

INCLUDE structured interview schedule for family member or friend

Level	Domain	Type	IDEAL No.	Source	Question	Response options
					I'd like to start with some questions about you and your own experiences, and then later on I'll ask more about your experiences of supporting [x] and how you think [x] is doing	
					First of all I have a few questions about what impact the coronavirus outbreak has had on you	
1	COVID	o	-	IDEAL CDI	Overall how do you feel the coronavirus outbreak has affected you?	
1	Health	m	-		[If not mentioned] Have you had the coronavirus? [If yes, establish whether tested and whether treated in hospital]	Yes/no
1	COVID	c	-		[If not mentioned] Has anyone close to you had the virus? [If participant says someone has died, interviewer will respond appropriately]	Yes/no
1	COVID	o	-	IDEAL CDI	[If not already clear] What have been the most difficult aspects of the coronavirus outbreak for you?	
1	COVID	o	-	IDEAL CDI	[If not already mentioned] Have there been any positive aspects or benefits of the coronavirus outbreak?	
1	Social	c	-	ELSA	How do you feel your financial situation now compares to before the coronavirus outbreak? Are you worse off, better off or about the same?	Much worse off A little worse off About the same A little better off Much better off
1	Services - health	m	-	-	Have your healthcare needs been affected by the coronavirus outbreak – for example, appointments postponed or planned operations delayed? [If yes ask for details]	Yes/no
1	Services - health	m	-	-	Did any healthcare services you were already receiving stop due to coronavirus? [if yes ask for details]	Yes/no
1	Services – health	c	-	-	Have you avoided seeking help for any health issues because of the coronavirus? [If yes ask for details]	Yes/no

1	COVID	o	-	IDEAL CDI	Overall how well do you feel you have coped since the coronavirus outbreak?	Very well Fairly well Not very well
1	COVID	o	-	IDEAL CDI	Is there anything you can think of that would have made the situation more manageable for you or enabled you to cope better?	
					Now I'd like to ask how you are feeling about your life in general at the moment	
1	Living well	c	T4 Q63	IDEAL	How would you rate your quality of life?	Very good Good Neither poor nor good Poor Very poor
1	Living well	c	T3 Q186	ONS/ELSA	On a scale of 0 to 10, where 0 is "not at all" and 10 is "very", how satisfied are you with your life nowadays?	A number on a 0 – 10 scale
1	Living well	c	T3 Q187	ONS/ELSA	On a scale of 0 to 10, where 0 is "not at all" and 10 is "very", to what extent do you feel the things you do in your life are worthwhile?	A number on a 0 – 10 scale
1	Psychol	c	-	ONS/ELSA	On a scale of 0 – 10 where 0 is not at all and 10 is very, how happy overall did you feel yesterday?	A number between 0 and 10
1	Psychol	c	-	ONS/ELSA	On a scale of 0 – 10 where 0 is not at all and 10 is very, how anxious overall did you feel yesterday?	A number between 0 and 10
1	Living well	c	T4 Q89	WHO-5	In the last two weeks, how much of the time have you felt cheerful and in good spirits?	All of the time Most of the time More than half of the time Less than half of the time Some of the time At no time

1	Psychol	c	T4 Q35	LOT-R	Overall, would you say you expect more good things to happen to you than bad?	Strongly agree Agree Neutral Disagree Strongly disagree
1	Psychol	m	T1 C2 Q105	IDEAL [response scale changed to fit with ONS]	Do you feel lonely? Has this changed during the coronavirus outbreak? [If yes, ask for details]	Often or always Some of the time Occasionally Hardly ever Never Yes/no
1	Health	c	T4 Q101	IDEAL	Overall, how would you rate your health in the past 4 weeks?	Excellent Very good Good Fair Poor Very poor
					These next questions are more about the contact you have with other people	
1	Social	c	T4 Q267	Lubben	Considering the people to whom you are related by birth, marriage or adoption, how many relatives do you see or hear from at least once a month? Has this changed since the coronavirus outbreak? [If yes, ask for details]	Any number Yes/no
1	Social	c	T4 Q273	IDEAL	How satisfied are you with the support you receive from family?	Very satisfied Slightly satisfied Neither satisfied nor dissatisfied Slightly dissatisfied Very dissatisfied Don't know

