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**You fill my heart: Relationships and Cardiac Perception**

My name is Lara Maister and I am a postdoctoral researcher at Royal Holloway, University of London. Together with Dr. Manos Tsakiris, I am carrying out a study investigating how observing one’s partner or oneself affects our awareness of internal sensations.

If you decide to take part in this study, we will ask you to participate in one experimental session. This session contains several short tasks. First, a passport-style photo will be take of your face. This image will be used for your experimental session only, and will be deleted from our system straight after completion of the session. You will then complete a heartbeat counting task. In this task, a small sensor will be attached to your finger which measures your pulse. You will be asked to sit quietly and attempt to count your heartbeats, without taking your own pulse. Whilst you do this, images will be shown on the screen. We will ask you to keep your eyes on the screen whilst you are counting.

Finally, you will complete a questionnaire looking at your experiences of close relationships, and asked a few questions regarding your height, weight, and length of relationship. You can decide not to answer any question if you prefer not to.

The experiment will last around twenty-five minutes, and will take place in room W344 at the Wolfson Building, Psychology Department at Royal Holloway. The information you make available to the study is kept strictly confidential; nobody except myself and Dr. Manos Tsakiris will be allowed to see your results, and in the study you will be known only by number.

You do not have to take part in this study if you do not wish to. If you decide to take part you may withdraw at any time without having to give a reason. Your decision whether or not to take part will not affect your education in any way.

Please keep this part of the sheet yourself for reference. Please feel free to ask any questions before you complete the consent form attached, then hand the completed consent form to the researcher. It will be stored separately from the anonymous information you provide for the research project. This study has been reviewed and approved by the Psychology Department internal ethical procedure at Royal Holloway, University of London.

**Consent form**  ID number……………….

**You fill my heart: Relationships and Cardiac Perception**

You have been asked to participate in a study investigating awareness of internal sensations during face observation. This study is being carried out by Dr. Lara Maister. Have you (please circle yes or no):

* Read the information sheet about the study? yes no
* Had an opportunity to ask questions? yes no
* Received satisfactory answers to any questions you did ask? yes no
* Understood that you’re free to withdraw from the study

at any time, without giving a reason? yes no

Do you agree to take part in the study ? yes no

Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Name in block letters \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date ­­­­\_\_\_\_\_\_\_

NB: This consent form will be stored separately from the anonymous information you provide.