



Understanding the Information Needs of Young Mothers

Lots of things change when someone has a baby, and new mums might have lots of questions. There are lots of places to look – like online, on tv, asking friends and family or health visitors – but we know it can be hard to find the answers you need.

By taking part in this project, you will be helping us find out what could be done to make it easier for other young people to find the information they want when they become parents.

To help us find out about this we want to come to mums' groups, chat to parents and ask what you think. We will write notes about what we learn and use these to write longer papers and articles.

All the information we collect as part of the project is **confidential**. Any data used in the research will be **anonymous**. All personal information will be removed and details that might identify anyone who takes part (like names or places) will be changed.

Everyone I talk to can:

- Choose NOT to answer any questions they do not want to
- Withdraw from the project at any time

I have had a chance to ask questions:

I understand that everything is confidential unless there is a risk of harm:

I agree for ANONYMOUS notes to be kept securely by the University:

I am happy for the research team to contact me again:

Signed:

Name:

Contact Number:

Date: