1	How old are you?	
A	[text number field] years	

	Residence	Notes
	Population: ALL	
Q2	During the COVID-19 lockdown and social distancing regulations, between March 2020 and July 2021... Did you live primarily in the UK between March 2020 and July 2021?	
A	[Single select multiple choice] ○ Yes ○ No	

	App-use-screening	Notes
	Population: ALL	
Q3	During the COVID-19 lockdown and social distancing regulations, between March 2020 and July 2021... Did you use any dating apps? You might have used them every day or just tried them once. Use means downloading them, logging on, viewing other people's profiles or information, sending or receiving messages, or chatting with people.	
A	[Single select multiple choice] ○ Yes ○ No	

IF [AGE] < 18 à EXCLUDE

IF [UK_RESIDENCE] = NO à EXCLUDE

IF [DATING_SCREEN] = NO à EXCLUDE

EXCLUSION TEXT:

We are sorry but you are not eligible to take part in the interview. To be eligible, you should be over 18 years old, have lived in the UK between March 2020 and July 2021, and have used dating apps during that period.

If you have any questions, please let us know: Dr Jaime Garcia Iglesias,
jaime.garciaiglesias@manchester.ac.uk

B. Introduction

Participant Information Sheet summary:

Thank you for taking the time to complete this survey. Your answers will help us better understand how people used dating apps during and after the COVID-19 lockdown and social distancing in the UK.

The survey should take approximately 10 minutes to complete.

This survey is conducted for academic research. We will ask you some personal questions about your gender, sexuality, ethnicity, health and income, as well as about your life during COVID-19.

We ask these questions to better understand how different people from across the UK, with different experiences, use dating apps.

Your answers will be treated as strictly confidential.

If you don't feel comfortable answering any question, please select "Prefer not to say" and move on to the next question or end the survey here

The completed questionnaire will be password protected, and your personal data will be stored separately to your survey responses. No identifying information about you will be shared in any reports or publications.

For more information on how your information will be processed and protected, please review <https://melresearch.co.uk/privacy-policy/>

You can find more detailed information about this study on the next screen.

Participant Information Sheet [hyerlink]

Dating App Connections Project

Supplemental material: Survey Script

C. Consent Form

Consent form [hyperlink]

D. About you

	Sex	Notes
	Population: ALL	Based on UK 2021 Census, with addition of “other” and “I prefer not to say.”
Q4	How do <i>you</i> define your sex?	
A	[Single select multiple choice] <ul style="list-style-type: none"> <input type="radio"/> Male <input type="radio"/> Female <input type="radio"/> Other: _____ <input type="radio"/> I prefer not to answer 	

	Trans/gender	Notes
	Population: ALL	
Q5	Do you identify as transgender, non-binary, or gender non-conforming?	
A	[Single select multiple choice] <ul style="list-style-type: none"> <input type="radio"/> Yes – transgender <input type="radio"/> Yes – non-binary <input type="radio"/> Yes – gender non-conforming <input type="radio"/> Yes – other (please specify): _____ <input type="radio"/> Other <input type="radio"/> No <input type="radio"/> Prefer not to say 	

	Sexuality	Notes
	Population: ALL	Alings with ONS Recommendations and UK Population survey.
Q6	Which of the following best describes how you think of your sexuality?	
A	[Single select multiple choice] <ul style="list-style-type: none"> <input type="radio"/> Heterosexual/straight <input type="radio"/> Gay <input type="radio"/> Lesbian <input type="radio"/> Bisexual or pansexual <input type="radio"/> Queer <input type="radio"/> Other: [free text field] <input type="radio"/> Prefer not to say 	

	Sex with	Notes
	Population: ALL	
Q7	Whom do you have sex with?	
A	[Multiple choice] <ul style="list-style-type: none"> <input type="radio"/> Men <input type="radio"/> Women <input type="radio"/> Non-binary people, gender queer people, and/or gender-fluid people <input type="radio"/> I do not have sex 	