1	Social	c	T4 Q270	Lubben	Considering all your friends including those who live in your neighbourhood, how many friends do you see or hear from at least once a month? Has this changed since the coronavirus outbreak?	Any number Yes/no
1	Social	c	T4 Q274	IDEAL	How satisfied are you with the support you receive from friends?	Very satisfied Slightly satisfied Neither satisfied nor dissatisfied Slightly dissatisfied Very dissatisfied Don't know
1		m	T3 Q188	IDEAL	Do you have access to the internet at home Do you use the internet? Do you use social media (Twitter, Facebook)? If yes ask in what way (e.g. email, FaceTime, online meetings) Has this changed since the coronavirus outbreak started? [If yes, ask for details] What else do you use the internet for? (prompt: ordering online, banking, getting information from websites, entertainment, etc) Has this changed since the coronavirus outbreak started? [if yes, ask for details]	Yes/no Yes/no Yes/no Yes/no Yes/no
			T4 Q286 Wrongly labelled Q280 in T4 CRF		How satisfied are you with your neighbourhood as a place to live? Has this changed since the coronavirus outbreak? [If yes, ask for details]	Very satisfied Slightly satisfied Neither satisfied nor dissatisfied Slightly dissatisfied Very dissatisfied Don't know Yes/no

					Now I'd like to ask about your experiences of supporting [x]	
1	Demogr	C	T4 Q21		[If not already known] Do you live with [x]?	Yes/no
1	Relation-ship	m	T4 Q201	PAI	How well do you and [x] get along together? Has this changed since the coronavirus outbreak? [if yes, ask for details and establish whether they were together during the lockdown]	Extremely well Very well Well Quite well Not too well Not well at all Yes/no
	Caring		T4 Q212 Q213 Q214	Caregiving Competence Scale	How often do you feel confident that you are meeting the needs of [x]? How often do you feel that you are doing a good job as a carer? How often do you feel competent in your ability to care for [x]? [After asking the 3 Qs] Has this changed since the coronavirus outbreak? [If yes, ask in what way and why]	All of the time Most of the time Some of the time Never Yes/no
	Caring		T4 Q215	COPE Index	Do you feel you cope well as a carer? Has this changed since the coronavirus outbreak? [If yes, ask in what way and why]	Always Often Sometimes Never Yes/no

	Caring		T1 C2 Q233 Q244	Modified Social Restriction Scale	<p>If you were ill, is there anybody who would step in to help [x]?</p> <p>If you needed a break from your caring role, is there someone who would look after [x] for you?</p> <p>[After asking the 2 Qs] Has this changed since the coronavirus outbreak? [If yes, ask in what way and why]</p>	<p>Yes, I could find someone quite easily</p> <p>Yes, I could find someone but with some difficulty</p> <p>No, there is no-one</p> <p>Yes/no</p>
	Caring		T4 Q244 Q245 Q246	Role Captivity Scale	<p>How much do you wish you were free to lead a life of your own?</p> <p>How much do you feel trapped by [x's] memory, thinking or behaviour difficulties?</p> <p>How much do you wish you could run away?</p> <p>[After asking the 3 Qs] Has this changed since the coronavirus outbreak? [If yes, ask in what way and why]</p>	<p>Not at all</p> <p>Just a little</p> <p>Somewhat</p> <p>Very much</p> <p>Yes/no</p>
	Caring				<p>Have you had a carer's assessment?</p> <p>[if yes] How long ago was that?</p>	Yes/no
	Caring		T4 Q194		Are you a registered carer?	Yes/no
	Caring				<p>What support do you receive as a carer?</p> <p>Has this changed since the coronavirus outbreak?</p> <p>[If yes, ask for details]</p>	
	Caring				<p>Is there a service or named person you could contact in an emergency?</p> <p>[If yes, ask for details]</p>	Yes/no
	Caring				<p>What if anything would help you feel more supported?</p> <p>[Prompt: someone to talk to, support group, new carer's assessment etc]</p>	

					Now I'd like to get your views on how well [x] is doing at the moment	
				-	Have there been any significant changes for [x] since we last saw you for IDEAL? [If yes, ask for details. Prompt: moved house, change in health, life events.]	Yes/no
1	COVID	o	-	IDEAL CDI	Overall how do you feel the coronavirus outbreak has affected [x]? [Prompt: confidence, skills and abilities, activities, mood]	
1	Health	m	-		[If not mentioned] Has [x] had the coronavirus? [If yes, establish whether tested and whether treated in hospital]	Yes/no
1	COVID	c	-	ELSA	How worried, if at all, have you been about [x] having enough food during the coronavirus outbreak?	Not at all Not very Somewhat Very Extremely
1	COVID	m	T1 C3 Q47-58 adapted	IDEAL CDI	How easy or difficult was it for [x] to keep occupied at home during the coronavirus lockdown? What sorts of activities has [x] been doing (e.g. reading, listening to radio, television, puzzles, crafts, carpentry, DIY, gardening, volunteering)? Did [x] try any new activities during the coronavirus lockdown? If yes, which? Were there any activities that were particularly interesting or stimulating for [x]?	Very easy Fairly easy Not very easy Yes/no
1	COVID	o	-	ALWAYS	[If not already mentioned] Since the lockdown ended, we still have to live with various restrictions, like physical distancing or having to wear a mask on the bus. How do you feel these restrictions have affected [x]?	
1	COVID	o	-	IDEAL CDI	[If not already mentioned] Have there been any positive aspects or benefits of the coronavirus outbreak for [x]?	
1	COVID	o	-	IDEAL CDI	Overall how well do you feel [x] has coped since the coronavirus outbreak?	Very well Fairly well Not very well

