

NEUGARTEN

LIFE

SATISFACTION

SCALE A

CARDS

[illegible]

(CODED ON CARD 4) Serial No.

|   |   |   |   |
|---|---|---|---|
|   |   |   |   |
| 1 | 2 | 3 | 4 |

13.

USE GRID FROM APPENDIX A.

NETWORK MATRIX: INTERVIEWER TO COMPLETE WITH RESPONDENT:

A. Do you have any relatives, friends or neighbours who are significant in your life with whom you have contact at least once a month?

NETWORK (Box 9-10)

Yes.....*X* PLACE NAMES ACROSS TOP AND BOTTOM OF GRID IN THE SAME ORDER (IN THICK BOXES)

No.....*88.2* (CODE ACTUAL NO.)  
DNA *99*

B. Are any of these significant in each others lives and have contact with each other at least once a month?

SEEEACH (Box 11-12)

Yes.....*X* IF YES PLACE AN 'X' IN THE APPROPRIATE BOX IN THE MATRIX

No.....*88.2* (DENSITY CODE = NUMBER OF X'S  
DNA *99* POTENTIAL NUMBER OF X'S X 100)

DNA (NO ONE/ ONE AT A) *77* (NB = 98%, 99% + 100% CODED AS 98)

C. Do you feel close to any of these people and feel you could confide in them or turn to them for help in an emergency?

Yes.....*X* IF YES PLACE AN ASTERISK (\*) NEXT TO THEIR NAME IN MATRIX

No.....*88.2* TURNO (Box 13-14)  
DNA *77* (CODE NUMBER)  
*X'S*

D. Can I check, which of these people are relatives?

RELATED (Box 15-16)

IF ANY.....*X* PLACE A TICK (✓) BY THEIR NAMES

None.....*88.2* (CODE NUMBER)  
DNA *77* *V'S*

E. Which friend, relative or neighbour would you say gives you the most help and support?

MOSTHELP (Box 17)

IF ANY.....*X* PLACE A TRIANGLE (Δ) BY NAME IN GRID.

None.....*2* NUMBER (Box 18)  
DNA *7* (CODE NUMBER)  
*Δ'S*

1=RELATIVE  
2=RELATIVE/NEIGHBOUR  
3=BOTH  
8=NO ONE 7=DNA

NOW TURN TO SUPPLEMENT AA

SUPPLEMENT AA: NETWORKS (re P.7)

1. Code sex for all respondents

Male.....1  
Female.....2  
1990 9.

SEX

2. For each person listed in the Social Network Grid, ask:-

- a) How often do you usually see \_\_\_\_\_?  
(code below)
- b) How far away from you does \_\_\_\_\_  
live? (code below)

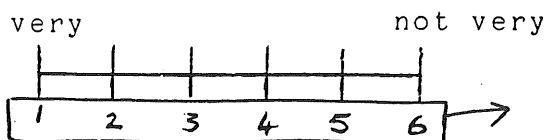
| a)    |                                             |        |                                              |         |   | b)                             |                           |                                 |                                                |                                                           |   |   |   |
|-------|---------------------------------------------|--------|----------------------------------------------|---------|---|--------------------------------|---------------------------|---------------------------------|------------------------------------------------|-----------------------------------------------------------|---|---|---|
| Daily | Less than daily,<br>but more than<br>weekly | Weekly | Less than weekly<br>but more than<br>monthly | Monthly |   | In same household/<br>building | Less than 5<br>miles away | 5 < 10 miles<br>(specify where) | 10 < 20 miles<br>(specify where<br>e.g. Essex) | 20 miles +<br>(specify miles<br>and where (e.g.<br>Essex) |   |   |   |
| 1     | 1                                           | 2      | 3                                            | 4       | 5 | <u>SEEA</u>                    | <u>FARA</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 2     | 1                                           | 2      | 3                                            | 4       | 5 | <u>SEEB</u>                    | <u>FARB</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 3     | 1                                           | 2      | 3                                            | 4       | 5 | <u>SEEC</u>                    | <u>FARC</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 4     | 1                                           | 2      | 3                                            | 4       | 5 | <u>SEED</u>                    | <u>FARD</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 5     | 1                                           | 2      | 3                                            | 4       | 5 | <u>SEEE</u>                    | <u>FARE</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 6     | 1                                           | 2      | 3                                            | 4       | 5 | <u>SEEF</u>                    | <u>FARF</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 7     | 1                                           | 2      | 3                                            | 4       | 5 | <u>SEEG</u>                    | <u>FARG</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 8     | 1                                           | 2      | 3                                            | 4       | 5 | <u>SEEH</u>                    | <u>FARH</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 9     | 1                                           | 2      | 3                                            | 4       | 5 | <u>SEEI</u>                    | <u>FARI</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 10    | 1                                           | 2      | 3                                            | 4       | 5 | <u>SE EJ</u>                   | <u>FARJ</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 11    | 1                                           | 2      | 3                                            | 4       | 5 | <u>SE EK</u>                   | <u>FARK</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 12    | 1                                           | 2      | 3                                            | 4       | 5 | <u>SE EL</u>                   | <u>FARL</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 13    | 1                                           | 2      | 3                                            | 4       | 5 | <u>SE EM</u>                   | <u>FARM</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 14    | 1                                           | 2      | 3                                            | 4       | 5 | <u>SE EN</u>                   | <u>FARN</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 15    | 1                                           | 2      | 3                                            | 4       | 5 | <u>SE EO</u>                   | <u>FARO</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 16    | 1                                           | 2      | 3                                            | 4       | 5 | <u>SE EP</u>                   | <u>FARP</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 17    | 1                                           | 2      | 3                                            | 4       | 5 | <u>SE EQ</u>                   | <u>FARQ</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 18    | 1                                           | 2      | 3                                            | 4       | 5 | <u>SE ER</u>                   | <u>FARR</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 19    | 1                                           | 2      | 3                                            | 4       | 5 | <u>SE ES</u>                   | <u>FARS</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |
| 20    | 1                                           | 2      | 3                                            | 4       | 5 | <u>SE ET</u>                   | <u>FART</u>               | 1                               | 2                                              | 3                                                         | 4 | 5 | → |