	<input type="radio"/> Rather not say <input type="radio"/> Other [free text field]	
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	Ethnicity	Notes
Population: ALL		
Q8	What is your ethnic group?	Alings with UK Census
A	<p>[Single select multiple choice]</p> <ul style="list-style-type: none"> <input type="radio"/> White <ul style="list-style-type: none"> <input type="radio"/> English/Welsh/Scottish/Northern Irish <input type="radio"/> Other British <input type="radio"/> Irish <input type="radio"/> Polish <input type="radio"/> Gypsy/Traveller <input type="radio"/> Roma <input type="radio"/> Showman / Showwoman <input type="radio"/> Other white ethnic group (please state) _____ <input type="radio"/> Mixed or multiple ethnic groups <ul style="list-style-type: none"> <input type="radio"/> Any mixed or multiple ethnic groups (please state) _____ <input type="radio"/> Asian, Scottish Asian or British Asian <ul style="list-style-type: none"> <input type="radio"/> Pakistani, Scottish Pakistani or British Pakistani <input type="radio"/> Indian, Scottish Indian or British Indian <input type="radio"/> Bangladeshi, Scottish Bangladeshi or British Bangladeshi <input type="radio"/> Chinese, Scottish Chinese or British Chinese <input type="radio"/> Other (please state) _____ <input type="radio"/> African, Scottish African or British African <ul style="list-style-type: none"> <input type="radio"/> Please state (for example, Nigerian, Somali) _____ <input type="radio"/> Caribbean or Black <ul style="list-style-type: none"> <input type="radio"/> Please state _____ <input type="radio"/> Other ethnic group <ul style="list-style-type: none"> <input type="radio"/> Arab, Scottish Arab or British Arab <input type="radio"/> Other (please state) (for example, Sikh, Jewish) _____ <input type="radio"/> Prefer not to say 	

	Birth	Notes
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Population: ALL		
Q9	Were you born in the UK?	
A	[Single select multiple choice] <ul style="list-style-type: none"> ○ Yes ○ No ○ Prefer not to say 	

	Residence	Notes
Population: [BIRTH] = NO		
Q10	How long have you been living in the UK? <i>Please answer to this nearest year. If you have been living in the UK for less than 6 months, please enter "0"</i>	
A	[number field] years	

	Postcode	Notes
Population: ALL		
Q11	What is the <u>FIRST PART</u> of the postcode of the address you primarily lived in during COVID-19 (March 2020 to July 2021)? We are only asking about the FIRST PART of your postcode, we do not want to know where you live. (If you changed address during this time, write the postcode of the place you spent most time in).	
A	[Free text field] (Please write your postcode as M4 or M12. Do not include the second part of your postcode (the part that comes after the space).	

E. Health and wellbeing

	Disability 1	Notes
Population: ALL		Aling with Scottish Census and UK Population Survey
Q12	<p>Do you have any physical or mental health conditions or illnesses lasting or expected to last 12 months or more?</p> <p>Remember to include physical or mental health conditions:</p> <ul style="list-style-type: none"> - that are not curable, even if medication or treatment can control symptoms - that you're likely to have for the rest of your life - that flare up from time to time, even if the flare up doesn't last 12 months, for example, eczema - that may not be perceived as serious and don't affect day-to-day activities, but are still long lasting - that are managed by treatment and lifestyle adjustments and don't affect day-to-day activities, but are still long lasting. 	
A	<p>[Single select multiple choice]</p> <ul style="list-style-type: none"> ○ Yes ○ No ○ Prefer not to say 	

	Disability 2	Notes
Population: [DISABILITY 1] = YES		Aligns with Scottish Census and UK population survey.
Q13	<p>Do any of your conditions or illnesses reduce your ability to carry out day to day activities?</p> <p>(e.g., to work or learn, go out, socialize, meet people in person, or communicate etc.)</p>	
A	<p>[Single select multiple choice]</p> <ul style="list-style-type: none"> ○ Yes, a lot ○ Yes, a little ○ Not at all ○ Prefer not to say 	

	Shield	Notes
Population: ALL		Based on UCL Longitudinal Survey.
Q14	<p>Have you, or someone in your household, been told by a healthcare professional that you are at risk of severe illness if you catch COVID-19 because of an underlying disease or health condition?</p>	

	(Some people refer to this as having to ‘shield’).	
A	[Single select multiple choice] <ul style="list-style-type: none"> ○ Yes ○ No ○ Prefer not to say 	

	HIV	Notes
	Population: ALL	
Q15	What is your HIV status? (HIV stands for human immuno-deficiency virus and it is the virus that, if untreated, causes AIDS).	
A	[Single select multiple choice] <ul style="list-style-type: none"> ○ I have never been tested for HIV/I do not know my HIV status ○ I am HIV negative (I have been tested for HIV) ○ I am HIV positive (living with HIV) ○ I am HIV positive and undetectable ○ I am HIV negative and on PrEP (pre-exposure prophylaxis) 	

F. Dating app use

i. Dating app use before COVID-19

Text box:	Notes
<p>The following questions will focus on your dating app use BEFORE COVID-19 (before March 2020).</p> <p>Dating apps include any app you may download from the Google Play or App store onto your phone.</p> <p>Use means downloading them, logging on, viewing other people's profiles or information, sending or receiving messages, or chatting with people.</p>	

	Use-before	Notes
	Population: ALL	This is derived from Rice et al. (2017) changing the word 'Grindr' for Dating Apps.
Q16	<p>BEFORE COVID-19 lockdown and social distancing regulations (before March 2020)...</p> <p>how often, if at all, did you use dating apps?</p> <p>(Please select the option that comes the closest. If you are unsure, please give your best estimate.)</p>	
A	<p>[Single select multiple choice]</p> <ul style="list-style-type: none"> ○ Did not use dating apps ○ About once a month or less ○ About once a week ○ Once a day ○ More than once a day but less than 5 times per day ○ 5 or more times a day ○ I am almost constantly logged onto them ○ Prefer not to say 	

