Code book for Excel file: Study 3 data sheet.xlsx

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| --- | --- | --- | --- | --- |
| Variable | Position | Label | Values | Measurement level |
| ID | A | Anonymised participant number |  | Nominal |
| School | B | School which participant attended |  | Nominal |
| Gender | C | Participant’s gender | 1 = Male  2 = female | Nominal |
| Age\_months | D | Participants age in months |  | Scale |
| Class | E | Class in which the participant was enrolled | P4 = Primary 4  P6 = Primary 6  P7 = Primary 7 | Nominal |
| DoG\_Trial\_Order | F | Order in which the delay of gratification trials were administered |  | Nominal |
| Rubber\_1D | G | Participants choice on delay of gratification rubber 1 day delay trial | 0 = immediate  1 = delayed | Nominal |
| Pens\_1M | H | Participants choice on delay of gratification Pens 1 month delay trial | 0 = immediate  1 = delayed | Nominal |
| Rubber\_1W | I | Participants choice on delay of gratification rubber 1 week delay trial | 0 = immediate  1 = delayed | Nominal |
| Cards\_1M | J | Participants choice on delay of gratification cards 1 month delay trial | 0 = immediate  1 = delayed | Nominal |
| Sweets\_1D | K | Participants choice on delay of gratification sweets 1 day delay trial | 0 = immediate  1 = delayed | Nominal |
| Pens\_1W | L | Participants choice on delay of gratification Pens 1 week delay trial | 0 = immediate  1 = delayed | Nominal |
| Rubber\_1M | M | Participants choice on delay of gratification rubber 1 month delay trial | 0 = immediate  1 = delayed | Nominal |
| Sweets\_1W | N | Participants choice on delay of gratification sweets 1 week delay trial | 0 = immediate  1 = delayed | Nominal |
| Cards\_1D | O | Participants choice on delay of gratification cards 1 day delay trial | 0 = immediate  1 = delayed | Nominal |
| Sweets\_1M | P | Participants choice on delay of gratification sweets 1 month delay trial | 0 = immediate  1 = delayed | Nominal |
| Cards\_1W | Q | Participants choice on delay of gratification cards 1 week delay trial | 0 = immediate  1 = delayed | Nominal |
| Pens\_1D | R | Participants choice on delay of gratification Pens 1 week delay trial | 0 = immediate  1 = delayed | Nominal |
| Total\_Delays | S | Total number of delay of gratification trials on which the delayed choice was selected |  | Scale |
| Delays\_1D | T | Number of delayed choices on 1 day delay of gratification trials |  | Scale |
| Delays\_1W | U | Number of delayed choices on 1 week delay of gratification trials |  | Scale |
| Delays\_1M | V | Number of delayed choices on 1 month delay of gratification trials |  | Scale |
| IP\_1D | W | Indifference point on 1 day delay discounting trials |  | Scale |
| IP\_1W | X | Indifference point on 1 week delay discounting trials |  | Scale |
| IP\_2W | Y | Indifference point on 2 weeks delay discounting trials |  | Scale |
| IP\_3M | Z | Indifference point on 3 months delay discounting trials |  | Scale |
| Trials\_1D | AA | Number of trials to reach asymptote on 1 day delay trials |  | Scale |
| Trials\_1W | AB | Number of trials to reach asymptote on 1 week delay trials |  | Scale |
| Trials\_2W | AC | Number of trials to reach asymptote on 2 week delay trials |  | Scale |
| Trials\_3M | AD | Number of trials to reach asymptote on 3 month delay trials |  | Scale |
| Trials\_Total | AE | Total number of trials to reach asymptote on delay discounting task |  | Scale |
| Point\_AUC | AF | Area under the curve score for the delay discounting task calculated using the points based method |  | Scale |
| Model\_AUC | AG | Area under the curve score for the delay discounting task calculated using the model based method |  | Scale |
| CB | AH | Counterbalancing order for the time estimation task trials |  | Nominal |
| TE\_1D | AI | String length in cm for the 1 day estimate |  | Scale |
| TE\_3D | AJ | String length in cm for the 3 day estimate |  | Scale |
