**Interview Schedule (semi-structured)**

***Basic Demographic questions:***

1. Age.
2. Gender (and sex assigned at birth if you feel it is relevant).
3. Sexuality.
4. Are you clinically or self-identified?
   1. If clinical > how old were you when you received your diagnosis?
   2. If self-identified > how old were you when you realised you were autistic?
5. Do you have any other diagnoses or disabilities you’d like us to know about?
   1. e.g. are you also ADHD, or depressed, or have ME)
6. How would you describe your race/ethnicity?
7. How would you describe your socio-economic status/standard of living?
   1. Is this different from when you were growing up?

***Setting up a safety plan:***

1. **What does safety look like to you? (Set up safety plan)**

***Relationship dynamic questions and recognising victimisation:***

1. At what point in the lifespan did you first experience intimate violence? (e.g. how old were you).
   1. Has it happened multiple times since?
2. Does how you experienced it and thought about it at the time, differ from how you think about it now that time has passed?
   1. If so, how?
3. Did you suspect or realise at the time that this was unreasonable behaviour?
4. What made you recognise that what happened to you was unreasonable?
5. How did you feel after you realised what was happening?
6. How did this affect your relationships moving forward?
7. If this was across multiple relationships, what helped you to break the cycle?
8. What does consent mean to you?
   1. What do you understand it to be?
9. Has there ever been a point in your life where you didn’t feel like you had choices, or realise you had choices?
10. What would have given you more choices at this time?

***Future relationships, and moving forward:***

1. What would you now consider to be “red flags” in relationships? [Red flags are signs that the dynamic might not “good”]
2. What does a good relationship look like to you?
3. What is important to you in your relationships now?

***Getting help, and what help looks like:***

1. Who, if anyone, did you first tell that something had happened?
2. Who did you reach out to for help and support?
   1. What was the result?
   2. If not, why didn’t you?
   3. What stopped you?
3. Would you reach out to the same supports again if you needed help?
   1. Why/ why not?
4. Were there services or supports you considered reaching out to for help but decided against?
   1. If so, why?
5. What would you say were the key aspects of you starting to recover e.g. social supports, environment?
6. What kind of support do you think would have made a difference for you?
   1. What would you like to see in future?
7. What advice would you give someone like you who needs help, based on the experiences you have had?
8. Is there anything else you think is important to tell us?

Thank you from the Research Team, your help is much appreciated.