Dyadic Relationship Scale  
Sebern & Whitlatch (2007)

**Patient version**

I’d like to talk about how your memory problems have affected your relationship with your [CG] over the past month? How much do you agree or disagree with the following statements?

Because of my memory problems/dementia diagnosis:

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Strongly Agree** | **Agree** | **Disagree** | **Strongly Disagree** |
| I felt closer to her/him than I have in a while |  |  |  |  |
| I have learned some good things about myself |  |  |  |  |
| I felt angry towards my [CG] |  |  |  |  |
| I felt depressed because of my relationship |  |  |  |  |
| I felt resentful towards my [CG] |  |  |  |  |
| I have had more patience than I have had in the past |  |  |  |  |
| I have learned some good things about my [CG] |  |  |  |  |
| I felt that my relationship with my [CG] was strained |  |  |  |  |
| I have learned some nice things about other people in my life |  |  |  |  |
| Communication between my [REL] and me has improved |  |  |  |  |

Reference: *Sebern, M.D. & Whitlatch, C.J. (2007). Dyadic Relationship Scale: A measure of the impact of the provision and receipt of family care. The Gerontologist, 47(6), 741-751*