

## **Interview Schedule for Project Volunteers/Staff**

### **Effect of Growing Together on Participants**

1. We want to understand the impact Growing Together has on various aspects of members' lives including their feelings of loneliness, their relationships with others and their mental health. In your opinion, what impact does the project have on members' feelings of loneliness?
2. In your opinion, what impact does the project have on members' ability to develop relationships with other individuals attending Growing Together?
3. What effect do you think attending Growing Together has on members' ability to develop/improve/maintain relationships with people outside of Growing Together?
4. How does attending Growing together affect members' overall wellbeing, for example their feelings of loneliness and anxiety, their self-esteem and confidence?
5. How does attending Growing Together affect the ability of individuals to manage activities of daily living for example, going to the shops, cooking for themselves, maintaining their homes?
6. Have you noticed any impact of attendance at Growing Together on the need for medical or community health service support, or social care services?
7. What aspects of the project do you think are most important for reducing loneliness and improving health outcomes?

### **Challenges for Members**

8. In your opinion what are the barriers that prevent people from joining or attending Growing Together on a regular basis?
9. In your experience, what are the reasons that members typically leave Growing Together?

### **Referral Process**

10. What are the 'typical' referral routes into Growing Together?
11. Are there any of these referral routes/pathways that are particularly successful?
12. Are there any issues with the current referral routes?
13. In your opinion what are the key factors that determine whether an individual is referred to a project such as Growing Together?
14. In your opinion, what are reasons that might prevent a referral service from recommending Growing Together?

### **The Pandemic and Growing Together**

15. How has the coronavirus pandemic affected the running and delivery of Growing Together?

16. How has the coronavirus pandemic influenced attendance and referrals to the project?

**Future Directions**

17. How do you see the future for Growing Together?

**Final Question**

18. Is there anything you want to tell me that I have not asked?