

Navigations of Toilet Access for Couriers and Food Delivery Riders



Diary guidance

This project is interested in how you access toilets as part of your work as a courier and/or food delivery rider. In order to find out about this, I'd like you to provide audio or noted commentaries of the places and times in which you access toilets as part of your mobile work. It is entirely up to you how you wish to complete the audio/written diary entries. You can make as few or as many entries over the two-week period as you like. These entries can be as long or as short as you like. Here are a few suggestions that you can respond to if you wish:

1. Explain your working shift and the points at which you stopped to access the toilet.
2. Where are the toilets you tend to use while at work? How difficult or easy are they to find?
3. What sort of toilets do you use on your routes? Which toilets do you prefer and why?
4. Are there networks or agreements with places or people that enable you to access toilets?
5. Are there any problems with the toilets you use or in being granted access to them?

These questions are prompts to give you some ideas of the things that this project is interested in. You do not have to answer all or any of them and there may be other issues you feel are relevant to tell me. Please complete your diary in a safe place and only record your entries at times where you are not actively working (such as before a shift, during a break or after work) and when you are stationary. Please remember that all activities, thoughts or feelings are worth sharing here, even if they seem small or mundane to you.

Once you've completed your audio diary, please get in touch with me. Your entries can be returned via email transfer or via post in a pre-paid envelope that I can provide. After I've received your diary entry, I will get in touch to arrange a time to chat with you. This will be a time to discuss your reflections and for us to speak freely about matters important to you. Please be reminded that both the diary and interview are optional. You can choose to do one or both of these. If you have any questions, please do not hesitate to get in touch with me at l.e.white@sheffield.ac.uk or via phone 07840 443352 or (0114) 222 6471.

Thank you for taking the time to take part in this research project.