	Reasons-before	Notes
	Population: Respondents who used dating apps (not option 1 at Use-Before)	[options presented randomized]
Q17	<p>BEFORE COVID-19 lockdown and social distancing regulations (before March 2020)...</p> <p>what were your reasons for using Dating apps?</p> <p>You can select all that apply.</p>	
A	<p>[Multiple select multiple choice]</p> <p><input type="checkbox"/> To make new friends</p>	

	<input type="checkbox"/> To meet people to have sex with <input type="checkbox"/> To find someone to date <input type="checkbox"/> To 'kill' time <input type="checkbox"/> To connect to a community <input type="checkbox"/> To find people to drink/use drugs with (chems) <input type="checkbox"/> To communicate with in-person friends <input type="checkbox"/> To reconnect with people from the past <input type="checkbox"/> Other <input type="checkbox"/> Prefer not to say	
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ii. fDating app use during COVID-19

Text box:	Notes
<p>The following questions will ask you about your dating app use DURING COVID-19 (March 2020 to July 2021).</p> <p>We know that what was allowed and what wasn't (e.g. meeting people outside, going to bars, etc.) changed a lot during this period.</p> <p>We ask that you focus on the <u>periods of most strict social distancing</u> (when you were allowed outside only for shopping, essential activities, or to exercise one hour a day).</p>	

	Use-during	Notes
	Population: ALL	
Q18	<p>DURING COVID-19 lockdown and strict social distancing regulations (when you were allowed outside only for shopping, essential activities, or to exercise one hour a day),</p> <p>approximately, how often, if at all, did you use dating apps?</p> <p>(Please select the option that comes the closest. If you are unsure, please give your best estimate.)</p>	
A	<p>[Single select multiple choice]</p> <ul style="list-style-type: none"> ○ Did not use them [screen out] ○ About once a month or less ○ About once a week ○ Once a day ○ More than once a day but less than 5 times per day ○ 5 or more times a day ○ I am almost constantly logged onto them ○ Prefer not to say 	

	Reasons-during	Notes
Population: ALL		
Q19	<p>DURING COVID-19 lockdown and strict social distancing regulations (when you were allowed outside only for shopping, essential activities, or to exercise one hour a day),</p> <p>what were your reasons for using dating apps?</p> <p>You can select all that apply.</p>	
A	<p>[Multiple select multiple choice] [options presented randomized]</p> <p><input type="checkbox"/> To make new friends</p> <p><input type="checkbox"/> To meet people to have sex with</p> <p><input type="checkbox"/> To find someone to date</p> <p><input type="checkbox"/> To 'kill' time</p> <p><input type="checkbox"/> To connect to a community</p> <p><input type="checkbox"/> To find people to drink/use drugs with (chems)</p> <p><input type="checkbox"/> To communicate with in-person friends</p> <p><input type="checkbox"/> To reconnect with people from the past</p> <p><input type="checkbox"/> Other</p> <p><input type="checkbox"/> Prefer not to say</p>	

	Reasons-satisfaction	Notes
Population: ALL		Derived from Pew Research Centre Apps 2020.
Q20	<p>Thinking about the reasons why you used dating apps DURING COVID-19 lockdown and strict social distance (when you were allowed outside only for shopping, essential activities, or to exercise one hour a day),</p> <p>what impact did apps have on the following goals?</p>	
A	<p>[Options populated from those selected on previous question, with a likert scale from 'made it much worse' to 'helped a lot']</p> <p>Scale:</p> <p>Made it much worse</p> <p>Made it slightly worse</p> <p>No impact</p> <p>Made it slightly better</p> <p>Made it a lot better</p> <p>Prefer not to say</p>	

	Intensity-during	Notes
Population: ALL		Based on modified Grindr Intensity Scale adapted from the Facebook Intensity Scale (Hammond Taylor et al. 2017) and then adapted to dating apps (Zervoulis et al. 2020).
Q21	<p>DURING COVID-19 lockdown and strict social distancing (when you were allowed outside only for shopping, essential activities, or to exercise one hour a day),</p> <p>In an average week, approximately how much time per day did you spend actively using dating apps?</p> <p>Use means downloading them, logging on, viewing other people's profiles or information, sending or receiving messages, or chatting with people.</p> <p>You can use your best estimate.</p>	
A	<p>[Single selection multiple choice]</p> <ul style="list-style-type: none"> ○ Less than one hour ○ Between 1 and 2 hours ○ Between 2 and 3 hours ○ Between 3 and 4 hours ○ More than four hours ○ Prefer not to say 	

	Contacts	Notes
Population: ALL		
Q22	<p>DURING COVID-19 lockdown and strict social distancing regulations (when you were allowed outside only for shopping, essential activities, or to exercise one hour a day),</p> <p>approximately how many different people did you talk to on dating apps?</p>	
A	[Text box number]	

	Pay	Notes
Population: ALL		
Q22	Did you pay to use any dating apps during the COVID-19 lockdown?	
A	<ul style="list-style-type: none"> ○ Yes, I paid for an app for the first time during the COVID-19 lockdown ○ Yes, I paid for an app during the COVID-19 lockdown but I had already paid for one before ○ No, I did not pay during the COVID-19 lockdown but had paid for one before ○ No, I didn't pay for an app during or before lockdown 	

	○ Prefer not to say	
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Activities based on app			Notes
Population: ALL			
	In the periods of lockdown and strict social distancing regulations (when you were allowed outside only for shopping, essential activities, or to exercise one hour a day), on average, how frequently did you...		
A	Q23	Attend/take part in face-to-face social meetings organized through dating apps	Likert scale of frequency (from everyday to never) Every day 4-6 times a week 2-3 times a week Once a week Once every 1-2 weeks Once every 3-4 weeks Once a month Less than once a month Never Prefer not to say
	Q24	Go on in person dates with people you had met on dating apps	
	Q25	Make friends (either in person or online) with people you met on dating apps	
	Q26	Meet people in person for sex whom you had found through dating apps	
	Q27	Use dating apps to ease loneliness	

	Precautions				Notes	
Population: ALL						
Q	During COVID-19 lockdown and strict social distancing regulations did you take precautions against COVID-19 when you met people on apps from outside your household for... (select all that apply)					
A	Q28	sex	Did not take any special precautions	Did not meet anyone	Took some COVID-19precautions	Prefer not to say
	Q29	dates				
	O30	friends				

	Help	Notes
Population: ALL		Scale:
Q31	During COVID-19 lockdown and social distancing regulations did dating apps help you with... (select all that apply)	
A	[LIKERT SCALE from ‘made it much worse’ to ‘helped a lot’] <input type="checkbox"/> Satisfying sexual desires <input type="checkbox"/> Fulfilling emotional needs <input type="checkbox"/> Overcoming loneliness	Made it much harder Made it slightly harder No impact Helped a little Helped a lot Prefer not to say

	<input type="checkbox"/> Other/text	
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	Agreements on app		Notes
Population: ALL			
Q	For the following statements, please select the extent to which you agree with them. During COVID-19 lockdown and strict social distancing regulations (when you were allowed outside only for shopping, essential activities, or to exercise one hour a day)...		
A	Q32	Dating apps increased the chances of meeting people offline or face-to-face	Likert scale of agreement
	Q33	It was easy to arrange to meet people outside my household face-to-face through dating apps	Strongly disagree Disagree Neither agree nor disagree
	Q34	Using dating apps made it easy to talk to people about COVID-19 before meeting	Agree Strongly agree Prefer not to say
	Q35	I got information about COVID-19 (what it is, how to test, prevention, vaccines, etc.) through the information and adverts on dating apps	
	Q36	I got information about sexual health (HIV, testing, safer sex, PrEP/pre-exposure prophylaxis, etc.) on dating apps	

	Apps	Notes
Population: ALL		
Q37	<p>From the list below, please select all the dating apps you used during COVID-19. Include those you used regularly and those you only tried once.</p> <p>For this survey, we use ‘dating app’ to refer to any app you may download on your phone from the Play or App store. Use means downloading them, logging on, viewing other people’s profiles or information, sending or receiving messages, or chatting with people.</p>	
A	<p>[Multiple select multiple choice] [Include logo image for each app]</p> <p><input type="checkbox"/> Alt Dating <input type="checkbox"/> Badoo <input type="checkbox"/> Bumble</p>	

	<input type="checkbox"/> Elite Singles <input type="checkbox"/> Chappy <input type="checkbox"/> Christian Mingle <input type="checkbox"/> Flava <input type="checkbox"/> Gaydar <input type="checkbox"/> Grindr <input type="checkbox"/> Happn <input type="checkbox"/> HER <input type="checkbox"/> Hinge <input type="checkbox"/> Hornet <input type="checkbox"/> Inner Circle <input type="checkbox"/> Match <input type="checkbox"/> Muzz/Muzzmatch <input type="checkbox"/> Veggly <input type="checkbox"/> OKCupid <input type="checkbox"/> Plenty of fish <input type="checkbox"/> raya <input type="checkbox"/> Recon <input type="checkbox"/> Scurff <input type="checkbox"/> Surge <input type="checkbox"/> Tinder <input type="checkbox"/> Wapo <input type="checkbox"/> WooPlus <input type="checkbox"/> Zoe <input type="checkbox"/> Zoosk <input type="checkbox"/> Other: [free text field]	
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	Most frequent	Notes
	Population: ALL	
Q38	Of the apps you have selected, which one did you use most frequently?	
A	[single selection multiple choice populated with options chosen on Q74]	