[illegible]
$$\begin{array}{r} 26- \\ 6 \\ -25 \end{array}$$

3. How satisfied are you with your relationships with:-

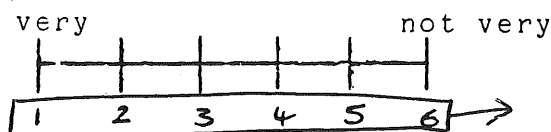
- a) your relatives?  
(PROBE about quality, like each other, support)

\* Interviewer code quality of supportive relationship(s):-



- b) your friends?  
(PROBE about quality, like each other, support)

\* Interviewer code quality of supportive relationship(s):-



SATRELAT

☐  
46

SATFRIEND

☐  
47

4. a) Can you tell me what happened last time you needed immediate help (probe: who was called on to help, who came, enough help, felt a burden?)

(A)

1 = NONE  
2 = BURGLARY  
3 = ILL  
4 = MUGGED  
5 = ACCIDENT/CALL  
6 = HOUSEHOLD PROB  
= OTHER

(B)

NEIGHBOUR = 1  
PROF = 2  
REL = 3  
RELEND = 4  
NO-ONE = 5  
BYSTANDERS = 7  
(UP TO 3)

(C)

HOSPITALISED = 1  
FELT BURDEN = 2  
RELATIVE HELPED = 3  
OK = 4  
STAYED WITH REL. = 5  
NOT ENOUGH HELP = 6  
ENOUGH HELP = 7  
(UP TO 2)

(A)

EVENT

HELPERA

(B)

HELPERB

HELPERC

(C)

RESULTA

RESULTB

48-53

Son/daughter.....1

Other relative.....2

Friend.....3

Professional.....4

999.....5

FRIEND/REL + PROF = 6

REL + FRIEND = 7

☐  
54

IMMED

SUPPLEMENT DD: EXPECTATIONS (re P16)

1. How would you ideally like to spend your time now?

AS I AM = 01

HOLIDAY / TRAVEL = 02

COUNTRY / SEASIDE = 03

NEARER / WITH FAMILY = 04

OUT + ABOUT MORE = 05

MOVE = 06

SERVANTS / HOTEL = 07

MUSIC / DANCES / SHOWS / CONCERTS = 08

COMPANY = 09

ABROAD 6 MONTHS = 10

RETIRE WITH MONEY = 11

WORK = 12

> MONEY = 13

HOBBIES = 14

BETTER HEALTH = 15

BETTER ENVIRONMENT = 16

DECORATE / GARDENING = 17

CLUB / SOCIETY / CHURCH = 18

PET = 20

HOUSEWORK = 21

HELP OTHERS / VOL. WORK = 22

TV = 23

|        |           |   |  |  |       |
|--------|-----------|---|--|--|-------|
| X<br>3 | IDEALLY A | → |  |  | 45-46 |
|        | IDEALLY B | → |  |  | 47-48 |
|        | IDEALLY C | → |  |  | 49-50 |

2. When you are older, do you expect eventually to move into a residential or nursing home or hospital ward for elderly people, or do you expect to remain at home?

