

INTERVIEW QUESTIONS for PARTICIPANTS

A. What is the role of music making in the lives of older people?	<ol style="list-style-type: none"> 1. What is the role of music in your life? <ol style="list-style-type: none"> a. Do you play an instrument/sing? b. Did you play an instrument/sing as a child/ at school?
B. Does participation in musical activities enhance their well-being? Which are the processes?	<ol style="list-style-type: none"> 2. Has participation in music affected your everyday life routine? If yes, how? 3. What do you get out of participating in musical activities? 4. Do you think participation in music has affected your quality of life?
C. Wider benefits to families and residential communities?	<ol style="list-style-type: none"> 5. Has participation in music affected your relationships with other people of your family? How? 6. With other people in general? How? 7. What do members of your family say about your participation in musical activities? 8. What do friends say about your participation in musical activities? 9. (or Has anybody in you family/a friend noticed any difference in you after you joined this (i.e. Silver, Westminster, Guildhall) music programme?) 10. What other kinds of activities are you engaging in, in general?
D. Individual factors that contribute to decisions to engage in musical activities?	<ol style="list-style-type: none"> 11. What made you join this music programme? 12. How did you find out about it? 13. Are you a member of any other group in this programme? 14. What are the biggest barriers to participation?
E. Obstacles to attendance?	<ol style="list-style-type: none"> 15. How often do you miss sessions of the programme? What are the reasons for missing sessions? 16. Do you know anybody who would have liked to come to the programme and can't? What might be the obstacles?
F. Contextual factors that impact on the quality and outcomes of active musical engagement? – processes	<ol style="list-style-type: none"> 17. Which do you think are the characteristics of an effective group leader in such a programme? 18. What do you like the most about this music programme? – What makes you keep coming to the sessions of this music programme? 19. Can you please describe me your favourite session (or a session that went well)? 20. What is the best thing about participating in this programme? 21. What is the worst thing about participating in this programme? 22. Is there anything that you would like to change in the existing programme? 23. Is there anything that you would like to add to the existing programme?
G. Musical factors that impact on quality and outcomes of active musical engagement?	<ol style="list-style-type: none"> 24. If you play an instrument, is it yours? What is the quality of the instruments you use in The Sage? 25. Are the groups you have joined too big/ too small? Do you like it? 26. Do you like the genre/ style of music that is used in this music programme? 27. Do you have opportunities to create music rather than just perform it? If not, would you like to create/ compose your own music?

FOCUS GROUP INTERVIEWS:

1. What is it like being in this group? Can you compare it to other groups you participate in?
2. What is the best thing about participating in this programme?
3. What is the worst thing about participating in this programme?
4. What do you think about performances? Do you participate in them? Do you like them?
(Would you like to have the opportunity to perform in front of other people? – for projects that might not have performances)