

Living well and enhancing active life: The IDEAL-2 study INCLUDE

INVITATION TO ANSWER SOME QUESTIONS ABOUT YOUR EXPERIENCES OF THE CORONAVIRUS (COVID-19) EPIDEMIC

Dear [Participant's Name]

We are contacting you to ask if you would consider talking with a researcher about your experiences during the coronavirus (COVID-19) epidemic. This is part of the IDEAL research study called INCLUDE. You are already a participant in the IDEAL study, and you have given valuable information about aspects of your life which help you to live well or make living well more challenging. Thank you for your contribution to this important research.

We are interested in how COVID-19 has impacted you and your ability to live well. We will use the information to develop resources to help other people in a similar situation to manage the challenges of this unusual time.

If you are interested in taking part [enclosed with this letter is/a researcher will go through] more detailed information about the study. A researcher will call you at a convenient time to answer any questions and find out if you would like to share your thoughts on this topic. If so, the researcher will arrange a time to talk to you about your experiences.

Yours sincerely

[researcher's name]

IDEAL-2 Researcher, University of Exeter

[ADD PHONE NUMBER]