	Most used app	Notes
	Population: ALL	
Q39	For [app most used – derived from variable “DumApps”], please select the statement that most applies:	
A	[single selection multiple choice] <ul style="list-style-type: none"> ○ I already used it before COVID-19 ○ I used it for the first time during COVID-19 ○ Prefer not to say 	

	Most used app2	Notes
	Population: ALL	

Q40	Do you still use [app most used - derived from variable “DumApps”]	
A	[single selection multiple choice] <ul style="list-style-type: none"> ○ Yes, I still use it ○ No I have stopped using it <u>since</u> the COVID-19 lockdown ○ No, I stopped using it during <u>the COVID-19 lockdown</u> ○ <u>Prefer not to say</u> 	

	HIV disclosure	Notes
	Population: (if HIV negative or HIV positive)	
Q41	Do you share your HIV status on your most used app?	
A	[Multiple choice] <ul style="list-style-type: none"> <input type="checkbox"/> I share it on my profile text <input type="checkbox"/> I use an app filter/function/field to share it <input type="checkbox"/> I tell the people I talk to on apps <input type="checkbox"/> Other: ____ <input type="checkbox"/> I do not share it on apps <input type="checkbox"/> Prefer not to say 	

iii. Dating app use after COVID-19

Text box:	Notes
The following questions ask you about the period AFTER COVID-19 (after July 2021).	

	Use-now	Notes
	Population: ALL	
Q42	Nowadays, how often, if at all, do you use dating apps? (Please select the option that comes the closest. If you are unsure, please give your best estimate.) Use means downloading them, logging on, viewing other people’s profiles or information, sending or receiving messages, or chatting with people.	
A	[Single select multiple choice] <ul style="list-style-type: none"> ○ I do not use them ○ About once a month or less ○ About once a week 	

Dating App Connections Project

Supplemental material: Survey Script

	<ul style="list-style-type: none"> ○ Once a day ○ More than once a day but less than 5 times per day ○ 5 or more times a day ○ I am almost constantly logged onto them ○ Prefer not to say 	
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	Reasons-now	Notes
Population: If currently use dating apps (not First option at Use-Now)		
Q43	CURRENTLY, what were your reasons for using Dating apps? You can select all that apply.	
A	<p>[Multiple select multiple choice] [options presented randomized]</p> <ul style="list-style-type: none"> <input type="checkbox"/> To make new friends <input type="checkbox"/> To meet people to have sex with <input type="checkbox"/> To find someone to date <input type="checkbox"/> To 'kill' time <input type="checkbox"/> To connect to a community <input type="checkbox"/> To find people to drink/use drugs with (chems) <input type="checkbox"/> To communicate with in-person friends <input type="checkbox"/> To reconnect with people from the past <input type="checkbox"/> Other <input type="checkbox"/> Prefer not to say 	

	Monkeypox	Notes
Population: ALL		
Q	<p>The UK is currently experiencing an outbreak of monkeypox. You can find more information about monkeypox here.</p> <p>The following questions ask about monkeypox. For the following statements, please select the extent to which you agree with them.</p>	
A	Q44 I know what monkeypox is, how it is transmitted and its symptoms	<p>Likert scale of agreement</p> <p>Strongly disagree Disagree Neither agree nor disagree Agree Strongly agree Prefer not to say</p>
	Q45 I learned about monkeypox from information/advertising provided by dating apps	
	Q46 I learned about monkeypox from people I met/talked with on dating apps	
	Q47 I heard about vaccine clinics and how to get vaccinated through dating apps	

	Discrimination		Notes
	Population: ALL		
Q	During COVID-19 lockdown and strict social distance (when you were allowed outside only for shopping, essential activities, or to exercise one hour a day)... I experienced the following on dating apps...		
A	Q48	Racism (for example, people said they were not interested in meeting or talking to you because of your race, used derogatory slurs/offensive terms, etc.)	Likert scale of frequency: Very frequently Frequently Sometimes Rarely Never Prefer not to say (The option with * only if they selected disability above) (The option with ** only if they chose HIV positive above)
	Q49	People being discriminatory or rude about my body (for example, people said they were not interested in meeting or talking to you because of your weight, or used offensive/derogatory terms)	
	Q50	People being discriminatory or rude about my disability (for example, people said they were not interested in meeting or talking to you, or used derogatory slurs or offensive terms, because you use a wheelchair, are blind, etc.)*	
	Q51	People being discriminatory or rude about my HIV status (for example, people said they were not interested in meeting or talking to you, or used derogatory slurs or offensive terms, etc.)**	

