**Scenario 2: Sophia**

**Sophia** moved to the UK with her parents when she was a small girl. A shy person, she  
sometimes found it hard to develop close friendships at school but enjoyed being with smaller  
groups of people who did the kinds of things she liked. She is close to her parents and her  
two brothers and continues to spend a lot of time with her family. At university, Sophia met a young man whom she liked a lot. This young man asked her to come to a group he was involved with who believe that direct political action was the most effective way of protesting against various social problems and injustices. The young man became Sophia’s boyfriend and  
Sophia now spends most of her social time with her boyfriend and his friends in the group.  
Some members of the group argue that to achieve their political goals at home, they need to  
learn skills in armed combat. The group is planning a training camp for this purpose. While Sophia does not want to go overseas or involve herself in any direct action, her boyfriend asks her if she can help organise financial and other practical support to aid the group in their plans for action.

Sophia becomes very secretive when working on her computer at home, shutting it down  
whenever any of her flatmates come into her room. She sounds angry when news items come  
on TV or radio dealing with various social issues and conflicts. She visits her family less than  
before.

**You** are close to Sophia. You have noticed her secretive behaviour around her computer  
when you are nearby, her withdrawal from casual conversations and her rising anger about  
various world events. You feel something is very wrong, but when you ask Sophia about this,  
she tells you it’s just stress from her studies. You don’t believe her and think there is some other  
problem that she is not telling you about. You have met her boyfriend and are aware of the  
political group he is involved in. You know Sophia engages with this group but you are not sure how involved Sophia herself is. You believe it’s a free country and people are entitled to their opinions, but you are worried that Sophia has become involved in something that may lead to violence that harms her and others.