# Interviews with the men

**1. Ice breaker**

**2. Success**

* What made you want to come to group?
* (How) Has the men’s group helped you?
* Did the group help you leave/ move on… and how?
* What other changes happened (as a result of attending the men’s group)?

**2. Group atmosphere**

* Did you feel confident talking in group?
* Was there enough staff to help?
* Did you trust the group tutors?
* How did you manage to trust tutors?
* What helped you through the tough parts?
* Is it ok to have fun in the group?
* How important is it to have staff to talk to (outside the group)?
* What support do staff need to support men with the diary sheets?

**3. Tools**

* What was the best thing that helped you learn?
* Was drawing/ role play helpful?
* Did you find the homework useful?

**4. Moving on**

* What have you learned in the men’s group?
* What have you learned about risks and how to keep yourself safe?
* Are you using what you have learned in [community setting] or on outings?
* Who supports you with this and how?
* What is good about your life right now?
* What makes you feel proud?
* What are your dreams for the future?
* Who helps you build a good life/ supports you achieve things you are proud of and how?

**5. Other**

* Was the group the right length/ too short/ too long/ just right?
* How do you keep what your learned in group fresh?
* What were the good and bad bits of group?
* How important is family support?

# Interviews with staff

**Information sheet & questions for social network interviews**

Men who attend adapted sex offender treatment programs work towards two key outcomes, which are listed on this information sheet. You are asked to comment on your service user’s progress.

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| **Outcome 1: Increase risk management capacities**  This is achieved through:   * Setting clear boundaries of sexual behaviour * Insight into person’s risks * (Sexual) self-regulation |  |

**Questions:**

* To what extent are his risks known?
* To what extent can he manage his risks on his own?
  + What additional help does he need?
  + What do you do to support him?
* Overall, how satisfied are you that risks are managed (either by the man on his own or with support from different helpers/ agencies)?
* Identify gaps: What more could be done?

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| **Outcome 2: Developing a pro-social identity**  This is achieved through: | Image result for prosocial behaviour |
| * Work around personal values, including victim empathy * Developing meaningful social roles, such as through volunteering, leisure activities, education or employment * Develop positive relationships/ improve existing relationships | |

**Questions:**

* To what extent has he made progress in these areas?
* What hinders him to make progress?
* What do you do to support him?
* Identify gaps: What more could be done?

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| **Additional Questions** |
| How do you rank XXX? Is he a success story/ mixed/ a problem story? Why do you think that? |
| From your perspective: Have xxx done enough to help XXX to prepare for his return to the community? |
| How optimistic are you for XXX’s plans to move on?   * Do you think it will happen in a timely fashion? * Do you think he will succeed? (Has he got all the support in place that he needs? Will he be abler to do this? |
| What changes have you seen since the conception of Transforming Care?   * Do you think it has directly impacted on XXX’s ability to move on? |
| For those who remained in hospital for many years post treatment.   * Why was that? Was it that treatment hadn’t actually worked? * Why do you think things are finally moving on for him? * What are you doing to help him prepare for his move?   + Are some of the tools he learned in the treatment helping him? |
| Is he still using his diary sheets/ reminder cards/ any other tools he learned in group? Does this help him? |
| How important/ helpful/ hindersome has his family been? |