

**Final Co-Motion Questionnaire**

Thank you for your continued interest in the Co-Motion research project. Please could you fill in this final questionnaire and return in the freepost envelope provided. A researcher will then be in touch to arrange to meet you at home for your final interview.

If you have any queries about the questionnaire or about meeting your researcher, please get in touch:

|  |  |
| --- | --- |
| **For Hexham -**  |  |
| **Professor Rose Gilroy****Telephone: 0191 208 7864****Email: r.c.gilroy@ncl.ac.uk** |   |
|  |  |
| **For York and Leeds -**  |  |
| **Dr Mark Bevan****Telephone: 01904 321489****Mark.bevan@york.ac.uk** | **Dr Katia Attuyer****Telephone: 01904 321272** **Email: katia.attuyer@york.ac.uk** |
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| **For all areas -**  |  |
| **Ms Sophie Gibson****Telephone: 01904 321486****Email: co-motion@york.ac.uk** |  |
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Part 1

Please tick to indicate the extent to which you agree or disagree with each of the following statements:

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | Strongly agree | Agree somewhat | Neither agree nor disagree | Disagree somewhat | Strongly disagree |
| 1 | I enjoy my life overall |  |  |  |  |  |
| 2 | I am happy much of the time |  |  |  |  |  |
| 3 | I look forward to things |  |  |  |  |  |
| 4 | Life gets me down |  |  |  |  |  |
| 5 | I have a lot of physical energy |  |  |  |  |  |
| 6 | Pain affects my well-being  |  |  |  |  |  |
| 7 | My health restricts me looking after myself or my home |  |  |  |  |  |
| 8 | I am healthy enough to get out and about |  |  |  |  |  |
| 9 | My family, friends or neighbours would help me if needed |  |  |  |  |  |
| 10 | I would like more companionship or contact with other people |  |  |  |  |  |
| 11 | I have someone who gives me love and affection |  |  |  |  |  |
| 12 | I’d like more people to enjoy life with |  |  |  |  |  |
| 13 | I have my children around which is important |  |  |  |  |  |
| 14 | I have social or leisure activities/hobbies that I enjoy doing |  |  |  |  |  |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | Strongly agree | Agree somewhat | Neither agree nor disagree | Disagree somewhat | Strongly disagree |
| 15 | I try to stay involved with things |  |  |  |  |  |
| 16 | I do paid or unpaid work or activities that give me a role in life |  |  |  |  |  |
| 17 | I am healthy enough to have my independence |  |  |  |  |  |
| 18 | I can please myself what I do |  |  |  |  |  |
| 19 | The cost of things compared to my pension/income restricts my life |  |  |  |  |  |
| 20 | I have a lot of control over the important things in my life |  |  |  |  |  |
| 21 | I have responsibilities to others that restrict my social or leisure activities |  |  |  |  |  |
| 22 | I feel safe where I live |  |  |  |  |  |
| 23 | The local shops, services and facilities are good overall |  |  |  |  |  |
| 24 | I get pleasure from my home |  |  |  |  |  |
| 25 | I find my neighbourhood friendly |  |  |  |  |  |
| 26 | I take life as it comes and make the best of things |  |  |  |  |  |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
|  |  | Strongly agree | Agree somewhat | Neither agree nor disagree | Disagree somewhat | Strongly disagree |
| 27 | I feel lucky compared to most people |  |  |  |  |  |
| 28 | I tend to look on the bright side |  |  |  |  |  |
| 29 | If my health limits social/leisure activities, then I will compensate and find something else I can do |  |  |  |  |  |
| 30 | I have enough money to pay for household bills |  |  |  |  |  |
| 31 | I have enough money to pay for household repairs or help needed in the house |  |  |  |  |  |
| 32 | I can afford to buy what I want to |  |  |  |  |  |
| 33 | I cannot afford to do things I would enjoy |  |  |  |  |  |
| 34 | Religion, belief or philosophy is important to my quality of life |  |  |  |  |  |
| 35 | Cultural/religious events/festivals are important to my quality of life |  |  |  |  |  |
| 36 | I can get to the places I want to go to  |  |  |  |  |  |
| 37 | It’s important to me to get out and about  |  |  |  |  |  |

Part 2

38. How is your health in general?

(Please tick one)

|  |  |
| --- | --- |
| Very good |  |
| Good |  |
| Fair |  |
| Bad |  |
| Very bad |  |

39. Are your day to day activities limited because of a health problem or disability which has lasted, or is expected to last, at least 12 months? (Include problems related to old age)

(Please tick one)

|  |  |
| --- | --- |
| Yes, limited a lot  |  |
| Yes, limited a little  |  |
| No |  |

Roughly how far are you able to walk without a break?

|  |  |  |
| --- | --- | --- |
| 40 | * On a good day
 |  |
| 41 | * On a bad day
 |  |

How often do you use the following transport options?

