

Food in my World: The Photo Project

This study aims to understand children's points of view about food and eating inside and outside the home. The purpose of the photo project is to help children take a lead in the interview and help researchers understand food and eating from children's perspectives. Children who take part will take photographs to do with food and eating so that s/he can discuss them with us in an interview once they are developed.

When the research is published, all children's and place names will be changed. We will only publish your child's photographs if you and your child give permission and no photographs portraying people or clearly recognisable places will be published.

When the camera is returned and processed, the researcher will return to do a short interview with the child about the pictures. The child will be given a set of photographs to keep, plus a £10 voucher.

What you need to do

Read through the Food in My World activity with your child/ren and 'brainstorm' ideas for pictures and places; help them to fill in at least one additional 'place' – ideally at least one of these should be school or arrangements for childcare when parent/s working – but it is OK if it is somewhere else.

If you would like us to obtain consent for taking the camera into any public setting, please get in touch with the researcher. There is a letter included which explains the project to a care provider, in case your child needs this.

Remember that children can change their minds about taking part or taking pictures in particular places.

You may need to explain how to use camera and practice to make sure fingers don't get in the way of the lens.

We will phone in about a week or so to see how you are getting on.

When finished please post the camera to us WITH the filled-in activity table.

When we return to do the interview we will ask you and your child/ren to fill in a new consent form and give your child the voucher and set of photos to keep.