**File Name Directory**

|  |  |
| --- | --- |
| **File Name** | **File Description** |
| InterviewSchedule  Linked to files:  *Policyexperinterviews1-12* | List of questions that were used in semi-structured qualitative interviews of behavior change experts and policy-makers. |
| EvaluationSchedule  Linked to files:  *Mindfulnessquestions1/1; Mindfulnessquestions1/2; Mindfulnessquestions2/1; Mindfulnessquestions2/2;*  *Mindfulnessresults1;*  *Mindfulnessresults2;*  *Mindfulnessinterview1-5* | List of questions that were used in semi-structured qualitative interviews of participants on mindfulness and behaviour change trial. |
| Ethicalconsent  Linked to files:  *Mindfulnessinterview1-5*  *Policyexperinterviews1-12* | Letter sent to research participants outlining the nature of the research project and seeking their consent to use the data they provided. |
| Mindfulnessquestions1/1  Linked to files:  *Mindfulnessquestions1/1; Mindfulnessquestions1/2; Mindfulnessquestions2/1; Mindfulnessquestions2/2;*  *Mindfulnessresults1;*  *Mindfulnessresults2;*  *Mindfulnessinterview1-5*  *EvaluationSchedule* | Mindfulness and Behaviour Change survey questions Trial 1 Survey 1 (survey conducted before the programme commenced) |
| Mindfulnessquestions1/2  Linked to files:  *Mindfulnessquestions1/1; Mindfulnessquestions1/2; Mindfulnessquestions2/1; Mindfulnessquestions2/2;*  *Mindfulnessresults1;*  *Mindfulnessresults2;*  *Mindfulnessinterview1-5*  *EvaluationSchedule* | Mindfulness and Behaviour Change survey questions Trial 1 Survey 2 (survey conducted after the programme was complete) |
| Mindfulnessresults1  Linked to files:  *Mindfulnessquestions1/1; Mindfulnessquestions1/2; Mindfulnessquestions2/1; Mindfulnessquestions2/2;*  *Mindfulnessresults1;*  *Mindfulnessresults2;*  *Mindfulnessinterview1-5*  *EvaluationSchedule* | Mindfulness and Behaviour Change survey results Trial 1 Surveys 1 and 2 |
| Mindfulnessquestions2/1  Linked to files:  *Mindfulnessquestions1/1; Mindfulnessquestions1/2; Mindfulnessquestions2/1; Mindfulnessquestions2/2;*  *Mindfulnessresults1;*  *Mindfulnessresults2;*  *Mindfulnessinterview1-5*  *EvaluationSchedule* | Mindfulness and Behaviour Change survey questions Trial 2 Survey 1 (survey conducted before the programme commenced) |
| Mindfulnessquestions2/2  Linked to files:  *Mindfulnessquestions1/1; Mindfulnessquestions1/2; Mindfulnessquestions2/1; Mindfulnessquestions2/2;*  *Mindfulnessresults1;*  *Mindfulnessresults2;*  *Mindfulnessinterview1-5*  *EvaluationSchedule* | Mindfulness and Behaviour Change survey questions Trial 2 Survey 2 (survey conducted after the programme was complete) |
| Mindfulnessresults2  Linked to files:  *Mindfulnessquestions1/1; Mindfulnessquestions1/2; Mindfulnessquestions2/1; Mindfulnessquestions2/2;*  *Mindfulnessresults1;*  *Mindfulnessresults2;*  *Mindfulnessinterview1-5*  *EvaluationSchedule* | Mindfulness and Behaviour Change survey results Trial 2 Surveys 1 and 2 results |
| Mindfulnessinterview1  Linked to files:  *Mindfulnessquestions1/1; Mindfulnessquestions1/2; Mindfulnessquestions2/1; Mindfulnessquestions2/2;*  *Mindfulnessresults1;*  *Mindfulnessresults2;*  *Mindfulnessinterview1-5*  *EvaluationSchedule* | Transcript of qualitative interview with participant evaluating Mindfulness and Behaviour Change programme |