(Please tick)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  |  | Daily | Weekly | Occasionally | Never |
| 42 | Walking |  |  |  |  |
| 43 | Cycling |  |  |  |  |
| 44 | Mobility scooter |  |  |  |  |
| 45 | Driving car |  |  |  |  |
| 46 | Getting a lift from household member |  |  |  |  |
| 47 | Getting a lift from someone else |  |  |  |  |
| 48 | Bus |  |  |  |  |
| 49 | Taxi |  |  |  |  |
| 50 | Motorbike |  |  |  |  |
| 51 | Community transport |  |  |  |  |
| 52 | Hospital transport |  |  |  |  |
| 53 | Coach |  |  |  |  |
| 54 | Train |  |  |  |  |
| 55 | Plane |  |  |  |  |

56. Which one of the following transport options makes most difference to your life?

(Please tick one)

|  |  |
| --- | --- |
| Walking |  |
| Cycling |  |
| Mobility scooter |  |
| Driving car |  |
| Getting a lift from household member |  |
| Getting a lift from someone else |  |
| Bus |  |
| Taxi |  |
| Motorbike |  |
| Community transport |  |
| Hospital transport |  |
| Coach |  |
| Train |  |
| Plane |  |

57. In total, how many cars or vans are owned, or available for use, by members of this household?

(Please tick one)

|  |  |
| --- | --- |
| None |  |
| 1 |  |
| 2 |  |
| 3 |  |
| 4 or more |  |

58. Do you have any of the following?

(Please tick all that apply)

|  |  |
| --- | --- |
| Over 60s bus pass |  |
| Other bus pass |  |
| Discount rail card |  |
| Disabled parking badge |  |

What’s the furthest you travelled from home yesterday?

(Please give a place name or a very rough estimate of the distance)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 59 | Place name |  | Distance in miles |  |

What’s the furthest you travelled from home last week?

(Please give a place name or a very rough estimate of the distance)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 60 | Place name |  | Distance in miles |  |

What’s the furthest you travelled from home last year?

(Please give a place name or a very rough estimate of the distance)

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| 61 | Place name |  | Distance in miles |  |

Part 3

62. Are you currently living..?

(Please tick one)

|  |  |  |
| --- | --- | --- |
| On your own |  |  |
| In a couple |  |  |
| Other (please write in) |  |

63. What is your current employment status?

(Please tick one)

|  |  |
| --- | --- |
| Working  |  |
| Not working because retired |  |
| Not working because long-term sick or disabled |  |
| Not working because looking after home and family |  |

64. If you are working at the moment, how many hours a week do you work?

(Please write in)

|  |  |
| --- | --- |
| Hours |  |

65. Do you look after, or give any help or support to family members, friends, neighbours or others because of either long-term physical or mental ill-health or disability, or problems related to old age?

(Please tick one)

|  |  |
| --- | --- |
| Yes |  |
| No |  |

66. If so, for how many hours a week? (Please write in)

|  |  |
| --- | --- |
| Hours |  |

67. Do you look after children at all?

(Please tick one)

|  |  |
| --- | --- |
| Yes |  |
| No |  |

68. If so, for roughly how many hours a week?

(Please write in)

|  |  |
| --- | --- |
| Hours |  |

69. Do you do any voluntary work?

(Please tick one)

|  |  |
| --- | --- |
| Yes |  |
| No |  |

70. If so, for roughly how many hours a week?

(Please write in)

|  |  |
| --- | --- |
| Hours |  |

71. How satisfied are you with the area where you live as a place to live?

(Please tick one)

|  |  |
| --- | --- |
| Very satisfied |  |
| Fairly satisfied |  |
| Neither satisfied nor dissatisfied |  |
| Fairly dissatisfied |  |
| Very dissatisfied |  |

72. How satisfied are you with your accommodation?

(**97) Including all sources (e.g. work, pension, tax credits, benefits, investments) what is your *approximate weekly* or *annual* income?**

*Please tick*

 **

|  |  |
| --- | --- |
| Weekly |   |
| Up to £99 |   |
| £100 and up to £199 |   |
| £200 and up to £299 |   |
| £300 and up to £399 |   |
| £400 and up to £499 |   |
| £500 and up to £599 |   |
| £600 and up to £699 |   |
| £700 and up to £999 |   |
| £800 and up to £899 |
| £900 and up to £999 |
| £1000 and above |   |

(Please tick one)

|  |  |
| --- | --- |
| Very satisfied |  |
| Fairly satisfied |  |
| Neither satisfied nor dissatisfied |  |
| Fairly dissatisfied |  |
| Very dissatisfied |  |

Many thanks for filling in this questionnaire.

Please put the questionnaire in the freepost envelope provided, and return to Co-Motion Project, Centre for Housing Policy, University of York, FREEPOST, YO 202, York, YO10 5ZZ

Your Co-Motion researcher will then be in touch to arrange to meet you at your home for your final interview.