	Q52	People being discriminatory or rude about my age (for example, people said they were not interested in meeting or talking to you, or used derogatory slurs or offensive terms, etc.)	
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G. Loneliness

	UCLA-before				Notes			
Population: ALL								
Q	Before COVID-19 (before March 2020)...							
A	Q53	How often did you feel that you lacked companionship?	Hardly ever or never		Some of the time	Often		Prefer not to say
	Q54	How often did you feel left out?						
	Q55	How often did you feel isolated form others?						
		Q56	How often did you feel lonely?	Often/always	Some of the time	Occasionally	Hardly ever	Hardly ever

	UCLA-during					Notes			
Population: ALL									
Q	During COVID-19 (March 2020 – July 2021)...								
A	Q57	How often did you feel that you lacked companionship?	Hardly ever or never		Some of the time	Often		Prefer not to say	
	Q58	How often did you feel left out?							
	Q59	How often did you feel isolated form others?							
		Q60	How often did you feel lonely?	Often/always	Some of the time	Occasionally	Hardly ever	Hardly ever	Prefer not to say

	UCLA-after				Notes		
Population: ALL							
Q	Currently...						
A	Q61	How often do you feel that you lacked companionship?	Hardly ever or never	Some of the time	Often	Prefer not to say	
	Q62	How often do you feel left out?					

	Q63	How often do you feel isolated form others?						
	Q63	How often do you feel lonely?	Often/ always	Some of the time	Occasionally	Hardly ever	Hardly ever	Prefer not to say

H. Adjustment and resilience

IADQ1							Notes
Population: ALL							
Q	Have you experienced any of the following since March 2020? Choose all that apply.						
A	Q64	Financial problems (e.g., difficulty paying bills, being in debt).	No	Yes, because of COVID-19	Yes, for other reasons	Prefer not to say	
	Q65	Work problems (e.g., unemployment, redundancy, retirement, problems/conflicts with colleagues, change of job role).					
	Q66	Educational problems (e.g., difficulty with course work, deadline pressure)					
	Q67	Housing problems (e.g., stressful home move, difficulty finding a secure residence, lack of secure residence).					
	Q68	Relationship problems (e.g., break-up, separation or divorce, conflict with family or friends, intimacy problems).					
	Q69	My own health problems (e.g., illness onset or deterioration, medication issues, injury or disability)					
	Q70	A loved one's health problems (e.g., illness onset or deterioration, medication issues, injury or disability).					
	Q71	Caregiving problems (e.g., emotional stress, time demands).					
	Q72	Substance use problems (e.g., alcohol or drugs, including prescription					

		drugs not taken as prescribed)					
	Q72	Some other problem not mentioned above.					

Brief resilience scale				Notes
Population: ALL				[Options to appear randomized]
Q	Please select the option that most applies to you			
A	Q73	I tend to bounce back quickly after hard times	Likert scale: - Strongly disagree - Disagree - Neither agree nor disagree - Agree - Strongly agree - Prefer not to say	
	Q74	I have a hard time making it through stressful events.		
	Q75	It does not take me long to recover from a stressful event.		
	Q76	It is hard for me to snap back when something bad happens.		
	Q77	I usually come through difficult times with little trouble.		
	Q78	I tend to take a long time to get over set-backs in my life.		

I. Household

Text box:	Notes
The following questions will ask about where you live and with whom. We understand this may have changed during COVID-19 (March 2020 – July 2021). If it changed, just choose the answer that reflects whom you lived with for the most time.	

	Household members	Notes
Population: ALL		
Q79	During the COVID-19 lockdown and social distancing regulations, between March 2020 and July 2021... Excluding yourself, how many people did you live with? If it changed, just choose the number of people you normally lived with (or lived with the longest).	
A	[Text number field] (Do not include yourself. If you live alone, write 0).	

	Housemates	Notes
Population: IF [HOUSEHOLD MEMBERS] > 0		
Q80	Who did you live with? Select all that apply.	
A	[Multiple select multiple choice] <input type="checkbox"/> Marriage partner <input type="checkbox"/> Legally registered civil partner <input type="checkbox"/> Partner (not married or legally registered) <input type="checkbox"/> Child/children (not your siblings) <input type="checkbox"/> Parent <input type="checkbox"/> Siblings <input type="checkbox"/> Grandparent <input type="checkbox"/> Friend <input type="checkbox"/> Housemate, tenant, lodger <input type="checkbox"/> Pet <input type="checkbox"/> Carer <input type="checkbox"/> Other: [free text] <input type="checkbox"/> Prefer not to say	

	Ownership	Notes
Population: ALL		
Q81	During the COVID-19 lockdown and social distancing regulations, between March 2020 and July 2021... Did you own the place where you lived?	