1	COVID	o	-	IDEAL CDI	Is there anything you can think of that would have made the situation more manageable for [x] or enabled [x] to cope better?	
1	Living well	c	T4 Q133	WHO-5	In the last two weeks, how much of the time has [x] felt cheerful and in good spirits?	All of the time Most of the time More than half of the time Less than half of the time Some of the time At no time
1	Psychol	c	T4 Q132	EQ-5D	Which of these options would best describe [x's] mood today? <ul style="list-style-type: none"> • not anxious or depressed • moderately anxious or depressed • extremely anxious or depressed 	No problem Moderate Extreme
1	Living well	c	T4 Q186	QoL-AD	How is [x's] life as a whole? When you think about [x's] life as a whole, everything together, how do you feel about his/her life? Would you say it is poor, fair, good or excellent?	Excellent Good Fair Poor
1	Social	c	T4 Q	Lubben	Considering the people to whom [x] is related by birth, marriage or adoption, how many relatives does [x] see or hear from at least once a month? Has this changed since the coronavirus outbreak?	Any number Yes/no
1	Social	c	T4 Q	Lubben	Considering all [x's] friends including those who live in the neighbourhood, how many friends does [x] see or hear from at least once a month? Has this changed since the coronavirus outbreak?	Any number Yes/no
1	Social	m	-	-	Does [x] have access to the internet at home? Does [x] use the internet? Does [x] use social media? [if uses internet] Do you help [x] to use the internet, or does x use the internet independently? [If x uses the internet, ask in what way x uses the internet and whether this has changed since the coronavirus outbreak]	Yes/no Yes/no Yes/no Help Use independently
1	Social	m	T1 C2 Q 20-34 &	IDEAL	Does [x] normally take part in social activities outside the home, such as support groups, church activities, choirs, art groups, or memory cafes?	Yes/no

			Q59-71 adapted		<p>[if yes, ask what activities]</p> <p>[ONLY if yes]</p> <p>Most of these kinds of activities stopped due to coronavirus. How did this affect [x]?</p> <p>Did anyone keep in contact with [x] during that time?</p> <p>[If yes ask for details]</p> <p>Have any of these started up again now?</p> <p>[if yes, ask which]</p>	
1	Services	m	T3 C1 Q198-199	CSRI	<p>Before the coronavirus outbreak, did [x] normally go to a day centre? [or equivalent]</p> <p>[If yes] when this closed due to coronavirus, did anyone keep in touch with [x]?</p> <p>Has it restarted now?</p>	
1	MELD-F	c	T3 C1 Q119-124	Life Space	<p>During the past 3 days has [x] been</p> <ul style="list-style-type: none"> • To places outside your immediate town or community? • To places outside your immediate area, but within your town or community? • To places in your immediate area, beyond your own home or place of residence? • To an area outside your home or place of residence, such as a garden, yard, driveway or parking space? • To an area immediately outside your home or place of residence, such as your porch, patio, hallway of an apartment building, or garage? • To other rooms of your home or place of residence besides the room where you sleep? 	<p>Yes/no</p> <p>Stop after the first 'yes' response</p>
1	Demogr	c	-	-	<p>[ONLY if answer yes to 1, 2, 3 and 4 of the above life space questions]</p> <p>Does [x] have a garden or outside area to spend time in?</p>	Yes/no
1	MELD-F	m	-	-	<p>[ONLY If answer yes to 1, 2 or 3 of above life space questions]</p> <p>Does [x] go out to the shops to get food and household items?</p> <p>Has this changed since the coronavirus outbreak?</p> <p>[if yes to changed, ask for more details]</p>	<p>Yes/no</p> <p>Yes/no</p>

