**Imagine – Building Resilience Recovery College Semi Structured Interview Questions/prompts**

What is your understanding of Resilience?”

Has your understanding of resilience changed over the course of your particpation in the course?

Has the learning about resilience changed the way that you think about your own situation and the community that you live in?”

Do you think that resilience is relevant to communities as well as individuals?

Tell me about your experiences of using creative activities in the course.

In what ways have you attempted to build your own or your community’s or other people’s resilience?

Has building your own resilience had any impact on the way you do things on a daily basis?

Do you think building resilience can involve challenging the reasons for why the problem/adversity occurred in the first place?

Has being part of this course provided you with a better understanding of your own and others’ personal situations?

The course was facilitated by a partnership of peer tutors, a mental health practitioner and a university lecturer. What was your experience of that partnership and how well it worked?

What will you take away from the course?”