Likely to:

Move into institution.....1 } SPECIFY  
Stay at home.....2 }  
Uncertain.....3 }  
SHELTERED / RELATIVES 4 }

WHEN OLDER

☐ 51

1. AS I GROW OLDER, THINGS SEEM BETTER  
THAN I THOUGHT THEY WOULD BE.

2. I HAVE HAD MORE LUCK IN LIFE THAN  
MOST OF THE PEOPLE I KNOW.



**3. THIS IS THE DREARIEST TIME OF MY LIFE.**

4. I AM JUST AS HAPPY AS WHEN I WAS YOUNGER.

5. MY LIFE COULD BE HAPPIER THAN IT IS NOW.

6. THESE ARE THE BEST YEARS OF MY LIFE.

7. MOST OF THE THINGS I DO ARE  
BORING AND MONOTONOUS.

8. I EXPECT SOME INTERESTING AND PLEASANT  
THINGS TO HAPPEN TO ME IN THE FUTURE.

9. THE THINGS I DO TODAY ARE AS INTERESTING  
TO ME AS THEY EVER WERE.

10. I FEEL OLD AND SOMEWHAT TIRED.

---



11. I FEEL MY AGE BUT IT DOES NOT BOTHER ME.

12. AS I LOOK BACK ON MY LIFE,  
I AM FAIRLY WELL SATISFIED.

13. I WOULD NOT CHANGE MY PAST  
LIFE EVEN IF I COULD.

14. COMPARED TO OTHER PEOPLE MY AGE,  
I'VE MADE A LOT OF FOOLISH DECISIONS  
IN MY LIFE.

15. COMPARED TO OTHER PEOPLE MY AGE, I LOOK  
SMART WHEN I AM DRESSED TO GO OUT.

**16. I HAVE MADE PLANS FOR THINGS I'LL BE  
DOING A MONTH OR YEAR FROM NOW.**

**17. WHEN I THINK BACK OVER MY LIFE, I DIDN'T  
GET MOST OF THE IMPORTANT THINGS I WANTED.**

18. COMPARED TO OTHER PEOPLE I GET  
DOWN IN THE DUMPS TOO OFTEN.



19. I'VE HAD JUST ABOUT WHAT I  
EXPECTED OUT OF LIFE.

**20.** IN SPITE OF WHAT PEOPLE SAY THE LIFE OF THE  
AVERAGE MAN IS GETTING WORSE NOT BETTER.

APPENDIX VIII

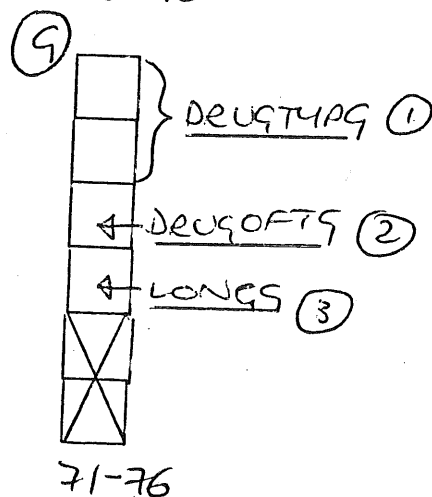
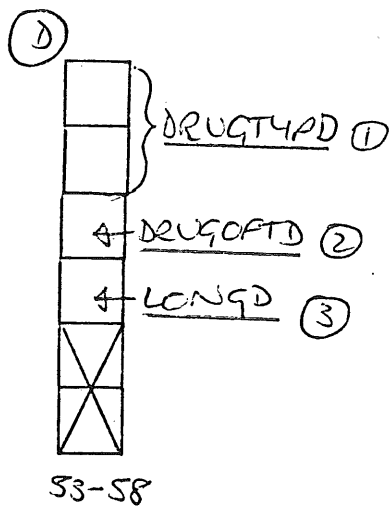
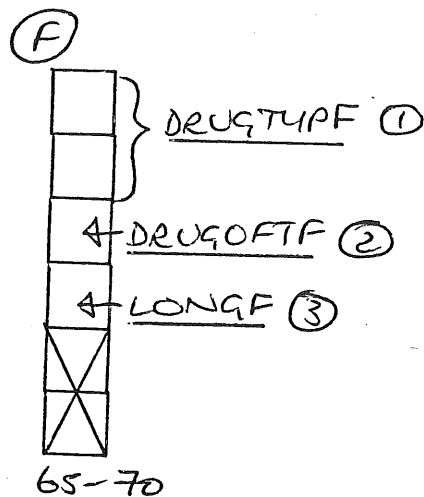
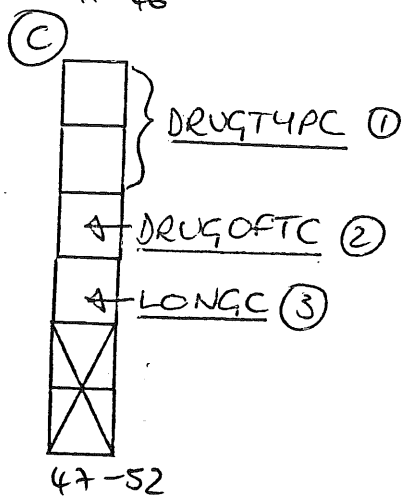
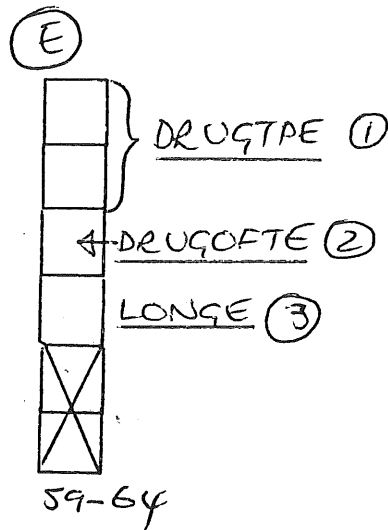
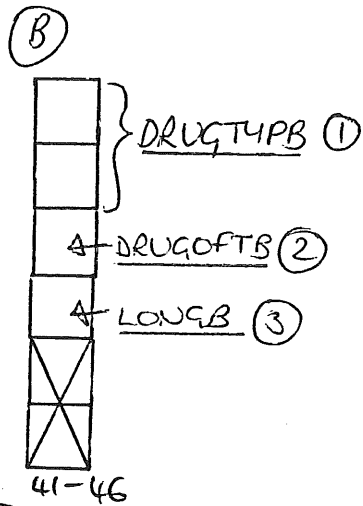
CHECK

1. What borough is this ? \_\_\_\_\_
2. What place is this ? \_\_\_\_\_