	(If this changed during this time, choose the option that represents how you lived the longest.)	
A	[Single select multiple choice] <ul style="list-style-type: none"> ○ No, I rent ○ No, but I do not pay rent (for example, parents' house) ○ Yes, I own it or have a mortgage ○ Prefer not to say 	

J. Employment and finances

	Education	Notes
Population: ALL		
Q82	What is the highest level of education you have achieved?	
A	[Single select multiple choice] <ul style="list-style-type: none"> ○ No qualifications ○ Standard grade/National 5/GCSE/O levels or equivalent (normally completed when 16 years old) ○ Highers/A-levels or equivalent (normally completed when 18 years old) ○ Other professional/technical qualification/diploma (non-university education) ○ Degree or advanced degree (normally provided by a university) ○ Prefer not to say 	

	Income-before	Notes
Population: ALL		
Q83	Before March 2020 (before COVID-19), What was your household's total income from all sources (before tax)? Please include earnings, benefits or tax credits, pension and any other income. (This question asks about the total combined income of your household. If you live by yourself and do not share income with anyone, this will be just your own income. If you share money with anyone (or receive money), such as parents, partners, etc. this should be the combined income from all of you).	
A	[Single select multiple choice] <ul style="list-style-type: none"> ○ Less than £5,200 ○ £5,200 to £10,399 ○ £10,400 to £15,599 ○ £15,600 to £20,799 ○ £20,800 to £25,999 ○ £26,000 to £36,399 	

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	<ul style="list-style-type: none"> ○ £36,400 to £51,999 ○ £52,000 to £77,999 ○ £78,000 to £103,999 ○ £104,000 or more ○ Rather not say 	
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	Managing-before	Notes
	Population: ALL	Taken from UCL survey
Q84	Before March 2020 (before COVID-19), how well would you say you were managing financially?	
A	[Single select multiple choice] <ul style="list-style-type: none"> ○ Living comfortably ○ Doing all right ○ Just about getting by ○ Finding it quite difficult ○ Finding it very difficult 	

	Income-change	Notes
	Population: ALL	
Q85	Did your income or how well you were managing financially change during COVID-19? (March 2020 – July 2021)	
A	[Single select multiple choice] <ul style="list-style-type: none"> ○ Yes ○ No 	

	Income-during	Notes
	Population: [INCOME CHANGE]=YES	
Q86	<p>During the COVID-19 lockdown and social distancing regulations, between March 2020 and July 2021...</p> <p>What was your household's total income from all sources (before tax)? Please include earnings, benefits or tax credits, pension and any other income.</p> <p>(This question asks about the total combined income of your household. If you live by yourself and do not share income with anyone, this will be just your own income. If you share money with anyone (or receive money), such as parents, partners, etc. this should be</p>	

	the combined income from all of you). If the income changed during COVID, just provide a rough average.	
A	[Single select multiple choice] <ul style="list-style-type: none"> ○ Less than £5,200 ○ £5,200 to £10,399 ○ £10,400 to £15,599 ○ £15,600 to £20,799 ○ £20,800 to £25,999 ○ £26,000 to £36,399 ○ £36,400 to £51,999 ○ £52,000 to £77,999 ○ £78,000 to £103,999 ○ £104,000 or more ○ Rather not say 	

	Managing-during	Notes
	Population: [INCOME CHANGE]=YES	
Q87	During the COVID-19 lockdown and social distancing regulations, between March 2020 and July 2021... How well would you say you were managing financially?	
A	[Single select multiple choice] <ul style="list-style-type: none"> ○ Living comfortably ○ Doing all right ○ Just about getting by ○ Finding it quite difficult ○ Finding it very difficult ○ Prefer not to say 	

	Employment_before	Notes
	Population: ALL	
Q88	Which of the following best describes what you were doing in February 2020 (before COVID-19)? If you were doing more than one thing, choose your primary one (the one you spent most time doing or your main source of income).	
A	[Single select multiple choice] <ul style="list-style-type: none"> ○ Employed ○ Self-employed ○ In unpaid or voluntary work 	

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Supplemental material: Survey Script

	<ul style="list-style-type: none"> ○ Apprenticeship ○ Unemployed ○ Permanently sick or disabled ○ Looking after home or family ○ In education at school/college/university ○ Retired ○ Doing something else: [text field] ○ Prefer not to say 	
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	Employment-change	Notes
	Population: ALL	
Q89	Did this change during COVID-19 (March 2020 – July 2021)?	
A	[Single select multiple choice] <ul style="list-style-type: none"> ○ Yes ○ No ○ Prefer not to say 	

	Employment_during	Notes
	Population: [EMPLOYMENT CHANGE] = YES	
Q90	Which of the following best describes what you were doing in February 2020 (before COVID-19)? If you were doing more than one thing, choose your primary one (the one you spent most time doing or your main source of income).	
A	[Single select multiple choice] <ul style="list-style-type: none"> ○ Employed ○ Self-employed ○ In unpaid or voluntary work ○ Apprenticeship ○ Unemployed ○ Permanently sick or disabled ○ Looking after home or family ○ In education at school/college/university ○ Retired ○ Doing something else: [text field] 	

