**Research Team**

**Professor Ben Crewe and Dr Susie Hulley   
*Institute of Criminology, University of Cambridge***

**Dr Serena Wright**

***Department of Law & Criminology, Royal Holloway, University of London***

1. I confirm that I have read and understood the separate **Information Sheet** for this study and have had a chance to ask a member of the Research Team questions.

2. I understand that my participation is voluntary and that I am free to withdraw at any time, without giving any reason, and can contact the Research Team named above, and on the Information Sheet, until   
**31st MAY 2023.**

3. I understand that participating in this survey (including non-completion or later withdrawal of consent) will not and cannot affect my parole, standard of care, rights or privileges.

4. I understand that my completed survey will be looked at by members of the research team only.

5. I am happy for members of the research team to use the details below (name and prison number) in order to contact me again in the future for the purposes of their research.

6. I agree to take part in this survey.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of Participant Prison number

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature Date:

Thank you for agreeing to fill in this survey, and for your on-going support of our research into long-term imprisonment from a young age.

This survey is very similar to one you may have completed several years ago, during our first study. It is made up of two main parts, each with a different purpose.

Part I one asks for some background information.

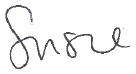
Part II asks about some of the aspects of the sentence that you find most difficult.

The survey takes around 20 minutes to fill in.

If you would like to have anything explained, or have any difficulties with reading or writing, please just let us know team. We will also be available when we collect the surveys to speak to you about any aspect of the survey or about your feelings having filled it in.

Thank you once again for your continued support.

With best wishes,





Professor Ben Crewe, Dr Susie Hulley and Dr Serena Wright

**Part One (a) – About Your Conviction and Sentence**

|  |  |  |
| --- | --- | --- |
| 1. What is your current individual security category?   (please tick one)  Men only   Cat A  Cat B   Cat C   Cat D  Women only   Restricted status   Standard status | | |
| 1. If currently Cat A/ Restricted Status, how long (approximately) has this been your security category?   \_\_\_\_\_\_\_ years \_\_\_\_\_\_\_ months   1. If not currently Cat A/Restricted Status, but have been at some point during this sentence, how long (approximately) was this your security category?   \_\_\_\_\_\_\_ years \_\_\_\_\_\_\_ months | | |
| 1. Do you consider yourself to be guilty of the index offence for your current sentence? (please tick one)    Yes   No   Not sure **If Yes, please skip to Q.6**  **If No, please continue to Q.5** | | |
| 1. *If no, what offence (if any) do you consider yourself to be guilty of? (please write here)* ***\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*** | | |
| 1. For this sentence, were you convicted under the doctrine of Joint Enterprise? (please tick one)    Yes   No   Don’t know **If Yes, please continue to Q.7  If No/Don’t know, please skip to Q.8** | | |
| 1. *If yes, were you identified as (please tick one):*    Principal offender   Secondary offender   Don’t know | | |
| 1. Are you currently appealing, or have you ever appealed, against this conviction, sentence, or both? (please tick one)    Yes   No **If Yes, please answer on to Q.9**  **If No, please skip to Q.10** | | |
| 1. *If yes, which did you appeal? (please tick one)*    Both conviction and sentence   Only conviction   Only sentence  *Please briefly describe the outcome in this space (we will ask you more about this in the interview)* | | |
|  | | |
| **Part One (b) – About You** | | |
| 1. How old are you?   \_\_\_\_\_\_ years | | |
| 1. How would you describe your gender? (please tick one)    Female   Transgender male   Male   Transgender female   Other (please state) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | | |
| 1. How would you describe your current sexual orientation?   (please tick one)   Heterosexual   Gay   Lesbian   Bisexual   Other (please state): \_\_\_\_\_\_\_\_\_ | | |
| 1. How would you describe your current marital status?   (please tick one)   Single   With a partner   Married/civil partnership   Widowed | | |
| 1. How would you describe your marital status before you came to prison on this sentence?   (please tick one)   Single   With the same partner   With a different partner   Married/civil partnership   Widowed | | |
| 1. How would you describe your ethnicity? (please tick one) | | |
|  **Asian/Asian British** – Bangladeshi   **Asian/Asian British** – India   **Asian/Asian British** – Chinese   **Asian/Asian British** – Pakistani   **Asian/Asian British** – Other  (please state:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)   **Black/Black British** – African   **Black/Black British** – Caribbean     **Black/Black British** – Other  (please state:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)   **Other** ethnic group   (please state:\_\_\_\_\_\_\_\_\_\_\_\_) | |  **Mixed** – White and Black African   **Mixed** – White and Black  Caribbean   **Mixed** – White and Asian   **Mixed** – Other  (please state:\_\_\_\_\_\_\_\_\_\_\_\_)   **White** – British   **White** – Gypsy or Irish Traveller   **White** – Irish   **White** – Other  (please state: \_\_\_\_\_\_\_\_\_\_\_\_) |
| 1. Do you have a religion? (please tick one) | | |
|  No religion / Atheist   Christianity   Islam   Hinduism |  Sikhism   Judaism   Buddhism   Other  (please state) \_\_\_\_\_\_\_\_\_\_\_\_ | |
| 1. Since our first interview (2013-14), have you self-harmed or attempted suicide? (please tick one)    Yes   No | | |

This is the end of Part I of the survey. Thank you.