| Mindfulnessinterview2  Linked to files:  *Mindfulnessquestions1/1; Mindfulnessquestions1/2; Mindfulnessquestions2/1; Mindfulnessquestions2/2;*  *Mindfulnessresults1;*  *Mindfulnessresults2;*  *Mindfulnessinterview1-5*  *EvaluationSchedule* | Transcript of qualitative interview with participant evaluating Mindfulness and Behaviour Change programme |
| Mindfulnessinterview3  Linked to files:  *Mindfulnessquestions1/1; Mindfulnessquestions1/2; Mindfulnessquestions2/1; Mindfulnessquestions2/2;*  *Mindfulnessresults1;*  *Mindfulnessresults2;*  *Mindfulnessinterview1-5*  *EvaluationSchedule* | Transcript of qualitative interview with participant evaluating Mindfulness and Behaviour Change programme |
| Mindfulnessinterview4  Linked to files:  *Mindfulnessquestions1/1; Mindfulnessquestions1/2; Mindfulnessquestions2/1; Mindfulnessquestions2/2;*  *Mindfulnessresults1;*  *Mindfulnessresults2;*  *Mindfulnessinterview1-5*  *EvaluationSchedule* | Transcript of qualitative interview with participant evaluating Mindfulness and Behaviour Change programme |
| Mindfulnessinterview5  Linked to files:  *Mindfulnessquestions1/1; Mindfulnessquestions1/2; Mindfulnessquestions2/1; Mindfulnessquestions2/2;*  *Mindfulnessresults1;*  *Mindfulnessresults2;*  *Mindfulnessinterview1-5*  *EvaluationSchedule* | Transcript of qualitative interview with participant evaluating Mindfulness and Behaviour Change programme |
| Policyexpertinterview1  Linked to files:  *InterviewSchedule;*  *Ethicalconsent* | Qualitative interview with NGO behaviour change policy expert |
| Policyexpertinterview2  Linked to files:  *InterviewSchedule;*  *Ethicalconsent* | Qualitative interview with private sector behaviour change expert. |
| Policyexpertinterview3  Linked to files:  *InterviewSchedule;*  *Ethicalconsent* | Qualitative interview with NGO behaviour change expert. |
| Policyexpertinterview4  Linked to files:  *InterviewSchedule;*  *Ethicalconsent* | Qualitative interview with private sector behaviour change expert. |
| Policyexpertinterview5  Linked to files:  *InterviewSchedule;*  *Ethicalconsent* | Qualitative interview with private sector behaviour change expert. |
| Policyexpertinterview6  Linked to files:  *InterviewSchedule;*  *Ethicalconsent* | Qualitative interview with academic behaviour change expert. |
| Policyexpertinterview7  Linked to files:  *InterviewSchedule;*  *Ethicalconsent* | Qualitative interview with two academic behaviour change experts. |
| Policyexpertinterview8  Linked to files:  *InterviewSchedule;*  *Ethicalconsent* | Qualitative interview with two academic behaviour change experts. |
| Policyexpertinterview9  Linked to files:  *InterviewSchedule;*  *Ethicalconsent* | Qualitative interview with NGO behaviour change expert. |
| Policyexpertinterview10  Linked to files:  *InterviewSchedule;*  *Ethicalconsent* | Qualitative interview with NGO behaviour change expert. |
| Policyexpertinterview11  Linked to files:  *InterviewSchedule;*  *Ethicalconsent* | Qualitative interview with academic behaviour change expert. |
| Policyexpertinterview12  Linked to files:  *InterviewSchedule;*  *Ethicalconsent* | Qualitative interview with private sector behaviour change expert. |
| Methods Description:  Linked files:  *Mindfulnessquestions1/1; Mindfulnessquestions1/2; Mindfulnessquestions2/1; Mindfulnessquestions2/2;*  *Mindfulnessresults1;*  *Mindfulnessresults2;*  *Mindfulnessinterview1-5*  *InterviewSchedule;*  *Ethicalconsent*  *EvaluationSchedule*  *Policyexperinterviews1-12* | Outlines of nature of project and methods deployed. |