

Families in Tower Hamlets

Wave two qualitative panel interview guide - for all household adults

Timings	<p>Note to Interviewer</p> <p>Aim of the interview is to ascertain changes in household circumstances since wave one</p> <p>Probe about specific family and community impacts of the pandemic reported in wave one</p> <p>Explore direction on impacts from wave one – bouncing back or continuing/deepening or new impacts</p>	
5 MINS	<p>Introductions</p> <p>Introduce yourself and the research study</p> <p>Reiterate confidentiality</p> <p>Check they have read the information sheet and submitted the consent form</p> <p>Any questions they want to ask</p> <ul style="list-style-type: none"> • PRESS RECORD 	
5-10 mins	<p>To begin with, can you tell me what life has been like for you and your family since we last spoke in [date of wave one interview]. <i>Remind participant of social restrictions in place at the time for context.</i></p> <p><i>Make a note of aspects of life covered [note any aspects not covered by themes below and follow up later]</i></p>	
	THEMES	Questions/probes
10 mins	<p>WORK AND FINANCES explore <i>daily strategies</i> related to changes in work, income and any new exacerbated poverty</p> <p>[note specific work and financial issues reported at wave 1 interview]</p> <p>CHECK: Employment status and Job and any changes from wave 1</p> <p>Finances – same as, better or worse since wave 1</p>	<p>1. Check Job/employment status [inc main or second income earner], whether FT, PT or variable and place of work [home/office/hybrid] now and any changes.</p> <p>Probe: Explore personal feelings about and levels of satisfaction /dissatisfaction with</p> <ul style="list-style-type: none"> ▪ Daily work/life balance [<i>incl pressures felt from work</i>] ▪ Any support they've received from workplace (e.g. work-mates, return to office bonus, ECEC) ▪ Impact on family life [inc. any pressures mentioned] ▪ Managing work and family [with partner, if couple] <p>2. Can you tell me how you are managing financially right now? (e.g. managing to buy food, things for children/baby, pay rent</p>

	Follow up on specific issues reported in W1 intw	<p>or mortgage and bills)?</p> <p>Probe: Changes: to income, if any, since <i>[date of W1 intw]</i> How/why? Explore changes to work (especially Furlough status), earnings (increased or decreased working hours) or benefits (especially Universal Credit); debt as relevant</p> <p>3. If not covered above: follow up on specific work and financial aspects of life reported in W1 intw - What has changed/stayed the same/impact on family life [use probes above under 1.]</p> <p>4. What worries do you have about work and money for the future?</p>
10 MINS	<p>FAMILY/HOME LIFE [note specific home and family life issues reported at wave 1 interview]</p> <p>CHECK: Household composition and any changes</p> <p>Pregnant/new baby</p> <p>Housing and any changes</p>	<p>5. Can you tell me what day-to-day family life is like right now for you and your family?</p> <p>Referring back to key issues reported at Wave 1 [e.g. <i>"When we spoke to you last you said..."</i>], probe the following domains to see how things may have changed and the impact on family life:</p> <ul style="list-style-type: none"> ▪ household routines ▪ caring responsibilities for children and others How are you sharing caring for the children between you both now (if couple)? ▪ Practical responsibilities how are you sharing household chores between you both now (if couple)?; ▪ Parenting responsibilities ▪ Spending time together ▪ social life/getting out and about ▪ Networks/relationships – Friends, family, colleagues ▪ Couple relationship ▪ Adult – child[ren] relationship ▪ Physical Health of family members [Covid; Covid related illnesses/deaths] ▪ Mental health of self & family members <p>6. How do you feel about the way family and home life is now? [Things happy with, things worried about]</p>
10 MINS	<p>CHILD'S LIFE [note specific CHILD'S LIFE issues reported at wave 1 interview]</p>	<p>THESE NEXT SET OF QUESTIONS ARE FOCUSED ON [INSERT TARGET CHILD'S NAME] WHO IS CURRENTLY AGE [CHECK AGE OF CHILD].</p> <p>7. Tell me about what daily life is like for [TARGET CHILD] right now?</p> <p>Probe</p> <ul style="list-style-type: none"> • Routine/types of activities e.g. early years provision, playgroups, physical activities /playing/visits • Any new activities/accessing new provision, is so what/why and how

		<ul style="list-style-type: none"> • Where these are taking place and who with • Activities they used to do but not any more; if so, what and why. • Who they spending time with during the day? • Routines at home [activities, where and with whom they're spending their time]. <p>8. When we spoke back in [February], you talked about some concerns you had about [your son], What concerns if any, do you have now:</p> <p>Probe:</p> <ul style="list-style-type: none"> • CONCERNS REPORTED at W1 INTW: growth, development, relationships, home environment]. • New/old worries • What triggered worries • Cause of worries • Access to help/support If so, what and if not, why. <p>9. If not covered above: follow up on specific CHILD'S LIFE issues reported at W1 intw - What has changed/stayed the same/impact</p>
10 MINS	<p>COMMUNITY [NEIGHBOURHOOD, NETWORKS, EARLY YEARS PROVISION; SCHOOLS; SERVICES..] [note specific COMMUNITY issues reported at wave 1 interview]</p>	<p>10. Referring back to key issues reported at Wave 1 [e.g. "<i>When we spoke to you last you said...</i>"), probe the following domains to see how things may have changed [improved or worsened] and the impact on their/child' Probe:</p> <ul style="list-style-type: none"> • Things happening/to do in the community - What they are doing/involved in • Social Networks - Newly established and existing • Help in the community – explore types of help available and if accessed - community/ religious groups • Support they've received or supporting others? (Kin, Friends) • Accessing services - if so, what, why, and
5 MINS	<p>LEGACY OF PANDEMIC ON FAMILY LIFE</p> <p>WHAT WOULD HELP MOST</p>	<p>Check that the things they mentioned in the opening narrative question have been fully discussed/explored</p> <p>Summarise the things they've mentioned that are still an issue/difficulty for the family.</p> <p>What would be helpful in terms of support from the LA or other sources for these difficulties?</p>

Thank you for helping out with this research.

We will send a summary of findings from the research later in the year.