If you found answering any of these questions difficult, please do speak with one of us when we collect your survey, or a member of staff.

The following section, Part II, asks about some of the problems that you may or may not experience as a long-term prisoner.

You may have filled in this survey before; however, we would like to know whether the challenges you are facing now are the same or different to those you identified during our first study, so please do complete this in full.

Part II

Please read each ‘problem’, and circle:

(a) **ONE** response which *best* describes *how often* you experience this problem;

(b) **ONE** response which *best* describes *how easy* the problem is to deal with when you experience it.

If you answer ‘Never’ to part (a) of a question, there is no need to answer part (b).

1. **Wishing that time would go faster**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Wishing you had more privacy**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling that your life is being wasted**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Losing your self-confidence**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling sorry for yourself**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Missing little ‘luxuries’ e.g. your favourite food, home**

**comforts, etc**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Finding it hard to keep out of trouble**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling angry with yourself**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Missing social life**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling suicidal**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling angry with the world**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Missing somebody**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Getting annoyed or irritated with other prisoners**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Being afraid of dying before you get out**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling sexually frustrated**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Being worried about your mental health**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Worrying about how you will cope when you get out**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Being bored**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling that you are losing the best years of your life**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling that the system is ignoring you and your individual needs**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Thinking about the crime that you committed**

**[please put a cross here**  **if you consider yourself ‘not guilty’ of the crime for which you were convicted and skip to Q39.]**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling that you are losing contact with family and friends**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Prison officers making life harder**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling that you have no control over your life**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Not feeling able to completely trust anyone in prison**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Prison psychologists making life harder**

**[please put a cross here**  **if not applicable/you have not had contact with Psychology yet]**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling that the length of your sentence is unfair**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling lonely**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling worried about your personal safety**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling frustrated that you are not progressing through the**

**system**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Worrying about people outside**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling that you have no purpose or meaning in your life**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Worrying about how you are described ‘on file’**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling anxious about the uncertainty of your release date**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling that you have no-one to talk to about things that really matter to you**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Thinking about the amount of time you might have to serve**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Having to follow other people’s rules and orders**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Feeling that you need to be careful about everything you say and do**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |

1. **Being afraid that someone you love or care about will die before you are released**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| a. How often do you experience this problem? | Never | Rarely | Sometimes | Often | Very often |  |
| b. When you experience this problem, how easy is it to deal with? | Very easy | Quite easy | In-between | Quite difficult | Very difficult |  |

**Part III – How you’ve changed since our last interview**

We are also interested in some of the ways that you may have changed **since we first met, in 2013/14,** for good or for bad. Please remember that these answers are strictly anonymous, for the research team named above only and will not be linked to you as an individual. This information will not be available to HMPPS.

Please read each statement carefully, paying attention to whether they state ‘more’ or ‘less’, and circle the response that best describes how you feel. Only circle one answer for each statement and take care to answer each question. Thank you.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| ***Since we met in 2013/14, I have become…*** | | | | | |
| 1. **Better at dealing with my emotions** | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| 1. **More mature** | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| 1. **More distant from my family** | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| 1. **Less positive about my future** | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| 1. **Less likely to use illegal substances (spice, weed, heroin, hooch, *etc*)** | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| 1. **Emotionally hardened / ‘blocked off’** | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| 1. **Fearful of life outside** | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| 1. **A better person overall** | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| 1. **Less angry** | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| 1. **Increasingly fearful that I will not be released** | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| 1. **Unable to remember what life outside feels like** | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| 1. **More hopeful** | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| 1. **Healthier in terms of my mental wellbeing** | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| 1. **Physically healthier** | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| 1. **Better equipped to exist in the community** | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |
| 1. **Less cut off from the outside world** | Strongly agree | Agree | Neither agree nor disagree | Disagree | Strongly disagree |

**Please put this questionnaire in the envelope provided.**

**Seal the envelope and hand it to a member of the research team**

**Thank you very much for your time, and for your continued support of our work.**

**LTP2 Anonymised Survey Code: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Please leave blank – for research team use only. Thank you.**