

✚ Gender:

	Participants Answer	Coded Answer
Main Categories	Man	1
	Woman	2
	Non-Binary	3
	Prefer not to say	4
	Prefer to self-describe	5

✚ Sexuality:

	Participants Answer	Coded answer
Main Categories	Heterosexual	1
	Gay or Lesbian	2
	Bisexual	3
	Prefer not to say	4
	Prefer to self-describe	5
	Bisexual &Heterosexual	6
	Homosexual & Heterosexual	7
	Heterosexual & Self describe	8
	Homosexual &Self Describe	9
	Bisexual &Self Describe	10
	Bisexual &Homosexual	11
	Homosexual & Heterosexual &Self Describe	12

✚ Ethnic Background:

	Participants Answer	Coded answer
Main Categories	Bangladeshi	1
	Chinese	2
	Indian	3
	Pakistani	4
	Any other Asian background (please describe)	5
	African	6
	Caribbean	7
	Any other Black/African/Caribbean background (please describe)	8
	White and Asian	9
	White and Black African	10
	White and Black Caribbean	11
	Any other Mixed/Multiple ethnic background (please describe)	12
	English/Welsh/Scottish/Northern Irish/British	13
	Irish	14
	Roma/Traveller/Irish Traveller	15
	Any other White background (please describe)	16

	Arab	17
	Any other ethnic group (please describe)	18
	Prefer not to say	19
Other white	Any other white background- Non English-speaking European	20
	Any other white background- Australian	21
	Any other white background- American (U.S.A)	22
	Any other white background- (South) African/African British/ African Scottish	23
	Any other white background- English/Welsh/Scottish/British & Irish	24
	Any other white background- (English)Canadian	25
	Any other white background-New Zealand	26
	Any other white background-South American	27
	Any other white background-North American	28
	Any other white background-Jewish	29
	Any other white background – British/English/Irish &American	30
	Any other white background-British/English &New Zealand	31
	Any other white background-British/English/Scottish& Australian	32
	Any other white background - English/Welsh/Scottish/Irish/British & European	33
	Any other white background- British/English defined by region within U.K.	34
Any other white background - Other	35	
Other Ethnic	Any other ethnic group-Jewish	36
	Any other ethnic group-European	37
	Any other ethnic group-South American	38
	Any other ethnic group-Other	39
Other Black	Any other Black group- Caribbean &African	40
	Any other Black group- Black British/English	41
	Any other Black group- Black American	42
	Any other Black group- Other	43
Other Asian	Any other Asian group- Asian British	44
	Any other Asian group- Other	45

 Country / UK Region:

- 1 Albania
- 2 Algeria
- 3 Argentina
- 4 Australia
- 5 Austria
- 6 Bahamas
- 7 Bahrain
- 8 Bangladesh
- 9 Barbados
- 10 Belarus
- 11 Belgium
- 12 Bhutan
- 13 Bolivia
- 14 Bosnia and Herzegovina
- 15 Brazil
- 16 Bulgaria
- 17 Canada
- 18 Chile
- 19 China
- 20 Colombia
- 21 Costa Rica
- 22 Croatia
- 23 Cyprus
- 24 Czech Republic
- 25 Denmark
- 26 Egypt
- 27 Estonia
- 28 Ethiopia
- 29 Fiji
- 30 Finland

- 31 France
- 32 Germany
- 33 Ghana
- 34 Greece
- 35 Guatemala
- 36 Guyana
- 37 Haiti
- 38 Hong Kong (S.A.R.)
- 39 Hungary
- 40 Iceland
- 41 India
- 42 Indonesia
- 43 Iran, Islamic Republic of...
- 44 Ireland
- 45 Israel
- 46 Italy
- 47 Jamaica
- 48 Japan
- 49 Jordan
- 50 Kazakhstan
- 51 Kenya
- 52 Kuwait
- 53 Latvia
- 54 Lebanon
- 55 Lesotho
- 56 Lithuania
- 57 Luxembourg
- 58 Malaysia
- 59 Malta
- 60 Mauritius
- 61 Mexico

- 62 Monaco
- 63 Mongolia
- 64 Morocco
- 65 Mozambique
- 66 Nepal
- 67 Netherlands
- 68 New Zealand
- 69 Nigeria
- 70 Norway
- 71 Oman
- 72 Pakistan
- 73 Panama
- 74 Papua New Guinea
- 75 Peru
- 76 Philippines
- 77 Poland
- 78 Portugal
- 79 Republic of Korea
- 80 Romania
- 81 Russian Federation
- 82 Saint Lucia
- 83 Saint Vincent and the Grenadines
- 84 Saudi Arabia
- 85 Serbia
- 86 Seychelles
- 87 Sierra Leone
- 88 Singapore
- 89 Slovakia
- 90 Slovenia
- 91 South Africa
- 92 Spain

- 93 Sri Lanka
- 94 Sweden
- 95 Switzerland
- 96 Syrian Arab Republic
- 97 Thailand
- 98 Trinidad and Tobago
- 99 Turkey
- 100 Turkmenistan
- 101 Uganda
- 102 Ukraine
- 103 United Arab Emirates
- 104 United Kingdom of Great Britain and Northern Ireland
- 105 United Republic of Tanzania
- 106 United States of America
- 107 Uruguay
- 108 Venezuela, Bolivarian Republic of...
- 109 Viet Nam
- 110 Yemen
- 111 Zambia
- 112 Zimbabwe
- 113 Missing
- 114 Cook Islands

 **UK Region & British/Crown Dependencies**

- 1 East Anglia
- 2 East Midlands
- 3 London
- 4 North East
- 5 North West
- 6 Northern Ireland

- 7 Scotland
- 8 South East
- 9 South West
- 10 Wales
- 11 West Midlands
- 12 Yorkshire and the Humber
- 13 Missing
- 14 British/Crown Dependencies

✚ Who did you have in mind when you were answering the last set of questions? (this question is part of the emotion communication section):

	Participants Answer	Coded answer
Main Categories	A friend	1
	A partner (including ex-partner/lover)	2
	A family member	3
	A stranger	4
	No one in Particular	5
	Someone else	6

✚ Chronotypes:

	Participants Answer	Coded answer
Main Categories	Definitely a morning type	1
	Rather more a morning type than an evening type	2
	Rather more an evening type than a morning type	3
	Definitely an evening type	4