| TE\_1W | AK | String length in cm for the 1 week estimate |  | Scale |
| TE\_2W | AL | String length in cm for the 2 week estimate |  | Scale |
| TE\_3W | AM | String length in cm for the 13 week estimate |  | Scale |
| TE\_1M | AN | String length in cm for the 1 month estimate |  | Scale |
| TE\_2M | AO | String length in cm for the 2 month estimate |  | Scale |
| TE\_3M | AP | String length in cm for the 3 month estimate |  | Scale |
| Block\_Design | AQ | Wechsler Intelligence Scale for Children Block Design subscale score |  | Scale |
| Vocabulary | AR | Wechsler Intelligence Scale for Children Vocabulary subscale score |  | Scale |
| TOM1\_Speed | AS | Speed with which participants judge that the first narrated tomorrow event came to mind |  | Scale (1-3) |
| TOM1\_Clarity | AT | Participant’s rating of the clarity with which the first narrated tomorrow event is imagined |  | Scale (1-6) |
| TOM1\_Emotion | AU | Participant’s rating of the emotional valence felt when imagining the first narrated tomorrow event |  | Scale (1-7) |
| TOM1\_Internal | AV | Number of internal details (Levine et al., 2002) recalled by participant during the first narrated tomorrow event |  | Scale |
| TOM2\_Speed | AW | Speed with which participants judge that the second narrated tomorrow event came to mind |  | Scale (1-3) |
| TOM2\_Clarity | AX | Participant’s rating of the clarity with which the second narrated tomorrow event is imagined |  | Scale (1-6) |
| TOM2\_Emotion | AY | Participant’s rating of the emotional valence felt when imagining the second narrated tomorrow event |  | Scale (1-7) |
| TOM2\_Internal | AZ | Number of internal details (Levine et al., 2002) recalled by participant during the second narrated tomorrow event |  | Scale |
| NW1\_Speed | BA | Speed with which participants judge that the first narrated next week event came to mind |  | Scale (1-3) |
| NW1\_Clarity | BB | Participant’s rating of the clarity with which the first narrated next week event is imagined |  | Scale (1-6) |
| NW1\_Emotion | BC | Participant’s rating of the emotional valence felt when imagining the first narrated next week event |  | Scale (1-7) |
| NW1\_Internal | BD | Number of internal details (Levine et al., 2002) recalled by participant during the first narrated next week event |  | Scale |
| NW2\_Speed | BE | Speed with which participants judge that the second narrated next week event came to mind |  | Scale (1-3) |
| NW2\_Clarity | BF | Participant’s rating of the clarity with which the second narrated next week event is imagined |  | Scale (1-6) |
| NW2\_Emotion | BG | Participant’s rating of the emotional valence felt when imagining the second narrated next week event |  | Scale (1-7) |
| NW2\_Internal | BH | Number of internal details (Levine et al., 2002) recalled by participant during the second narrated next week event |  | Scale |
| FM1\_Speed | BI | Speed with which participants judge that the first narrated few months event came to mind |  | Scale (1-3) |
| FM1\_Clarity | BJ | Participant’s rating of the clarity with which the first narrated few months event is imagined |  | Scale (1-6) |
| FM1\_Emotion | BK | Participant’s rating of the emotional valence felt when imagining the first narrated few months event |  | Scale (1-7) |
| FM1\_Internal | BL | Number of internal details (Levine et al., 2002) recalled by participant during the first narrated few months event |  | Scale |
| FM2\_Speed | BM | Speed with which participants judge that the second narrated few months event came to mind |  | Scale (1-3) |
| FM2\_Clarity | BN | Participant’s rating of the clarity with which the second narrated few months event is imagined |  | Scale (1-6) |
| FM2\_Emotion | BO | Participant’s rating of the emotional valence felt when imagining the second narrated few months event |  | Scale (1-7) |
| FM2\_Internal | BP | Number of internal details (Levine et al., 2002) recalled by participant during the second narrated few months event |  | Scale |