# Topic Guide ‘Becoming Adult’ (version 1: 12/02/2015)

**(Refined over time based on experience from the field and consultation with youth trainees)**

**Notes:** These broad themes will be covered throughout interview(s) in no particular order and, given the nature of the narrative method, will only be used as prompts at appropriate times. For the longitudinal component, where there are outstanding questions in the narrative or key points which could be elucidated further, these will be re-visited (where appropriate) during subsequent interviews with the same young people. For the longitudinal component responses to the ‘Outcomes and Wellbeing Survey’ will also be integrated into these discussions at regular intervals (to help prompt discussion and reflection on young people’s outcomes and wellbeing at different points in time)

The narrative interviews will explore **factual information**; **meanings, associations and feelings** about any or all of the following areas. The interviews will be young-person led focusing broadly on ‘wellbeing’ in its broadest sense.

* Life before coming to the UK
* The journey
* Arrival in the UK
* Access and use of services including social services, primary care, legal support.
* Education
* Placements/ accommodation (previous and current)
* Friendships and social networks ( previous and current)
* Affiliation to church and/or community groups (nature of affiliation; perceived benefits/drawbacks)
* Links/ communication with family members (In the UK/country of origin/other countries)
* Other (non-statutory) sources of support
* Physical health
* Emotional /psychological health
* Views /ideas about the meaning of ‘wellbeing’ and the most important elements.
* Eating habits and diet (including who they eat with/sharing cooking or eating arrangements with)
* The things that help them and the things which create difficulties for them
* Hobbies and interests
* Immigration status (current and previous experiences of immigration control procedures)
* Reactions of others towards them (peers/general public/media/ politicians)
* Ideas about ‘Adulthood’ and what it means (in country of origin; in the context of their lives now)
* Aspirations/plans for the future (things facilitating plans/things getting in the way)
* How (if at all) they intend to realise plans for the future (what they think needs to happen or they need to do in order for plans to be realised) achieved)
* The sorts of people and things which influence the decisions they make over time.
* Any other aspects of their lives that they felt were important to discuss