Bristol ADL scale

This questionnaire is designed to reveal the everyday ability of people who have

memory difficulties of one form or another.

For each activity (No. 1 - 20), statements a - e refer to a different level of ability.

Thinking of the last 2 weeks, tick the box that represents your relative’s/friend’s

AVERAGE ability. (If in doubt about which box to tick, choose the level of ability

which represents their *average* performance over the last 2 Weeks. Tick ‘Not

applicable’ if your relative never did that activity when they were well).