1	MELD-F	m	--	ALWAYS	<p>[ONLY If answer yes to 1, 2 or 3 of above life space questions]</p> <p>Does [x] use public transport, such as buses, trams or trains?</p> <p>Has this changed since the coronavirus outbreak?</p> <p>[if yes to use, ask how safe s/he feels using public transport]</p> <p>[If no to use, ask why s/he doesn't use it]</p>	<p>Yes/no</p> <p>Yes/no</p>
1	MELD-C	m	-	RADIX	<p>Since the coronavirus outbreak, have you noticed any changes in [x's] ability to:</p> <ul style="list-style-type: none"> • Remember everyday things • Remember recent events • Concentrate • Say what you want to say • Plan ahead • Make decisions <p>[Once been through above list, if yes to any, ask for more details]</p>	<p>Yes/no for each</p> <p>If yes:</p> <p>Better than before</p> <p>Worse than before</p>
1	MELD-C	c	-	ALWAYS	<p>Does [x] sometimes seem confused?</p> <p>Since the coronavirus outbreak, do you think [x] seems confused more often, or about the same as before?</p> <p>When [x] seems confused, is it worse than before, or about the same?</p>	<p>Yes/no</p> <p>Yes/no</p> <p>Yes/no</p>
	Health			IDEAL	Overall, how would you rate [x's] health in the past 4 weeks?	<p>Excellent</p> <p>Very good</p> <p>Good</p> <p>Fair</p> <p>Poor</p> <p>Very poor</p>
	Health		T4 Q131	EQ-5D	<p>Which of these options would best describe [x's] level of pain/discomfort today?</p> <ul style="list-style-type: none"> • no pain or discomfort • moderate pain or discomfort • extreme pain or discomfort 	<p>No</p> <p>Moderate</p> <p>Extreme</p>

	Health		T4 Q128	EQ-5D	<p>Which of these options would best describe [x's] mobility today?</p> <ul style="list-style-type: none"> • no problems in walking about • some problems in walking about • confined to bed 	<p>No problems Some problems Major problems</p>
	MELD-F		T4 Q129	EQ-5D	<p>Which of these options best describes [x's] ability for self-care?</p> <ul style="list-style-type: none"> • no problems with self-care • some problems washing and dressing him/herself • unable to wash and dress him/herself 	<p>No problem Moderate Extreme</p>
	MELD-F		T4 Q130	EQ-5D	<p>Which of these options best describes [x's] ability to do usual activities (e.g. housework, family or leisure activities)?</p> <ul style="list-style-type: none"> • no problems with performing usual activities • some problems with performing usual activities • I am unable to perform usual activities 	<p>No problem Moderate Extreme</p>
			T4 Q196		<p>On a typical day, how much time do you spend looking after or providing help for [x]?</p> <p>Has this changed since the coronavirus outbreak? [If yes ask for details]</p>	<p>None <1 hour 1 – 2 hours 2 – 3 hours 3 – 5 hours 5 – 10 hours More than 10h but not overnight More than 10 including overnight Other Yes/no Increased/ decreased</p>

1	Services-home care	m	-	-	Did [x] get any extra help at home during the coronavirus outbreak that [x] was not having before? [if yes ask for details]	Yes/no
1	Services - health	m	T3 C2 Q179-181	CSRI	Since the coronavirus outbreak started, has [x] been in contact with the GP? [If yes establish whether in person at surgery, home visit, or telephone consultation, and frequency]	Yes/no
1	Services - health	m	T3 C1 Q182 - 191	CSRI	Since the coronavirus outbreak started, has [x] been in contact with any other health care workers such as a practice nurse, community nurse, physiotherapist, occupational therapist, optician or dentist? [If yes establish who and why]	Yes/no
1	Services – health	c	-	-	Did [x] avoid seeking help for any health issues because of the coronavirus? [If yes ask for details]	Yes/no
1	Services - health	m	T3 C1 Q161-164	CSRI	Since the coronavirus outbreak started, has [x] been to hospital as an outpatient to see a specialist, attend a clinic or go to A&E? [if yes ask for details]	Yes/no
1	Services - health	m	T3 C1 Q165-173	CSRI	Since the coronavirus outbreak started, has [x] had to stay in hospital? [if yes ask for details]	Yes/no
1	Services - health	m	T3 C1 Q200-201	CSRI	Since the coronavirus outbreak started, has [x] had to stay in a nursing home or care home? [if yes ask for details]	Yes/no
1	Services - health	m	T3 C1 Q252-254	CSRI	Is [x] taking any prescribed medication? [if yes ask for details, if available]	Yes/no
1	Services - health	m	-	-	Were [x's] healthcare needs affected by the coronavirus outbreak – for example, appointments postponed or planned operations delayed? [If yes ask for details]	Yes/no
1	Services - health	m	-	-	Did any healthcare services [x] was already receiving stop due to coronavirus? [if yes ask for details]	Yes/no

					Thank you for answering all these questions and telling me about your experiences.	
1	-	o	-	-	Is there anything else you'd like to tell me about, that we haven't covered?	
					Interviewer will explain that we will either be back in touch for another telephone conversation, or someone from the local NHS will be in contact to arrange another visit in the future. Interviewer will ask whether the interviewee is willing to be contacted by our team for other studies. If yes, interviewer will get agreement for further contact.	