

## Leyton Obsessional Inventory - Short Form

1. I avoid using the public telephone because of possible contamination.  
True False
2. I frequently get nasty thoughts and have difficulty getting rid of them.  
True False
3. I am more concerned than most people about honesty.  
True False
4. I am often late because I can't seem to get through everything on time.  
True False
5. I don't worry unduly about contamination if I touch an animal.  
True False
6. I frequently have to check things; for example, gas or water taps, doors, etc., several times.  
True False
7. I have a very strict conscience.  
True False
8. I find that almost every day I am upset by unpleasant thoughts that come into my mind against my will.  
True False
9. I do not worry unduly if I accidentally bump into somebody.  
True False
10. I usually have serious doubts about the simple, everyday things I do.  
True False
11. Neither of my parents was very strict during my childhood.  
True False
12. I tend to get behind in my work because I repeat things over and over again.  
True False
13. I use only an average amount of soap.  
True False
14. Some numbers are extremely unlucky.  
True False
15. I do not check letters over and over before mailing them.  
True False
16. I do not take a long time to dress in the morning.  
True False
17. I am not excessively concerned about cleanliness.  
True False
18. One of my major problems is that I pay too much attention to detail.  
True False
19. I can use well-kept toilets without any hesitation.  
True False
20. My major problem is repeated checking.  
True False
21. I am not unduly concerned about germs and diseases.  
True False
22. I do not tend to check things more than once.  
True False
23. I do not stick to a very strict routine when doing ordinary things.  
True False
24. My hands do not feel dirty after touching money.  
True False

25. I do not usually count when doing a routine task.  
True False

26. I take a rather long time to complete my washing in the morning.  
True False

27. I do not use a great deal of antiseptics.  
True False

28. I spend a lot of time every day checking things over and over again.  
True False

29. Hanging and folding up my clothes at night does not take up a lot of time.  
True False

30. Even when I do something very carefully, I often feel that it is not quite right.  
True False