3. What month is this ? \_\_\_\_\_
4. What year is this ? \_\_\_\_\_

|  |    |
|--|----|
|  | 52 |
|  | 53 |
|  | 54 |
|  | 55 |
|  | 56 |
|  | 57 |
|  | 58 |
|  | 59 |
|  | 60 |
|  | 61 |
|  | 62 |

Thank the respondent and try to leave him/her happy.

# MEDICATION PRESCRIBED



(77-97 blank)

CARD NO.

8

80

(FOR CODES  
SEE PAGE 13)

**PRESCRIBED  
MEDICATION**

| Type of drug | CODES | Code |
|--------------|-------|------|
|--------------|-------|------|

Psychotropic:-

|                                             |    |  |
|---------------------------------------------|----|--|
| minor tranquilizer,<br>sedative or hypnotic | 01 |  |
| major tranquilizer,<br>sedative or hypnotic | 02 |  |
| Anti-depressant<br>or stimulant             | 03 |  |
| Other                                       | 04 |  |
| Other nervous system                        | 05 |  |
| Gastro - intestinal                         | 06 |  |
| Cardiovascular / diuretic                   | 07 |  |
| Respiratory / allergic                      | 08 |  |
| Rheumatic                                   | 09 |  |
| Anti microbial                              | 10 |  |
| Endocrinological                            | 11 |  |
| Nutrition / blood                           | 12 |  |
| Skin / eye / mucous membrane                | 13 |  |
| Other                                       | 14 |  |
| Unknown preparations                        | 15 |  |
| Name                                        | 00 |  |
| DNA                                         | 88 |  |
| Inadequate                                  | 99 |  |

21

Appendix D

CODING SHEET FOR PAGE 10. ADL.

(CODES ON PAGE 14-18)

|   |   |   |   |
|---|---|---|---|
|   |   |   |   |
| 1 | 2 | 3 | 4 |

SERIAL NO.

