

**Grant Number**: (if applicable, if not N/A)**: ES/M011933/1**

**Sponsor: University of Roehampton**

**Project title**: Effectiveness and cost-effectiveness of humanistic counselling in schools for young people with emotional distress (ETHOS)

The following files have been archived:

|  |  |
| --- | --- |
| File name | File description (Short description of content, sample size, format, any linking between different types of data, i.e. survey and interviews/focus groups) |
| **1 ETHOS Trials Unit**  | Quantitative data collected by the ETHOS Clinical Trials Unit. Excel Format, 329 participants |
| *Main* | Main client/demographic, outcome, and process data, by measure |
| \_DBS Database Table and Index Summary | Summary of data for this folder |
| 01 Eligibility | Eligibility of participants for study at assessment |
| 02 Demographics |  |
| 03 YP-CORE | Young Person’s CORE, Outcome Scores |
| 04 SDQ | Strengths and Difficulties Questionnaire, outcome scores – all data |
| 05 SDQ Baseline |  |
| 06 SDQ Follow up |  |
| 07 RCADS-25 | Revised Child Anxiety and Depression Scale outcome scores |
| 08 RSES | Rosenberg Self-Esteem Inventory outcome scores |
| 09 WEMWBS | Warwick and Edinburgh Mental Wellbeing Being Scale outcome scores |
| 10 SES-BE | School Engagement Scale – Behavioural Engagement outcome scores |
| 11 CSRI | Client Service Receipt Inventory outcome scores |
| 12 GBO – Items | Goal Based Outcomes – goals’ text |
| 13 GBO – Scores | Goal Based Outcomes – goals scores |
| 14 ESQ | Experience of Service Questionnaire outcomes |
| 15 Blind Test | Data on whether the tester was blind or not at follow up testing points |
| 16 BLRI | Barrett-Lennard Relationship Inventory |
| 17 WAI | Working Alliance Inventory, SBHC group only, n = 151 |
| 18 ORS | Outcome Rating Scale, scores by session, SBHC group only |
| 20 Pastoral care log | Pastoral care service, by service |
| 21 Ending | Completion of study data |
| 22 Adverse events | Adverse events and serious adverse events |
| 23 Randomisation | Randomisation condition of clients: A = SBHC, B = PCAU |
| *Professional Demographics* |  |
| \_DBS Database Table and Index Summary - Demographics | Summary of data for this folder |
| Counsellor and Supervisor Demographics |  |
| *School Demographics* |  |
| \_DBS Database Table and Index Summary - Schools | Summary of data for this folder |
| Schools |  |
| **2 ETHOS Session N** | Number of sessions, Excel format |
| ETHOS\_Session totals for SBHC |  |
| **3 ETHOS Educational** | Educational outcomes, Excel format |
| ReadMe\_ETHOS\_educational\_data | Read me file for educational data |
| ETHOS\_attendance\_behaviour\_grades |  |
| **4 ETHOS Adherence** | Adherence ratings of intervention and supervision, Excel format |
| Read me for Adherence | Read me file for this folder |
| ETHOS\_Rating\_for\_Counsellor\_Adherence  | Formal adherence ratings on PCEPS-YP by independent raters |
| ETHOS\_Rating\_for\_Supervisor\_Adherence | Formal adherence ratings on our Supervision Adherence Scale by independent raters |
| ETHOS\_SupervisorsRatings\_of\_Counsellors | Ratings of counsellor adnerence on the PCEPS-YP-S by supervisors and counsellors |
| **5 ETHOS Qualitative**  |  |
| *Parent or Carer Interviews* | Transcripts of interviews with participants’ parents/carers, Word format |
| ETHOS parent carer - Datalist |  |
| ETHOS parent carer – intv schedule | Schedule for interviews |
| QLPR01 |  |
| QLPR02 |  |
| QLPR03 |  |
| QLPR04 |  |
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| QLPR16 |  |
| QLPR17 |  |
| *Pastoral care interviews* | Transcripts of interviews with participants’ pastoral care teachers, Word format |
| ETHOS pastoral care - Datalist |  |
| ETHOS pastoral care – intv schedule | Schedule for interviews |
| QLPC01 |  |
| QLPC02 |  |
| QLPC03 |  |
| QLPC04 |  |
| QLPC05 |  |
| QLPC06 |  |
| QLPC07 |  |
| QLPC08 |  |
| QLPC09 |  |
| QLPC10 |  |
| *Young Persons Interviews* | Transcripts of interviews with participants, Word format |
| ETHOS young people datalist |  |
| ETHOS young people – intv schedule | Schedule for interviews |
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| QLYP50 |  |
| **X ETHOS Consent Forms** | Consent forms for all participants and stakeholders, Word format |
| ETHOS counsellor – consent form |  |
| ETHOS counsellor – information sheet |  |
| ETHOS headteacher – consent form |  |
| ETHOS headteacher – information sheet |  |
| ETHOS parent carer – consent form |  |
| ETHOS parent carer – information sheet |  |
| ETHOS pastoral care – consent form |  |
| ETHOS pastoral care – information sheet |  |
| ETHOS supervisor – consent form |  |
| ETHOS supervisor – information sheet  |  |
| ETHOS young people – consent form |  |
| ETHOS young people – information sheet |  |

**Publications**: (based on this data, if any)

Stafford, M. R., Cooper, M., Barkham, M., Beecham, J., Bower, P., Cromarty, K., . . . Street, C. (2018). Effectiveness and cost-effectiveness of humanistic counselling in schools for young people with emotional distress (ETHOS): study protocol for a randomised controlled trial. [journal article]. Trials, 19(1), 175. doi: 10.1186/s13063-018-2538-2