	Connection	Notes
	Population: ALL	ONS Harmonization Guides for Internet
Q91	How does your household connect to the internet at home? (tick all that apply)	
A	[Multiple select multiple choice] <ul style="list-style-type: none"> <input type="checkbox"/> Broadband or wifi <input type="checkbox"/> A mobile network such as 3G, 4G, or 5G <input type="checkbox"/> Another way [free text field] 	

	<input type="checkbox"/> Don't know <input type="checkbox"/> No internet <input type="checkbox"/> Prefer not to say	
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	Smartphone	Notes
Population: ALL		
Q92	Do you use a smartphone?	
A	[Single select multiple choice] <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Prefer not to say	

	Smartphone-ownership	Notes
Population: ALL		
Q93	Do you own a/the smartphone?	
A	[Single select multiple choice] <input type="checkbox"/> Yes <input type="checkbox"/> Yes, but I share it with someone else <input type="checkbox"/> No, it is someone else's <input type="checkbox"/> Prefer not to say	

Recontact opt in:

Would you like to opt in to be contacted in the future to take part in an online/telephone follow up interview (expected to last between 30 minutes and one hour) for additional compensation on your use of dating apps. The following activities are optional, you may participate in the research without agreeing to the following. If you would prefer not to opt in please select "Next" without ticking the box below.

☐ I agree that the researchers may contact me in future about taking part in a follow up interview about my use of dating apps (for additional compensation). By opting in to this I consent to being contacted again by MEL Research if you are chosen for this follow up interview, who will share a link with you to sign up for the further research. Please click here to view MEL's privacy policy: <https://melresearch.co.uk/privacy-policy/>

(Pop up if consent given) Please provide your email address so that we may contact you if you are chosen for this follow up interview _____

K. Thank you and referral

Thank for completing this survey. Your answers will help us better understand the role that dating apps had during the COVID-19 lockdown in the UK. You have now completed this survey. Please press "Next" to take you to the page to submit your answers.

If you are feeling anxious, depressed, suicidal or would like some additional or to talk with someone, you can find some useful resources below:

[Each of the 1-3 items below would be an accordion that unfolds when clicked]

1. Relationship advice and support

- **Relate**
 - <https://www.relate.org.uk/relationship-help>
 - The UK's largest provider of relationship support. Last year they helped over two million people of all ages, backgrounds, sexual orientations and gender identities to strengthen their relationships.
 - Offers counselling and advice.
- **Gingerbread**
 - <https://www.gingerbread.org.uk/what-we-do/contact-us/>
 - Offers support for families. This service has an online support chat service and also a phone service 0207 428 5400
- **LGBT Foundation:**
 - Offers talking therapy, access to LGBT affirmative therapy, counselling with an LGBT specialist therapist, FREE sessions to individuals and couples .

- Monday to Friday sessions, evenings included (NB: evening sessions subject to availability).
- If you have any questions about the Talking Therapies Programme contact on 0345 3 30 30 30, email therapy@lgbt.foundation or pop-in between 10am and 6pm Monday to Friday.

- **Stonewall**

- <https://www.stonewall.org.uk/help-advice/contact-stonewalls-information-service>
- Stonewall runs an advice switchboard (freephone 0800 0502020, lines are open 9:30 - 4:30 Monday to Friday)

2. **Feeling suicidal? Reach out for help.**

- **The Samaritans**

- 116 123 (freephone) or 0161 236 8000 (charged at local rate)
- Available 24 hours a day, seven days a week, to talk confidentially about any problem, however big or small

- **The Sanctuary:**

- 0300 003 7029, 8pm-6pm.
- This service is run by the mental health charity [Self Help Services](#) and is based at the Kath Locke Centre on Moss Lane East, in Hulme. It offers a safe and quiet place to people in crisis at night-time.

- **Crisis Point:**

- You can refer yourself by phoning the number below and arranging to visit. Tel: 0161 238 5149 (This is not a helpline.)
- Website: www.turning-point.co.uk/crisis-point.aspx
- Offers a resolution service available from 8am to 7pm, providing immediate or at least same-day one-to-one help for people in crisis.

- **If you are concerned about an immediate risk of harm - either to yourself or someone else - phone 999. If it is not an emergency but you require urgent advice, call 111. Visit your local Accident & Emergency department if necessary.**

3. **Feeling anxious, depressed or need to talk about your mental health?**

- **Your GP (General Practitioner)** should be your first contact. If you are not registered with a GP, you can find more information:
 - <https://www.nhs.uk/Service-Search/GP/LocationSearch/4>