PAGES 5-24 BLANK

| ADL<br>(A)   | HELP<br>(B)   | WHO<br>HELPS<br>(C) | HOW<br>OFTEN<br>(D) | MORE HELP<br>NEEDED?<br>(E) |
|--------------|---------------|---------------------|---------------------|-----------------------------|
| BED 25       | HELPEBED 55   | WHOSEB 11           | OFTENSEB 41         | MORESEB 11                  |
| CHAIR 26     | HELPECHAR 56  | WHOSECHAIR 12       | OFTENCHAIR 42       | MORESECHAIR 12              |
| STAIRS 27    | HELPESTAIR 57 | WHOSESTAIR 13       | OFTENSTAIR 43       | MORESESTAIR 13              |
| WC 28        | HELPEWC 58    | WHOSEWC 14          | OFTENWC 44          | MORESEWC 14                 |
| WASH 29      | HELPEWASH 59  | WHOSEWASH 15        | OFTENWASH 45        | MORESEWASH 15               |
| BATH 30      | HELPEBATH 60  | WHOSEBATH 16        | OFTENBATH 46        | MORESEBATH 16               |
| INBATH 31    | HELPEIN 61    | WHOSEIN 17          | OFTENIN 47          | MORESEIN 17                 |
| DRESS 32     | HELPEDRESS 62 | WHOSEDRESS 18       | OFTENDRESS 48       | MORESEDRESS 18              |
| HAIR 33      | HELPEHAIR 63  | WHOSEHAIR 19        | OFTENHAIR 49        | MORESEHAIR 19               |
| WASHHAIR 34  | HELPEWH 64    | WHOSEWH 20          | OFTENWH 50          | MORESEWH 20                 |
| TOENAILS 35  | HELPETOE 65   | WHOSETOE 21         | OFTENTOE 51         | MORESETOE 21                |
| TEETH 36     | HELPETEETH 66 | WHOSETEETH 22       | OFTENTEETH 52       | MORESETEETH 22              |
| FOOD 37      | HELPEFOOD 67  | WHOSEFOOD 23        | OFTENFOOD 53        | MORESEFOOD 23               |
| COOK 38      | HELPECOOK 68  | WHOSECOOK 24        | OFTENCOOK 54        | MORESECOOK 24               |
| HOUSEWORK 39 | HELPEHOUSE 69 | WHOSEHOUSE 25       | OFTENHOUSE 55       | MORESEHOUSE 25              |
| LAUNDRY 40   | HELPELAUN 70  | WHOSELAUN 26        | OFTENLAUN 56        | MORESELAUN 26               |
| SHOP 41      | HELPESHOP 71  | WHOSESHOP 27        | OFTENSHOP 57        | MORESESHOP 27               |
| MONIES 42    | HELPEMONEY 72 | WHOSEMONEY 28       | OFTENMONEY 58       | MORESEMONEY 28              |
| GETIN 43     | HELPEGETI 73  | WHOSEGETI 29        | OFTENGETI 59        | MORESEGETI 29               |
| GETOUT 44    | HELPEGETO 74  | WHOSEGETO 30        | OFTENGETO 60        | MORESEGETO 30               |
| TRAIN 45     | HELPEBUS 75   | WHOSEBUS 31         | OFTENBUS 61         | MORESEBUS 31                |
| ODDJOB 46    | HELPEODD 76   | WHOSEODD 32         | OFTENODD 62         | MORESEODD 32                |
| FORMS 47     | HELPEFORM 77  | WHOSEFORM 33        | OFTENFORM 63        | MORESEFORM 33               |
| ELSEA 48     | HELPEA 78     | WHOSEAA 34          | OFTENAA 64          | MORESEAA 34                 |

BLANK 79

BLANK 65-79

| 6        | 7         | 8          | 9          | 10          |
|----------|-----------|------------|------------|-------------|
| ELSEB 49 | HELPEB 5  | WHOSEB 35  | OFTENSEB 5 | MORESEB 35  |
| ELSEC 50 | HELPEC 6  | WHOSECC 36 | OFTENCC 6  | MORESECC 36 |
| ELSED 51 | HELPED 7  | WHOSEDD 37 | OFTENDD 7  | MORESEDD 37 |
| ELSEE 52 | HELPEE 8  | WHOSEEE 38 | OFTENEE 8  | MORESEEE 38 |
| ELSEF 53 | HELPEF 9  | WHOSEFF 39 | OFTENFF 9  | MORESEFF 39 |
| ELSEG 54 | HELPEG 10 | WHOSEGG 40 | OFTENGG 10 | MORESEGG 40 |