

Residents Interview Schedule (Longitudinal wave 1)

Promoting Social Inclusion in Housing with Care and Support for Older People in England & Wales.

*A research project at the University of Bristol
Funded by the Economic and Social Research Council*

Thank you for taking part in this Project. I hope you have found the Information Sheet helpful. Do you have any questions about the study?

EARLIER LIFE

Firstly, we would like to learn a little bit about you and your current life...

1. Could tell me a little bit about yourself?

Prompt: do you live with anyone; relationship status; date of birth.

2. Can you tell me a little bit about your life prior to moving into [name of HCS scheme]?

Prompt: Where previously lived; did you live with anyone; did you enjoy living where you did previously; were there friends and social activities nearby?

a. How was it different to living here at [name of HCS scheme]?

3. Can you tell me a little bit more about your earlier life?

Prompt: Where did you grow up; earlier family life; education.

Probe on specific life-experiences (e.g. adverse childhood and schooling experiences, earlier career experiences, relationships in earlier life, both family and romantic, adverse life experiences e.g. crime, divorce, accidents, ill-health) and how this has affected them.

4. Did you work previously?

Prompt: What did you do and did you feel valued by others in your working life?

a. Are you currently working?

5. Can you tell me a little about your friendships earlier in your life?

Prompt: number of friendships; activities enjoy doing with friends; commonalities; maintained contact with these people

a. Have these friendships changed throughout your life?

If YES: How? Explain?

6. Have you felt part of groups/connected to others over the course of your life?

Prompt: what groups; types of groups

a. Have there been times when you have not felt included by others in groups? Explain

7. Can you think of any examples of times when you have ever felt unwelcome or not recognised by others because of who you are as an individual in your earlier life? (because of: refer back to the list of protected characteristics here, have a list here)

IF YES:

a. Can you explain what happened, who was involved and how you felt?

b. Would you say you felt left out?

- c. Has this experience impacted on any other aspects of your life?
(For example, has this experience impacted on where you have chosen to work/live/spend your time?)
- d. Have you experienced anything similar more recently or in a different situation?

8. Can you think of any specific times when you have felt particularly welcome and valued by others in your earlier life?

IF YES: Can you explain what happened and how you felt?

HEALTH, HELP AND SUPPORT

9. How would you describe your current health? (physical and mental health)

- a. Has this changed at all over the last few years?

IF POOR HEALTH: How does that impact your day-to-day life including taking part in activities and friendships?

10. Do you currently receive any care and support from anyone?

IF YES:

- a. Can you tell me what support, who provides it (staff at [HCS Scheme], staff from elsewhere, family) and how often?

11. Are staff here available should you need care or support?

Prompt: Do you feel staff help with your specific needs?

IF YES: Do you feel that staff here value you as an individual? Give an example

RESIDENT'S LIVES IN THE PRESENT AT THE HCS SCHEME/TRANSITION INTO THE SCHEME

12. Can you tell me what type of accommodation you live in? (E.g. flat, bungalow, bedrooms)

- a. Do you rent or own your accommodation?

13. Can you talk me through your main reasons for moving to [name of HCS scheme]?

Prompt: When did you move here; How did you find out about it; did you visit the scheme beforehand

- a. Did you discuss your decision to move here with anyone beforehand/was anyone else involved in the decision?

IF YES: Please discuss

14. How did you find the process of moving to [name of HCS Scheme]?

Prompt: Difficulties you encountered; help from others.

- a. Would you say you feel settled now living here at [name of HCS]?

Probe: What makes you say that?

- b. Were you introduced to staff and residents when you arrived here?

15. How would you describe living at [name of HCS scheme]?

Prompt: best things/worst things about living here; how it compares to living where you did previously

- a. Do you find it easy to move around the scheme and access communal rooms e.g. TV lounge etc.

Prompt: What makes you say that

16. Would you say you feel included by others here at [name of HCS]?

IF YES: Explain

a. Did residents and staff make you feel welcome here?

IF NO:

Prompt: what makes you say that

a. Would you say you felt excluded or unwelcome? Please explain

17. Would you say others here value you?

Prompt: Who, residents, staff etc.

IF YES:

a. How does that make you feel?

IF NO:

b. How does that make you feel?

18. What are the main things you hope to gain from living here at [name of HCS]?

Prompt: Friendships, companionship, activities, care and support

SOCIAL CONTACT AND CONNECTION TO OTHERS

19. Not including the people who live here at [name of HCS], how often do you..

a. See/meet up with relatives or friends?

b. Speak to relatives or friends on the phone?

c. Text or email or use the internet to talk to these people?

20. Is this a similar level of contact compared to what you had before moving here?

Prompt: Explain changes in contact and why

a. Do you still attend any groups or activities you did before moving in?

21. Who would you seek advice from or confide in about an emotional problem/sensitive issue? Prompt: family, friends, staff

22. How would you describe the mix of people who live here with you at [name of HCS]?

(ages, backgrounds, care needs, kindness, gender)

a. Do you feel you have things in common with other people who live here?

Probe: What makes you say that?

b. How are you different? Does this difference affect your engagement and friendships with others?

c. How much time do you spend with other people living here?

23. Would you say you feel part of a community here at [name of HCS]?

IF YES: What is that makes you feel included? Explain

a. Is this different to where you lived before?

b. How does this compare to how included you feel outside of [name of HCS] in the wider community?

IF NO: What makes you say that?

24. Would you say you have made friends here at [name of HCS scheme]?

IF YES:

- a. Do these friendships differ to those outside of [name of HCS] and how?
IF NO: Why do you think that is?

25. Are there established friendship groups that have formed here?

- a. Are you part of these friendship groups?

IF NO: What makes you say that and do you feel left out?

26. Do you ever feel that you lack companionship?

Prompt: How often; what situations prompt this (e.g. your own / partner's health, finances, separation / bereavement)

27. Do you ever feel left out?

Prompt: How often; what circumstances prompt this (e.g. your own / partner's health, finances, separation / bereavement)

28. Do you ever feel isolated from others?

Prompt: How often; what circumstances prompt this (e.g. your own / partner's health, finances, separation / bereavement)

SOCIAL PARTICIPATION AND ACTIVITIES

29. What kind of hobbies/interests did you have before you lived here?

- a. Are these different to hobbies/interests you have now?

IF YES: Why? What are the barriers to engaging in your hobbies of interest here?

30. Do you take part in any group activity here? (e.g. exercise class, film night, book club etc.)

IF YES: What activity are you involved in? How often do you meet?

What is it you like most about taking part in this group?

IF NO: Please explain; what stops you from taking part

31. On a daily basis, do you feel that there is enough for you to get involved with at [name of HCS]?

- a. Are there any events/activities provided here that you wouldn't feel able to attend?
Please explain
- b. Are there any events or activities that you'd like to see here/attend that aren't available?

32. What do the staff do here to ensure that residents are included in activities/groups here?

- a. Is there anything you think they could do more of to include all residents?

33. Do you take part in any activities/have access to any facilities in the wider community?
(e.g. leisure centres, civic-organisation groups, activity groups, libraries, cinema, pub)

Prompt: What activities; how often

- a. How do you get to these places? Does anyone help you get there?

Prompt: Would you like to access these more often?

IF NO: What are the barriers to participating in social activities in the wider community?

FINAL QUESTIONS

- Anything else you would like to comment on?
- Anything you would like to return to?

- Any further questions about the project?
- Arrange time/date for next follow up interview/voucher and voucher form

Thank you for taking part in our study.